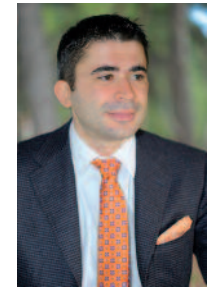


REGIONE
ABRUZZO



**2016
HEALTH
SERVICES
CHARTER**



*This document can be downloaded
from the website of the Abruzzo Region
www.regione.abruzzo.it
and from the regional ASLs websites*

*The information contained
in the **Regional Health Services Charter**
are updated to November 2015.
During the year there might be
possible changes.*

The Abruzzo Region presents to all its citizens the new Regional Health Services Charter. The underlying principle of this publication is that health represents an invaluable resource that should be safeguarded in the interests of the community as a whole, meaning that the first duty of the National Health Service is to provide everyone with a system of prevention, diagnosis, care and rehabilitation that proves effective and reliable.

In this practical guide, which is being made available at all the single booking centres (CUP), as well as the URP, or public relations offices, of the ASL (local health units) of Abruzzo, you can find all the important information on the services provided by the regional ASL, as well as on how to make the best possible use of those services, making the guide a very useful tool for finding the answers to your healthcare needs, as it helps you to obtain the services you require and to arrive at the facilities where they are offered.

The guide's index lists the individual services that can be of use both to everyone (reservations, fees and exemptions, local services, hospitals, prevention, mental health, pathological addictions and the donation of organs/tissues) and to specific groups of users (women, children, the elderly, foreigners, businesses). Topics can also be consulted by searching the subject/alphabetical index.

A portion of the Charter is devoted to the rights of citizens and the standards of quality that the Health Service of the Abruzzo Region offers its users, so that each of them is aware of, and can draw on, whatever means of redress they may require. Each ASL operates URP, or public relations offices, where citizens will find helpful, professionally prepared staff ready to provide whatever information is needed, in addition to receiving observations and suggestions.

We extend our sincerest thanks to all the personnel who work on a day-to-day basis, with the utmost skill and devotion, in our healthcare facilities.

**The President
of the Abruzzo Region
Luciano D'Alfonso**

**The Councilman
in Charge of Healthcare
Silvio Paolucci**

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This document can be downloaded from the website of the Abruzzo Region www.regione.abruzzo.it and from the regional Asl's websites

Our task

Our task is to promote, maintain and develop the health system of all citizens in the region. In order to meet this objective, the regional ASL provides all the services and benefits established by the Italian law with the Essential Assistance Levels (LEA), which can be directly provided by the local health authorities or by accredited agents, according to qualitative and quantitative characteristics specified in the supply agreements and aligning the activities to criteria of effectiveness, efficiency, pertinence of the use of resources and cost.

Our objectives

Our strategic vision aims to consolidate an organizational system based on the adequacy and quality of the services offered, considering the citizens needs and expectations. It aims to meet the satisfaction of the health demand of the users and of the improvement of professional resources. In order to pursue this strategy, our action is aimed at researching and realizing synergies with every regional ASL.

Founding principles

The reference point of the realization of our mission is public interest and to this end we express value judgements on what we consider right, preferable, appropriate, compatible, and what can be improved. The **centrality of the citizen** is the primary object of Abruzzo health system; the essential element of this path consists of focusing the attention on the satisfaction of the user, developing relationships of trust and mutual understanding of different points of view and of the existing constraints, together with the commitment to a constant improvement of the services quality.

Reliability, in order to adapt promptly and continuatively every action, behaviour and service, considering the priorities and objectives determined by regional, local and business planning.

Effectiveness, intended as results achieved through actions based on proofs of evidence and on principles of pertinence of cures, pursued through clinical and welfare managing.

Equity, intended as the guarantee that, all conditions being equal, everyone has the same right to access health services.

Flexibility, as the ability to adapt the choices and the use of resources to internal and external changes in each Company.

Transparency, as information on the procedures, on the resources, on the results and visibility of the decision process.

The Department of Health and Welfare

The activity of the Department of Health and Welfare is realized through the technical assistance it provides for the Regional Committee in order to exercise the functions of health planning, through the definition of targets and schedules to effectuate, through control, monitoring and verification of the schedules and through the activity of coordination and direction

to the sectors, which are articulations of them, in compliance with the indications of the government body.

Department of Health and Welfare
Via Conte di Ruvo, 74 - Pescara
telephone 085 7671
Certified e-mail (PEC) dpf@pec.regione.abruzzo.it
www.regione.abruzzo.it

Regional Health Agency (AsR)

The Agency is identified as the technical structure of the regional health system which contributes, on a central level, to the definition of health policies, to the strategic health planning, and on a peripheral level, to the achievement of the regional strategic objectives, guaranteeing the technical, methodological and formative support to the health Agencies and to the other com-

ponents of the *Health System* (institutions, private and public bodies, etc.)

Regional Health Agency (AsR)
Via Attilio Monti, 9 - Pescara
telephone 085 4508 7300
fax 085 4508 720
e-mail agenzia.sanita@asrabruzzo.it
www.asrabruzzo.it

Local Regional Health Units (AsL)

The Local Health Unit (AsL) supplies the essential levels of assistance within each province.

According to the provisions of the Regional Committee Resolution no. 796 of 28.12.2009 enforcing the Regional Law no. 5/2008 we have created from the 1st January 2010 four regional ASL, and precisely ASL 1 (201) Avezzano-Sulmona-L'Aquila, ASL





2 (202) Lanciano-Vasto-Chieti, ASL 3 (203) of Pescara and ASL 4 (204) of Teramo.




Every ASL is equipped with public legal status and entrepreneurial autonomy under the national and regional legislative dispositions in force.

Each business act determines the principles and the criteria for the organization, the functioning and the district articulation.

ASL 1 • AVEZZANO SULMONA L'AQUILA

| | | Telephone | Fax |
|--------------------------------|---|--------------------|------------|
| Registered office | Via Giuseppe Saragat Località Campo di Pile - 67100 L'Aquila direzionegenerale@asl1abruzzo.it | 0862 368 931 / 924 | 0862 26246 |
| Certified e-mail (Pec) | protocollogenerale@pec.asl1abruzzo.it | | |
| Tax code and VAT number | 01792410662 | | |
| Website | www.asl1abruzzo.it | | |
| General Director | | 0862 368 931 / 924 | 0862 26246 |
| Chief Medical Officer | | 0862 368 931 / 924 | 0862 26246 |
| Executive Director | | 0862 368 931 / 924 | 0862 26246 |





-  Hospital
-  Health District/NoD
-  Territorial Assistance Hospital (Pta)
-  Supplies department

-  Area Aquilana District
-  Area Marsicana District
-  Area Peligna-Sangrina District

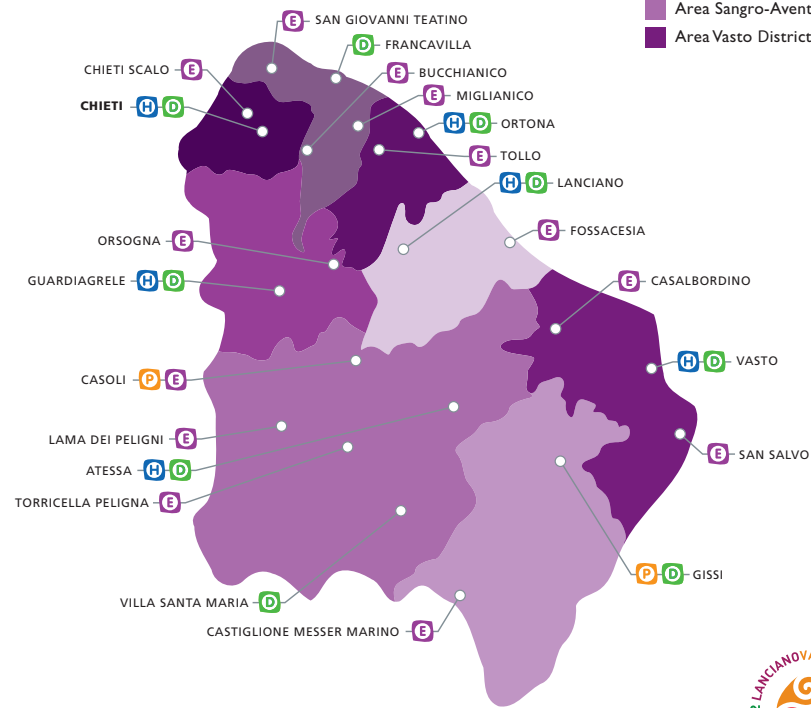


ASL 2 • LANCIANO VASTO CHIETI

| | | Telephone | Fax |
|--------------------------------|---|------------------|--------------|
| Registered office | Via Martiri Lancianesi, 17/19 - 66100 Chieti | | |
| Operative office | General Direction SS. Annunziata Hospital Via dei Vestini, 13 - 66013 Chieti Scalo | 0871 3571 / 3581 | 0871 358 409 |
| Certified e-mail (Pec) | info@pec.asl2abruzzo.it | | |
| Tax code and VAT number | 02307130696 | | |
| Website | www.asl2abruzzo.it | | |
| General Director | | 0871 358 715 | |
| Chief Medical Officer | | 0871 358 233 | |
| Executive Director | | 0871 358 613 | |

-  Hospital
-  Health District/NoD
-  Territorial Assistance Hospital (Pta)
-  Supplies department

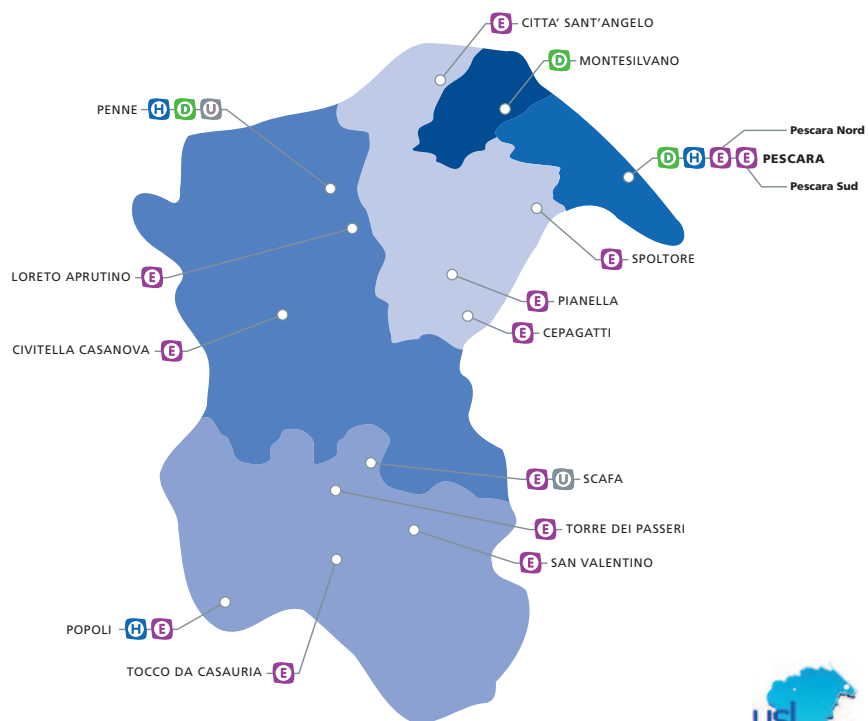
-  Area Alto Vastese District
-  Area Chieti District
-  Area Francavilla al Mare District
-  Area Guardiagrele District
-  Area Lanciano District
-  Area Ortona District
-  Area Sangro-Aventino District
-  Area Vasto District



ASL 3 • PESCARA

| | | Telephone | Fax |
|-------------------------|--|--------------------|--------------|
| Registered office | Via Renato Paolini, 45 - 65124 Pescara | 085 4251 | 085 4253 041 |
| Certified e-mail (Pec) | aslpescara@postecert.it | | |
| Tax code and VAT number | 01397530682 | | |
| Website | www.ausl.pe.it | | |
| General Director | | 085 4253 004 / 001 | |
| Chief Medical Officer | | 085 4254 006 | |
| Executive Director | | 085 4253 002 | |

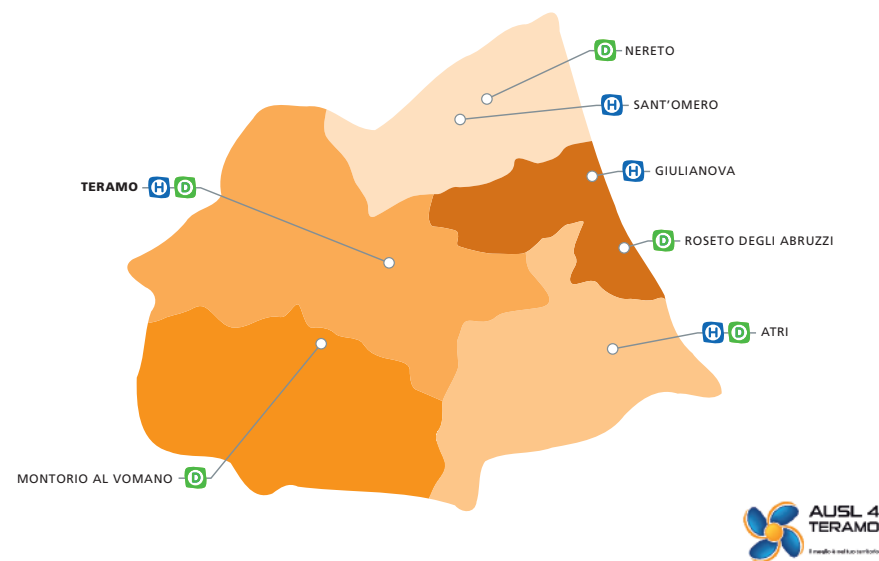
- H Hospital
- D Health District
- E Supplies department
- U Primary Assistance Territorial Unit (Uccp)
- Area Maiella-Morrone District
- Area Metropolitana District
- Area Montesilvano District
- Pescara District
- Area Vestina District



ASL 4 • TERAMO

| | | Telephone |
|-------------------------|---|--------------------|
| Registered office | Circonvallazione Ragusa, 1 - 64100 Teramo | 0861 4291 |
| Tax code and VAT number | 00115590671 | |
| Website | www.aslteramo.it | |
| General Director | | 0861 420 203 / 204 |
| Chief Medical Officer | | 0861 420 212 |
| Executive Director | | 0861 420 208 |

- H Hospital
- D Health District/Noo
- Area Atri District
- Area Montorio al Vomano District
- Area Roseto degli Abruzzi District
- Area Teramo District
- Area Val Vibrata District





HEALTH SERVICES FOR ALL

Reservations

To order visits and diagnostic tests to be performed in hospital or at the Health District you have to refer to one of the CUP counters (single booking centre) in your ASL (you can find the list of the CUP counters also on the websites of the Abruzzo ASL). In order to make your reservation you need the request of your (MMG) doctor/paediatrician (PLS), of your specialist or

hospital doctor (red appointment request letter of the SSN or white appointment request letter). You can book visits and exams also by phone, contacting the reservation centre at the following numbers. Always remember to cancel a reservation in case you decide to give up the appointment.

ASL 1 • AVEZZANO SULMONA L'AQUILA

CUP

Numero Verde
800 862 862

active Mondays to Fridays 8.00-18.00
on Saturdays 8.00-13.00

| Base | Structure | Address | Consulting hours |
|-----------------------|------------------------|---|--|
| Avezzano | Health District | Via Monte Velino, 18 | Mondays to Saturdays 7.45-12.45 e 14.30-18.00 |
| | Hospital | Via G. Di Vittorio | Mondays to Fridays 7.45-12.45 e 15.00-18.00 |
| Balsorano | | Via Nazionale, 51 | on Tuesdays 10.00-12.45 |
| Barisciano | Consulting Room | Via Dietro la Chiesa | on Mondays 8.00-12.30, on Tuesdays 10.00-12.30, on Thursdays 15.00-17.00 and Fridays 10.30-12.30 |
| Capestrano | Consulting Room | Piazza Capponi | on Thursdays 15.00-17.00 |
| Capistrello | Town Hall | Via Mazzarino | on Wednesdays and Saturdays 8.00-10.00 |
| Carsoli | Health District | Via Mazzini | Mondays to Fridays 7.45-12.30 on Tuesdays and Thursdays also 14.30-16.45 |
| Castel di Sangro | Health District | Via Porta Napoli | Mondays to Saturdays 8.10-12.30 |
| Castelvecchio Subequo | Health District | Via Roma | on Tuesdays and Thursdays 8.30-13.00 |
| Celano | Health District | Via della Sanità | Mondays to Fridays 8.15-12.30 on Tuesdays and Thursdays also 15.00-17.00 |
| Civitella Roveto | Health District | Piazza della Stazione | Mondays to Saturdays 7.40-12.30 |
| Gioia dei Marsi | Health District | Via dell'Ospedale | on Wednesdays 8.00-12.00 |
| L'Aquila | Hospital | Via L. Natali - Località Coppito | Mondays to Fridays 7.30-19.00 on Saturdays 7.30-13.00 |
| Monteale | Consulting Room | Via della Molinella - Frazione Piedicolle | Mondays to Saturdays 8.00-12.30 |
| Paganica | Consulting Room | Via degli Alpini | Mondays to Saturdays 8.00-12.30 |
| Pescasseroli | Health District | Via Valle Rovereto | Mondays to Fridays 8.00-13.00 |
| Pescina | PTA | Via Serafino Rinaldi | Mondays to Saturdays 8.15-12.30 |
| Pizzoli | Consulting Room | Via Collemusino | on Tuesdays and Wednesdays 8.00-12.30 |
| Pratola Peligna | Health District | Via Valle Madonna, 15 | Mondays to Fridays 8.30-12.30 |
| Rocca di Mezzo | Consulting Room | Strada Provinciale, 38 | Mondays to Fridays 15.00-17.00 on Wednesdays also 10.00-12.30 |
| San Demetrio | Consulting Room | Via XXIV Maggio | Mondays to Fridays 8.00-12.30 |
| Scanno | Health District | Via Tantarri | on Wednesdays and Fridays 8.30-13.00 |
| Sulmona | De Chellis building | Piazza B. Micarelli | Mondays to Fridays 8.30-12.30 on Tuesdays and Thursdays also 15.30-17.30 on Saturdays 8.00-12.00 |
| | ex Comboniani building | Via Gorizia, 4 | Mondays to Fridays 8.30-12.30 |
| Tagliacozzo | Health District | Via Variante Tiburtina | Mondays to Saturdays 8.00-12.00 on Tuesdays and Thursdays also 15.15-17.45 |
| Tornimparte | Consulting Room | Frazione Pie la Villa | Mondays to Saturdays 8.00-13.00 on Wednesdays also 14.30-17.00 |
| Trasacco | Health District | Via Cifilanico | Mondays to Thursdays 7.50-12.30 on Fridays 7.50-10.30 |

ASL 2 • LANCIANO VASTO CHIETI
CUP


from any landline phone
0872 226 from any mobile phone
active Mondays to Fridays 8.00-18.00, on Saturdays 8.00-13.00

| Base | Structure | Address | Consulting hours |
|---------------------------|----------------------------------|-----------------------------|--|
| Atessa | Hospital | Via Antonio Gramsci | Mondays to Fridays 7.00-12.30, on Saturdays 7.00-12.00 on Tuesdays and Thursdays also 15.00-17.00 |
| Casalbordino | District supplies department | Via Portanuova | Mondays to Fridays 8.15-12.00 on Tuesdays and Thursdays also 15.00-17.00 |
| Casoli | PTA | Via Aventino | Mondays to Saturdays 7.15-13.00 on Tuesdays and Thursdays also 15.00-17.00 |
| Castiglione Messer Marino | District supplies department | Via Alcide De Gasperi, 1 | Mondays to Fridays 8.00-12.00 |
| Chieti | Hospital | Via dei Vestini | Mondays to Fridays 7.30-19.00, on Saturdays 8.00-13.00 |
| Chieti Centro | Health District | Via Tiro a Segno | Mondays to Fridays 8.00-13.30 on Tuesdays and Thursdays also 15.00-17.00 |
| Chieti Scalo | District supplies department | Via De Litio, 24 | Mondays to Fridays 8.00-13.30 on Tuesdays and Thursdays also 15.00-17.00 |
| Fossacesia | District supplies department | Via Polidori | on Mondays, Wednesdays and Fridays 8.00-11.00 |
| Francavilla al Mare | Health District | Contrada Alento | Mondays to Fridays 8.00-13.00 on Tuesdays and Thursdays also 14.30-17.00 |
| Gissi | PTA | Viale Italia, 81 | Mondays to Saturdays 8.00-12.00 |
| Guardagrele | Hospital | Via Anello, 10 | Mondays to Saturdays 8.00-12.00 on Tuesdays and Thursdays also 15.00-17.00 |
| Lama dei Peligni | District supplies department | Via Calata Frentana, 37 | Mondays to Fridays 8.00-12.00 on Tuesdays and Thursdays also 15.00-17.00 |
| Lanciano | Health District | Via Don Minzoni | Mondays to Fridays 8.00-13.30 on Tuesdays and Thursdays also 15.00-17.00 |
| | Medical laboratory - Hospital | Via del Mare, 1 | Mondays to Saturdays 7.30-12.30 |
| | Hospital | Via del Mare, 1 | Mondays to Saturdays 8.00-13.00 Mondays to Fridays also 15.00-17.00 |
| Miglianico | District supplies department | Via Costa della Forma, 22 | on Mondays, Wednesdays and Fridays 8.00-12.00 |
| Ortona | Health District | Piazza San Francesco, 4 | Mondays to Fridays 8.00-13.30, on Saturdays 8.00-12.00 on Tuesdays and Thursdays also 15.00-17.00 |
| | Hospital | Contrada Santa Liberata | Mondays to Saturdays 7.30-13.30 on Mondays and Fridays also 15.00-17.00 |
| San Giovanni Teatino | District supplies department | Via Cavour, 4/2 | Mondays to Fridays 8.15-12.30 on Tuesdays and Thursdays also 15.00-17.00 |
| San Salvo | District supplies department | Via Alcide De Gasperi | Mondays to Saturdays 8.00-12.00 on Tuesdays and Thursdays also 15.00-17.00 |
| Tollo | District supplies department | Via Principessa di Piemonte | Mondays to Saturdays 8.00-12.00 |
| Torricella Peligna | District supplies department | Via Brigata Maiella | Mondays to Fridays 8.00-12.00 on Mondays and Tuesdays also 15.00-17.30 |
| Vasto | Health District | Via Michetti, 86 | Mondays to Fridays 8.00-13.00, on Saturdays 8.30-11.00 on Tuesdays and Thursdays also 15.00-17.00 |
| | Hospital | Via San Camillo de Lellis | Mondays to Saturdays 7.30-13.30 on Mondays and Fridays also 15.00-17.00 |
| Villa Santa Maria | Health District | Via Roma | Mondays to Fridays 7.30-13.30, on Saturdays 8.00-13.30 on Wednesdays and Thursdays also 14.30-17.00 |

ASL 3 • PESCARA
CUP


from any landline phone
0872 226 from any mobile phone
active Mondays to Fridays 8.00-18.00, on Saturdays 8.00-13.00

| Base | Structure | Address | Consulting hours |
|-------------------|--|--------------------------------------|--|
| Cepagatti | District supplies department | SS 602 | Mondays to Fridays 8.00-13.00 on Tuesdays also 14.30-17.00 |
| Città Sant'Angelo | District supplies department | Largo Baiocchi, 1 | Mondays to Fridays 8.30-13.00 on Tuesdays also 14.30-17.00 |
| Loreto Aprutino | District supplies department | Via Chiarelli, 2 | Mondays to Fridays 8.00-12.30 |
| Montesilvano | Health District | Corso Umberto, 447 | Mondays to Saturdays 8.00-12.30 Mondays to Thursdays also 14.30-17.30 |
| Penne | Hospital* | Via Battaglione degli Alpini, 1 | Mondays to Fridays 7.30-13.30 Tuesdays to Thursdays also 14.30-17.00 on Saturdays 7.30-12.45 |
| Pescara | Hospital - CUP Admission / Ps - CUP of the Asl* - CUP of the Asl for Freelance activity - Medical laboratory | Via Fonte Romana, 8 | Mondays to Fridays 7.00-15.00 Mondays to Fridays 8.00-18.00; on Saturdays 8.00-13.00 Mondays to Fridays 8.00-20.00; on Saturdays 8.00-13.00 Mondays to Fridays 7.30-18.30; on Saturdays 7.30-13.30 |
| Pescara Nord | District supplies department | Via Nazionale Adriatica Nord, 140 | Mondays to Fridays 8.00-12.30 and 15.00-18.00 on Saturdays 8.00-12.30 |
| Pescara Sud | District supplies department | Via Rieti, 47 | Mondays to Saturdays 8.00-12.30 Mondays to Fridays also 15.00-17.30 |
| Pianella | District supplies department | Via Santa Lucia | Mondays to Fridays 8.00-12.00 on Thursdays also 14.30-17.00 |
| Popoli | Hospital | Via Enrico Berlinguer | Mondays to Fridays 8.00-13.30 on Mondays and Thursdays also 15.00-17.30 on Saturdays 8.00-12.00 |
| San Valentino | District supplies department | Via Giovanni Falcone | Mondays to Fridays 8.00-13.30 on Saturdays 8.00-12.00 |
| Scafa | District supplies department | Via della Stazione | Mondays to Fridays 8.00-13.30 on Tuesdays and Thursdays also 14.30-16.30 on Saturdays 8.00-12.30 |
| Spoltore | District supplies department | Via del Convento, 12 | Mondays to Fridays 8.30-13.00 on Mondays also 14.30-17.00 |
| Tocco da Casauria | Health District | Via XX Settembre, 144 | Mondays to Fridays 8.00-13.30 on Wednesdays also 14.30-17.00 on Saturdays 8.00-12.00 |

* It is also available automatic cash

ASL 4 • TERAMO

CUP Telephone **085 8707 467 / 469** *active Mondays to Saturdays 7.40-13.15*
0861 429 222 / 223 *active Mondays to Saturdays 8.00-14.00*
0861 888 353 / 540 / 603 *Mondays to Fridays 8.00-13.00*

| Base | Structure | Address | Consulting hours |
|--------------------------|-----------------|--------------------------------|---|
| Atri | Hospital | Viale Risorgimento | Mondays to Saturdays 7.30-13.15 Mondays to Fridays also 13.40-19.15 LPI Mondays to Fridays 7.30-13.15 on Saturdays 8.00-13.15 |
| Giulianova | Hospital | Via Gramsci | Mondays to Fridays 7.40-19.00 on Saturdays 7.40-13.00 |
| Martinsicuro | UCCP | Via Amendola, 30 Villa Rosa | Mondays to Fridays 8.00-20.00 on Saturdays 8.00-14.00 |
| Montorio al Vomano | Health District | Contrada Piane | Mondays to Fridays 8.00-13.00 on Saturdays 8.30-12.30 on Mondays, Tuesdays and Thursdays also 14.30-18.00 |
| Nereto | Health District | Via Marco Iachini, 21 | Mondays to Saturdays 8.00-14.00 on Tuesdays and Fridays also 14.30-18.00 |
| Roseto | Health District | Via Adriatica, 40 | Mondays to Fridays 7.30-13.30 on Tuesdays and Thursdays also 14.30-17.30 |
| Sant'Egidio alla Vibrata | UCCP | | Mondays to Saturdays 8.00-13.00 Mondays to Fridays also 14.00-19.00 |
| Sant'Omero | Hospital | Via alla Salara, 69 | Mondays to Fridays 7.30-19.30 on Saturdays 7.30-13.00 |
| Teramo | Health District | Circonvallazione Ragusa, 1 | Mondays to Fridays 8.00-19.30 on Saturdays 8.00-13.00 |
| | Hospital | Piazza Italia | CUP Mondays to Saturdays 7.30-13.30 Prescription charges: Mondays to Fridays 7.30-19.00 on Saturdays 7.30-13.30 Blood sampling: Mondays to Saturdays 7.30-12.30 LPI Mondays to Saturdays 8.00-20.00 telephone 0861 429 642 |

Freelance activity

If you wish, you can choose to undergo a visit with one of the doctors who exercise freelance intramoenia activity.

You can book at one of the CUP counters in your ASL and pay the fee in the very

moment you will receive the invoice. You can consult the list of the doctors who exercise freelance intramoenia activity at the CUP/intramoenia counters and on the ASL websites.

ASL 1 • AVEZZANO SULMONA L'AQUILA
CUP

active Mondays to Fridays 8.00-18.00
on Saturdays 8.00-13.00
ASL 2 • LANCIANO VASTO CHIETI

Go to website www.asl2abruzzo.it
Intramoenia office 0871 357 088 - 0871 358 099

ASL 3 • PESCARA
CUP Intramoenia counter

Via Fonte Romana, 8 - Pescara
Mondays to Fridays 8.00-20.00, on Saturdays 8.00-13.00
see also consulting hours CUP on page 13

Telephone reservations


from any landline phone
0872 226 from any mobile phone
active Mondays to Fridays 8.00-18.00,
on Saturdays 8.00-13.00

ASL 4 • TERAMO

CUP 0861 429 222 / 223 - 085 8707 467 / 469 www.aslteramo.it/prestazioni_lpi.asp
Telephone reservations 0861 429 642 *active Mondays to Saturdays 8.00-20.00,*
for chargeable services 085 8707 468 *active Mondays to Fridays 7.40-13.15*
on Saturdays 8.00-13.15

Accredited/Temporarily accredited private structures

In these structures you can make use of specialist visits booking directly at the supplies structure.

ASL 1 • AVEZZANO SULMONA L'AQUILA

Accredited/Temporarily Accredited Private Health Structures

| Base | Services | Structure | Address | Telephone |
|-----------------------|--|---|--------------------------------------|----------------|
| Anversa degli Abruzzi | Psychological rehab structure | Il Castello | Via Duca degli Abruzzi, 1 | 0864 49502 |
| Avezzano | Nursing home | Di Lorenzo | Via V. Veneto, 29 | 0863 4241 |
| | Physiokinesis therapy | Gloria | Via A. Infante, 50 | 0863 20931 |
| | Rehabilitation (ex art. 26) | Anesis | Piazza Torlonia, 83 | 0863 414 112 |
| | Rehabilitation (ex art. 26) | Fondazione Padre A. Mileno | Via Macerine | 0863 411 845 |
| Canistro | Nursing home Baths | Ini - Canistro | Via del Cotardo, 1 | 0863 977 660 |
| Capistrello | Physiokinesis therapy Rehabilitation (ex art. 26) | Medical Marsicano | Via Roma, 7 | 0863 531 073 |
| Carsoli | Physiokinesis therapy | De Luca | Via dei Marsi, 206 | 0863 997 430 |
| Castel di Sangro | Medical laboratory | Biocontrol | Via Porta Napoli, 1 | 0864 845 69821 |
| | Rehabilitation (ex art. 26) | San.Stef.Ar. | Via XX Settembre, 189 | 0864 845 595 |
| Celano | Nursing home | L'Immacolata | Via Collutri, 1 | 0863 790 051 |
| L'Aquila | Medical laboratory | Biometron | Via dell'Arcivescovado, 22 | 0862 318 831 |
| | Medical laboratory | Fleming | Via delle Aquile, 8 | 0862 413 002 |
| | Physiokinesis therapy | Cen.Fis. | Via Strinella, 14b | 0862 412 957 |
| | Physiokinesis therapy | Salus | Via Pescara, 2/4 | 0862 410 567 |
| | Physiokinesis therapy | Vivio | Via dei Piccolomini, 30 | 329 2175 678 |
| | Rehabilitation (ex art. 26) | San.Stef.Ar. | Via P.A. Scriva, 1 | 0862 319 495 |
| Lecce dei Marsi | Rehabilitation (ex art. 26) | Medisalus | Strada Provinciale Maragonese | 0863 88189 |
| Oricola | Psychological rehab structure | Passaggi | Via Tiburtina Valeria km 68,200 | 0863 995 299 |
| Ortucchio | Physiokinesis therapy | Santa Lucia | Via Madonna del Pozzo, 54 | 0863 839 329 |
| Preturo | Nursing home | Villa Letizia | SS 80, 25b | 0862 460 6529 |
| Raiano | Rehabilitation (ex art. 26) | Fondazione Papa Paolo VI - San Venanzio | Via Medaglia d'Oro Di Bartolo, 12 | 0864 72225 |
| Scoppito | Rehabilitation (ex art. 26) | Villa Dorotea | Località Macere | 0862 71441 |
| Sulmona | Nursing home | San Raffaele | Via Alcide De Gasperi, 6 | 0864 25071 |
| | Rehabilitation (ex art. 26) | | | |
| | Physiokinesis therapy | Sciuba | Via V. Tirone, 6 | 0864 341 45 |
| | Radiology | | | |
| | Medical laboratory | Igea | Circonvallazione Occidentale, 91 | 0864 32586 |
| | Medical laboratory | Carrese | Via Cornacchiola, 10 | 0864 55636 |

Accredited/Temporarily Accredited Private Health Structures

| Base | Services | Structure | Address | Telephone |
|----------|---|----------------------------|-----------------|--------------|
| Sulmona | Rehabilitation (ex art. 26) | Fondazione Padre A. Mileno | Via Mazzini, 73 | 0873 803 208 |
| Trasacco | Nursing home Rehabilitation (ex art. 26) | Nova Salus | Via Roma, 75 | 0863 93131 |

For the RSA (Residenze Sanitarie Assistenziali) - Nursing Homes and RA - Private Provisionally Accredited Assisted Residences go to pages 118-120

ASL 2 • LANCIANO VASTO CHIETI

Accredited/Temporarily Accredited Private Health Structures

| Base | Services | Structure | Address | Telephone |
|---------------------|--------------------------------|----------------------------------|--|--|
| Atessa | Medical laboratory | CMAV | Contrada Piazzano, 4/9 | 0872 895 265 |
| | Rehabilitation (ex art. 26) | San Rocco | Via Fonte Cicala, 11 | 0872 866 765 |
| Casalbordino | Medical laboratory | RIA | Via della Libertà, 7 | 0873 907 350 |
| | Rehabilitation (ex art. 26) | San.Stef.Ar. | Via Leopardi, 15 | 0873 907 226 0873 498 002 |
| Casoli | Rehabilitation (ex art. 26) | San Rocco | Corso Umberto, 173 | 0872 981 595 |
| Chieti | Nursing home | Spatocco | Viale Amendola, 93 | 0871 3521 |
| | Nursing home | Santa Camilla Villa Pini | Via dei Frentani, 228 | 0871 3430 |
| | Rehabilitation (ex art. 26) | | | |
| | Psychological rehab structures | | Via dei Frentani, 228 Località Crocifisso ex Farese Via Madonna del Freddo Via Ferri San Domenico Via Giuliani, 1 | |
| | Medical laboratory | Belluzzi | Via N. Nicolini, 1/3 | 0871 41801 |
| | Medical laboratory | Centro Medico Belfatto | Via Spezioli, 33 | 0871 410 924 |
| | Medical laboratory | Di Perna | Largo G.B. Vico, 15 | 0871 330 191 |
| | Medical laboratory | Mater Domini | Corso Marruccino, 167 | 0871 636 79 |
| | Medical laboratory | Mendel | Via Bellini, 32 | 0871 561 409 |
| | Rehabilitation (ex art. 26) | Fondazione Paolo VI | Via dei Crociferi, 57 | 0871 331 577 |
| | Rehabilitation (ex art. 26) | Fondazione Piccola Opera Caritas | Via della Porta Monacesca, 3 | 0871 344 752 |
| | Rehabilitation (ex art. 26) | San.Stef.Ar. | Via Gran Sasso, 1 Viale Abruzzo, 251 | 0871 478 001 0871 563 390 0871 478 002 |
| | Rehabilitation (ex art. 26) | ex Maristella - Cise | Via dei Frentani, 228 | 0871 361 700 |
| Cupello | Medical laboratory | Di Rocco | Via A. Manzoni, 2 | 0873 317 908 |
| Fara Filiorum Petri | Medical laboratory | Biologiche | Via Sant'Eufemia, 101 | 0871 70293 |
| Francavilla al Mare | Medical laboratory | Dace | Via Adriatica Nord, 14 | 085 817 487 |
| | Medical laboratory | Petragnani | Viale Nettuno, 41 | 085 491 0919 |
| | Rehabilitation (ex art. 26) | Fondazione Santa Caterina | Via F.P. Tosti, 116 | 085 817 143 085 491 4284 |

Accredited/Temporarily Accredited Private Health Structures

| Base | Services | Structure | Address | Telephone |
|----------------------|-------------------------------|--|---|------------------------------|
| Gissi | Rehabilitation (ex art. 26) | Fondazione Padre A. Mileno | Località Rosario, 10 | 0873 937 553 |
| Guardiagrele | Dentistry branch | Di Prinzio | Via Tripio, 61 | 347 4015 883 |
| Lanciano | Medical laboratory | Fanci | Via del Mare, 9/11 | 0872 713 779 |
| | Medical laboratory | Frentano | Via S. Spirito, 85b | 0872 713 482 |
| | Medical laboratory | Mantoux | Viale Marconi, 57 | 0872 498 877 |
| | Radiology room | Madonna del Ponte | Viale dei Cappuccini, 49/51 | 0872 43833 |
| | Rehabilitation (ex art. 26) | Fondazione Il Cireneo | Viale dei Cappuccini, 443 | 0872 714 028 |
| | Rehabilitation (ex art. 26) | Fondazione Padre Mileno | Zona Industriale, 65a | 0872 712 354 |
| | Rehabilitation (ex art. 26) | Istituto Villa Giulia | Via del Mare, 94 | 0872 717 817 |
| | Rehabilitation (ex art. 26) | San.Stef.Ar. | Via Parma, 1 | 0872 714 433 0872 478 002 |
| | Psychological rehab structure | Fondazione Padre Alberto Mileno - Il Gabbiano 1 e 2 | Via del Mare, 222 | 0872 42670 |
| Miglianico | Medical laboratory | Bios | Via Colle, 13 | 0871 950 370 |
| Ortona | Medical laboratory | Galeno | Via Costantinopoli, 198 | 085 906 3689 |
| Paglieta | Physiokinesis therapy | Villa Romina | Via Colle Martino, 15 | 0872 808 493 |
| Palena | Rehabilitation (ex art. 26) | Medical Center Maria Ausiliatrice C.I.S.E. (ex Maristella) | Via Colleveduta | 0872 918 326 |
| Rosello | Psychological rehab structure | Il Quadrifoglio 1, 2 e 3 | Via della Pineta | 0872 948 555 |
| San Giovanni Teatino | Medical laboratory | Fleming | Via Ciancetta, 19 | 085 446 5464 |
| San Salvo | Medical laboratory | Gram | Via San Giuseppe, 11 | 0873 547 743 |
| | Rehabilitation (ex art. 26) | San.Stef.Ar. | Via delle Ginestre, 1 | 0873 549 644 0873 498 003 |
| Tollo | Medical laboratory | Salus | Piazza della Liberazione, 31 | 0871 961 596 |
| Vasto | Nursing home | San Francesco | Via Dalmazia, 116 | 0873 800 229 |
| | Rehabilitation (ex art. 26) | | | |
| | Medical laboratory | Bioanalisi | Via A. Moro, 9/16 | 0873 364 508 |
| | Medical laboratory | Histonium | Corso Mazzini, 20 | 0873 371 960 |
| | Medical laboratory | Precilab | Via Madonna dell'Asilo, 111 | 0873 364 630 |
| | Physiokinesis therapy | San Giuseppe | Via Madonna dell'Asilo, 111 | 0873 592 19 |
| | Radiology room | | | |
| | Ophthalmology branch | Centro Santa Lucia | Via Dante, 35 | 0873 368 115 |
| | Skin branch | D'Ascenzo | Piazza L.V. Prudente | 0873 362 703 / 547 525 |
| | Physiokinesis therapy | Fondazione Padre Alberto Mileno | Via Platone, 77 | 0873 365 966 |
| | Rehabilitation (ex art. 26) | Fondazione Il Cireneo | Via San Rocco | 0873 314 009 |
| | Rehabilitation (ex art. 26) | Fondazione Padre Alberto Mileno | Via Platone, 52 | 0873 363 100 |
| | Rehabilitation (ex art. 26) | Fondazione Padre Alberto Mileno Villa del Sole | Contrada Lebba | 0873 310 495 |
| | Rehabilitation (ex art. 26) | Fondazione Padre Alberto Mileno Azzurra | Contrada San Tommaso SS 16 Sud - Vasto Marina | 0873 800 348 0873 800 349 |

Accredited/Temporarily Accredited Private Health Structures

| Base | Services | Structure | Address | Telephone |
|-------------------|-----------------------------|--------------|------------------------|------------------------------|
| Vasto | Rehabilitation (ex art. 26) | San.Stef.Ar. | Via Pompeo Suriani, 3a | 0873 364 914 0873 498 004 |
| Villa Santa Maria | Medical laboratory | Alto Sangro | Via Roma, 32 | 0872 940 025 |
| | Rehabilitation (ex art. 26) | San.Stef.Ar. | Via Scesa Valli, 15 | 0872 944 235 0872 478 003 |

For the RSA (Residenze Sanitarie Assistenziali) - Nursing Homes and RA - Private Provisionally Accredited Assisted Residences go to pages 118-120

ASL 3 • PESCARA

Accredited/Temporarily Accredited Private Health Structures

| Base | Services | Structure | Address | Telephone |
|------------------------|--------------------------------|--|-----------------------------|--------------|
| Bolognano | Rehabilitation (ex art. 26) | Fondazione Papa Paolo VI - Madonna del Monte | Via S. Maria del Monte | 085 888 0130 |
| Castiglione a Casauria | Rehabilitation (ex art. 26) | Fondazione Papa Paolo VI - Centro San Clemente | Contrada San Clemente, 23 | 085 888 4262 |
| Caramanico | Baths | Terme di Caramanico | Via Torre Alta, 16 | 085 923 0661 |
| Cepagatti | Medical laboratory | Ars Medica | Via Duca degli Abruzzi, 146 | 085 974 125 |
| Città Sant'Angelo | Nursing home | Villa Serena | Viale L. Petrucci, 19 | 085 95901 |
| | Psychological rehab structures | Arcobaleno | Contrada Moscarola | 085 959 0425 |
| | | Armonia | Contrada Moscarola | 085 959 0313 |
| | | Campagna 1 e 2 | Contrada Moscarola | 085 959 0403 |
| | | Gardenia | Contrada Moscarola | 085 959 0426 |
| | | Il Ciliegio | Contrada Moscarola | 085 959 0438 |
| | | Incontro | Contrada Moscarola | 085 959 0394 |
| | | Madonna della Pace 1 e 2 | Contrada Madonna della Pace | 085 950 245 |
| Civitaquana | Rehabilitation (ex art. 26) | Fondazione Papa Paolo VI - Beato Nunzio | Via Roma, 8 | 085 848 663 |
| Montesilvano | Medical laboratory | Dovim | Corso Umberto, 219c | 085 445 4496 |
| | Medical laboratory | Igea | Via Ugo Foscolo, 6 | 085 445 1542 |
| | Medical laboratory | Santa Lucia | Corso Umberto, 474 | 085 448 3072 |
| | Medical laboratory | So.Pre.Ma. | Via San Francesco, 44 | 085 555 3389 |
| | Physiokinesis therapy | Copan | Corso Umberto, 271/273 | 085 835 851 |
| | Physiokinesis therapy | Fisioter | Via Giolitti, 2/4 | 085 445 1155 |
| | Radiology room | Medica 4R | Corso Umberto, 191 | 085 835 808 |
| | Rehabilitation (ex art. 26) | San.Stef.Ar. | Via Verrotti, 17 | 085 835 866 |
| | Psychological rehab structure | Villa Serena (La Tartaruga) | Via Leopardi, 8 | 085 835 124 |
| Penne | Rehabilitation (ex art. 26) | Fondazione Papa Paolo VI - San Massimo | Piazza Duomo, 7 | 085 827 9621 |

Accredited/Temporarily Accredited Private Health Structures

| Base | Services | Structure | Address | Telephone |
|-------------------------------|-----------------------------|------------------------------|-------------------------------|--------------|
| Pescara | Nursing home | Pierangeli | Piazza Pierangeli, 1 | 085 542 411 |
| | Medical laboratory | Alfa | Via Savonarola, 24 | 085 65408 |
| | Medical laboratory | Alhena | Piazza Duca degli Abruzzi, 20 | 085 74595 |
| | Medical laboratory | Biotest | Via Mazzarino, 53/2 | 085 62244 |
| | Medical laboratory | Clini Test | Via del Santuario, 166/6 | 085 415 3218 |
| | Medical laboratory | Carboni | Via Regina Elena, 120 | 085 374 108 |
| | Medical laboratory | Di Iorio | Via Mazzini, 128 | 085 445 4496 |
| | Medical laboratory | Igea | Via Firenze, 155 | 085 28172 |
| | Medical laboratory | Marchegiani | Via N. Fabrizi, 127 | 085 421 1933 |
| | Medical laboratory | Rutolo | Via Napoli, 23 | 085 421 1603 |
| | Medical laboratory | Salus | Via G. D'Annunzio, 23 | 085 690 422 |
| | Medical laboratory | San Damiano | Via di Sotto, 49 | 085 415 1928 |
| | Medical laboratory | Sant'Antonio | Piazza Garibaldi, 41 | 085 693 896 |
| | Physiokinesis therapy | Bleu | Via Ancona, 125 | 085 36166 |
| | Radiology room | | | |
| | Physiokinesis therapy | Colarossi | Via Raffaello, 53 | 085 422 521 |
| | Physiokinesis therapy | Istituto Don Orione | Via Aterno, 174 | 085 431 0570 |
| | Rehabilitation (ex art. 26) | | | |
| | Physiokinesis therapy | Masci | Viale Bovio (Galleria Muzii) | 085 389 101 |
| | Physiokinesis therapy | Static | Via R. Paolucci, 3 | 085 28297 |
| Physiokinesis therapy | Vuza | Via Regina Margherita, 91 | 085 28880 | |
| Radiology room | Regina Margherita | Viale Regina Margherita, 37 | 085 421 7482 | |
| Ophthalmology branch | Minicucci | Corso V. Emanuele II, 406 | 085 421 1934 | |
| Dentistry branch | Orlandi | Corso V. Emanuele, 310 | 085 421 3054 | |
| Rehabilitation (ex art. 26) | Ceis - Piccolo Principe | Via Rigopiano, 84/3 | 085 441 4622 | |
| Rehabilitation (ex art. 26) | Fondazione Papa Paolo VI | Via Pesaro, 9 | 085 421 2694 | |
| | Centro Adriatico | Viale Papa Giovanni XXII, 55 | 085 603 65 | |
| | Centro Tabor | Via Tavo, 86 | 085 431 0107 | |
| Rehabilitation (ex art. 26) | San.Stef.Ar. | Via Benedetto Croce, 122 | 085 623 69 | |
| Psychological rehab structure | Villa Serena (Villa Teresa) | Via Acquacorrente, 84 | 085 471 5008 | |
| Popoli | Baths | Terme di Popoli | Via Deontra | 085 987 1046 |
| Spoltore | Medical laboratory | San Camillo | Via Torino, 5 | 085 414 010 |

For the RSA (Residenze Sanitarie Assistenziali) - Nursing Homes and RA - Private Provisionally Accredited Assisted Residences go to pages 118-120

Accredited/Temporarily Accredited Private Health Structures

| Base | Services | Structure | Address | Telephone |
|--------------------------|-----------------------------|--|--|------------------------------|
| Alba Adriatica | Rehabilitation (ex art. 26) | San.Stef.Ar. | Via Bafile, 25 | 0861 712 304 |
| Atri | Rehabilitation (ex art. 26) | San.Stef.Ar. | Via Pietro Baiocchi, 29 | 085 879 8194 |
| Campli | Rehabilitation (ex art. 26) | Sanex | Via Statale, 81 | 0861 56261 0861 569 229 |
| Giulianova | Medical laboratory | Italia | Via Filippo Turati, 84 | 085 8008 710 |
| | Rehabilitation (ex art. 26) | Fondazione Piccola Opera Caritas | Via Ruetta Scarafoni, 3 | 085 80232 085 8023 2235 |
| Martinsicuro | Medical laboratory | Fleming | Via Ticino, 165 | 0861 760 347 |
| Montorio al Vomano | Rehabilitation (ex art. 26) | Welness | Via Piane, snc | 0861 592 951 |
| Pineto | Rehabilitation (ex art. 26) | Centro Riabilitativo Polivalente Primavera | Piazza Unicef - Frazione Scerne | 085 946 2495 |
| | Rehabilitation (ex art. 26) | Sant'Agnese (Gruppo Villa Serena) | Via Nazionale Adriatica SS16 km 424 - Fraz. Scerne | 085 94650 |
| Roseto degli Abruzzi | Medical laboratory | Clini Lab | Via Adriatica, 50 | 085 8990 282 085 8930 415 |
| | Physiokinesis therapy | Radiosanit | Via Scozia, 13 | 085 8944 246 |
| | Radiology room | | Località Voltarrostro | |
| | Rehabilitation (ex art. 26) | San.Stef.Ar. | Via Basilicata, 12 | 085 894 4181 |
| Sant'Egidio alla Vibrata | Medical laboratory | Val Vibrata | Via Marconi 39/39b | 0861 841 387 |
| | Rehabilitation (ex art. 26) | San.Stef.Ar. | Via Po, snc | 0861 841 555 |
| Teramo | Medical laboratory | Igea | Via Luigi Tripoti, 31c | 0861 246 335 |
| | Rehabilitation (ex art. 26) | Fondazione Anffas | Frazione Sant'Atto | 0861 58119 |
| | Rehabilitation (ex art. 26) | San.Stef.Ar. | Via Alberto Pepe, 31 | 0861 410 335 |
| Tortoreto Lido | Medical laboratory | Iulius | Via Giovanni XXIII, snc | 0861 786 495 |

For the RSA (Residenze Sanitarie Assistenziali) - Nursing Homes and RA - Private Provisionally Accredited Assisted Residences go to pages 118-120

Prescription charges and exemptions

You can pay your prescription charges at CUP counters, at the automatic devices (where present) or at branches of the Italian Postal Service with a "Sportello Amico", or "Friendly Service Window". Exemptions from payment of prescription

charges are provided for: income, age and illnesses (as in Attachment 12 of DM 17.3.2008).

For more information ask your District, go to the ASL websites or to the Department of Health website www.salute.gov.it.

Exemptions for chronic conditions

The chronic and disabling conditions that entitle patients to exemptions from fees are listed in Ministerial Decree of 28 May 1999, no. 329, as modified by Ministerial Decree no. 296 of 21 May 2001, and by the Regulations on Rare Diseases found in Ministerial Decree no. 279 of 18 May 2001. For more information, consult the site www.salute.gov.it or consult your family doctor and/or independently selected paediatrician. The exemption must be requested from your ASL through presentation of a medical certificate issued by a healthcare facility and/or public hospital and confirming the presence of one or more chronic illnesses.

Other forms of valid proof include:

- a copy of the clinical record issued by the private hospital or by an accredited private structure following an evaluation by the physician of the Healthcare District;
- a copy of the disability report;
- certificates from the medical commissions of military hospitals;
- certificates issued by public healthcare institutions of member countries of the European Union.

The ASL issues certification indicating the illness and the related exemption code, together with the services provided under the exemption.

ASL 4 • TERAMO

Health Districts

| Base | Address | Telephone |
|----------------------|--------------------------------------|--|
| Atri | Via Finocchi - Atri | Secretariat of the District 085 870 7813 Adi 085 870 7436 PUA 085 870 7730 |
| Montorio al Vomano | Contrada Piane - Montorio al Vomano | Secretariat of the District 0861 429 901 Adi 0861 429 912 PUA 0861 429 911 |
| Roseto degli Abruzzi | Via Adriatica - Roseto degli Abruzzi | Secretariat of the District 085 802 0869 Adi 085 802 0870 PUA 085 802 0866 |
| Teramo | Circonvallazione Ragusa, 1 - Teramo | Secretariat of the District 0861 420 300 Adi 0861 420 388 PUA 0861 420 489 |
| Val Vibrata | Via Lenin - Nereto | Secretariat of the District 0861 888 217 Adi 0861 888 233 PUA 0861 888 287 |

For other Asl see pages 27, 28 and 29

National codes for conditions that qualify for fee exemptions – as per Annex 12 to the Decree of the Ministry of Economics and Finance of 17 March 2008

| no. | Type of exemption | Code |
|-------|---|--------------------|
| 1 | Subjects with chronic diseases and disabling conditions are exempt under the DM 28.05.1999 no. 329 and subs. Changes and additions (last DM 21.05.2001 no. 296) | O Chronic Diseases |
| 2 | Individuals with rare diseases are exempt under the DM 18.05.2001 no. 279 | R Rare |
| 3 | Services required under a diagnostic suspect of a rare disease (ex art. 5 paragraph 2 of DM 18.05.2001 no. 279) | R Rare |
| 4 | War invalids belonging to the categories from 1 st to 5 th receiving a life annuity and deported to extermination camps (ex art. 6 paragraph 1 letter A to the DM 01.02.1991) | G War |
| 5 | War invalids belonging to the categories from 6 th to 8 th (ex art. 6 paragraph 2 letter A of DM 01.02.1991) | G War |
| 6 | Industrially disabled workers 80% to 100% disability (ex art. 6 paragraph 1 letter B of DM 01.02.1991) | L Work |
| 7 | Industrially disabled workers with reduced working capacity >2/3 from 67% to 79% of disability (ex art. 6 paragraph 1 letter B DM 01.02.1991) | L Work |
| 8 | Industrially disabled workers with reduced capacity to work < 2/3 – 1% to 66% of disability (ex art. 6 paragraph 2 letter B DM 01.02.1991) | L Work |
| 9 | Injured at work or suffering from occupational diseases (ex art. 6 paragraph 2 letter C of DM 01.02.1991) | L Work |
| 10 | Disabled for service belonging to category 1 – holders of specific pension (ex art. 6 paragraph 1 letter C of DM 01.02.1991) | S Service |
| 11 | Disabled for service categories from 2 nd to 5 th (ex art. 6 paragraph 1 letter C of DM 01.02.1991) | S Service |
| 12 | Disabled for service categories from 6 th to 8 th (ex art. 6 paragraph 2 letter D of DM 01.02.1991) | S Service |
| 13 | Conscientious objectors in the civil service (ex art. 6 paragraph 1, L. 08.07.1998 no. 230 not applicable to the Civil Service Volunteers) | S Service |
| 14 | Registered disabled civilian with 100% disability without accompaniment indemnity (ex art. 6 paragraph 1 letter D of DM 01.02.1991) | C Civil |
| 15 | Registered disabled civilian with 100% disability with accompaniment indemnity (ex art. 6 paragraph 1 letter D of DM 01.02.1991) | C Civil |
| 16 | Registered disabled civilians with reduced working capacity >2/3 – 67% to 99% of disability (ex art. 6 paragraph 1 letter D of DM 01.02.1991) | C Civil |
| 17 | Registered disabled civilians under 18 years with accompaniment indemnity under art. 1 L. no. 289/90 (ex art. 5 paragraph 6 of the D.L. 124/1998) | C Civil |
| 18 | Absolute blind or with vision not exceeding one tenth in both eyes - with possible correction - recognized by the special Blind Invalids Civil Commission-pursuant to art. 6 paragraph 1 letter f) of the DM 01.02.1991 (ex art. 6 Law no. 482/68 as amended by Law no. 68/99) | C Civil |
| 19 | Deaf-mute (meaning those who are affected by deafness from birth or before learning a spoken language) pursuant to art. 6 paragraph 1 letter f) of the DM 01.02.1991 (ex art. 7 Law no. 482/68 as amended by Law no. 68/99) | C Civil |
| 19bis | Performance required in verification of the civil disability former DM 20.07.1989 no. 293 et seq. mod. 07 | C Civil |
| 20 | Patient in possession of exemption according to Low no. 210 of 25.02.1992- Damaged by irreversible complications due to mandatory vaccinations, blood transfusions and administration of blood products (ex art. 1 paragraph 5 letter d) of DM 124/98) | N Law no. 210 |
| 21 | Victims of terrorism and organized crime (ex art. 15 L. no. 302/90; art. 5 paragraph 6 of DL 124/98); victims of terrorism and massacres with disabilities <80% and their families (ex art. 9 of Law 206/2004); victims of duty and family members who survived (ex DPR 07.07.2006 no. 243) | V Victims |
| 21bis | Victims of terrorism and massacres with a disability >80% (art. 4 Law 03.08.2004 no. 206) | V Victims |
| 22 | Exemption for pregnancy (ex DM of 10.09.1998) during the preconceptional period | M Maternity |
| 23 | Exemption for pregnancy (ex DM of 10.09.1998) in normal pregnancy, or | M Maternity |
| 24 | Exemption for pregnancy (ex DM of 10.09.1998) in normal pregnancy | M Maternity |

table continued

| no. | Type of exemption | Code |
|-------|--|-------------------|
| 25 | Exemption for pregnancy (ex DM of 10.09.1998) in high-risk pregnancy | M Maternity |
| 25bis | Other pregnancy services provided to sea-going staff | M Maternity |
| 26 | Diagnostic services within screening campaigns authorized by the Region (ex art. 1 paragraph 4 letter a) to the DL 124/1998) | D Early diagnosis |
| 27 | Diagnostic services for early detection of tumor (ex art. 85 paragraph 4 of Law 388/2000) cytological | D Early diagnosis |
| 28 | Diagnostic services for early detection of tumor (ex art. 85 paragraph 4 of Law 388/2000) mammography | D Early diagnosis |
| 29 | Diagnostic services for early detection of tumor (ex art. 85 paragraph 4 of Law 388/2000) colon and rectal | D Early diagnosis |
| 30 | Diagnostic examination services related to early detection of breast cancer (ex art. 85 paragraph 4 of Law 388/2000) | D Early diagnosis |
| 30bis | Services included in the protocol of the monitoring campaign on the health of people operating in the territories of Bosnia-Herzegovina and Kosovo (ex DM 22.10.2002) | D Early diagnosis |
| 31 | Specialistic services related to donation (ex art. 1 paragraph 5 letter c) of the DL 124/1998) | T Donation |
| 32 | Diagnostic services to individuals at risk of Hiv infection (ex art. 1 paragraph 4 letter b) of the DL 124/1998 - first part) | B Hiv |
| 33 | Specialized services aimed at the protection of public health, arranged locally in case of epidemic diseases (ex art. 1 paragraph 4 letter b) DL 24/1998- second part) | P Prevention |
| 34 | Specialized services oriented to starting employment deriving from legal obligations and not charged to the employer-currently executable towards major apprentices (ex art. 1 paragraph 4 letter b) of the DL 124/1998-last part) | P Prevention |
| 35 | Services related to mandatory or recommended vaccinations (ex art. 1 paragraph 4 letter b) of DL 124/1998-first part) antituberculous prophylaxis DPR 07.11.2001 no. 465 | P Prevention |
| 36 | Services towards prisoners and internees (ex art. 1 paragraph 6 DL 22.06.1999 no. 230) | F Detainees |
| 37 | Services required to issue certificates of fitness to practice sports, for adoption and foster care, for the civil service (ex DPCM 28.11.2003) | I Suitability |
| 38 | Medical and legal services to sea-going SASN staff | PML |
| 39 | Urgent or essential outpatient services to non EU citizens who do not comply with the rules on entry and residence, without sufficient resources | X Non EU |
| 40 | Treatment of severe pain | TDL |

Exemptions for rare diseases

Rare illnesses are grave, disabling pathologies for which there often exists no specific therapy and whose incidence falls below the threshold of 5 cases for every 10,000 inhabitants established within the European Union. Ministerial Decree no. 279/2001 provides exemptions from fees for all services that prove suitable and effective for the treatment and monitoring of a confirmed rare illness, as well as for prevention of a worsening of the condition. The exemption also covers examinations meant to determine the existence of rare diseases, plus genetic research on any family members,

when needed to arrive at a diagnosis of a rare disease of genetic origin. To date, 284 rare diseases and 47 groups of such conditions are identified under the Regulations.

A physician who arrives at a suspected diagnosis of one of the rare diseases found on the list of the Ministry of Health refers the patient to the centre of the Network for Rare Diseases, which is able to provide the diagnosis of the specific pathology. Certification of the diagnosis of the rare disease must be presented when patients apply for exemption at their ASL.

ASL 1 • AVEZZANO SULMONA L'AQUILA

| Base | Address | Telephone |
|----------|-------------------|--------------------|
| L'Aquila | Via Capo Croce, 1 | 0862 368 937 / 939 |

ASL 2 • LANCIANO VASTO CHIETI

| Base | Structure | Address | Telephone | Consulting hours |
|--------|-----------|--|--------------|---|
| Chieti | Hospital | Via dei Vestini Unit A 13 ^o floor malattierare@asl2abruzzo.it | 0871 3586 90 | on Tuesdays and Fridays 11.00-13.00 |

ASL 3 • PESCARA

| Base | Structure | Address | Consulting hours |
|---------|--|---|---|
| Pescara | Complex Operative Unit of Paediatrics | Via Fonte Romana, 8 3 ^o floor - North Wing P.O. | on Mondays, Wednesdays and Fridays 12.00-15.00 on Tuesdays and Thursdays 14.00-17.00 |

ASL 4 • TERAMO

See Health Districts on page 41

Exemptions based on income

A number of personal and social conditions, when combined with certain levels of income, entitle patients to exemptions from fees for healthcare services.

WHAT ARE THE CATEGORIES OF EXEMPT INDIVIDUALS?

- Citizens less than six years old and more than sixty-five years old, and who are part of a family unit¹ with an overall income² of no more than **36,151.98 euros** (Code E01).
- Unemployed individuals³, together with their dependent family members⁴, who belong to a family unit with an overall income of less than **8,263.31 euros**, a threshold that increases to 11,362.05 euros when there is a spouse, and that rises by an additional 516.46 euros for each dependent child (Code E02).
- Holders of social welfare pensions and their dependent family members (Code E03).

- Holders of pensions for the minimum amount, received after reaching the age of sixty-five, together with their dependent family members, when the individuals in question belong to a family unit with an overall income of less than **8,263.31 euros**, a threshold that increases to 11,362.05 euros when there is a spouse, and that rises by an additional 516.46 euros for each dependent child (Code E04).

HOW IS THE RIGHT TO EXEMPTION OBTAINED?

When prescribing the specialised clinical service, the prescribing physician (family doctor or paediatrician), who has the list of exempt individuals provided by the Healthcare ID Card System, confirms that the patient is entitled to the exemption and indicates the exemption code on the prescription form.

If the patient does not appear on the list of exempt individuals in the possession of his or her attending physician, what should he or she do?

Certain types of users, although they are entitled to fee exemptions, do not appear on the list of their attending physician. These include individuals who are not required to present tax returns (pensioners receiving the minimum amount or social-welfare pensions) and the unemployed (who must present, on an annual basis, self-certification of their unemployed status). If a patient holds that he or she meets the requirements for a fee exemption on the basis of income, only they do not appear on the list in the possession of the physician, then they must contact the ASL with which they are registered and provide self-certification of the condition that entitles them to exemption.

Where is the self-certification presented?

Patients who must provide self-certification of their exemption from fees due to income must go to their service windows for "Selection or revocation of the family physician" of the Healthcare District for their area.

What must patients bring with them?

- A copy of a currently valid document of identification.
- A TEAM healthcare card (European Healthcare Assistance Card).

The patient may request certification of exemption under the name of each of the members of his or her family unit entitled to exemption on the basis of income.

What must patients sign?

- Self-certification of the right to exemption on the basis of income (the income is calculated as indicated in Note 2 above).
- Self-certification of the condition of unemployment, indicating the employment centre where the unemployed individual is registered, together with a pledge on the part of the patient to report forthwith the date on which the state of unemployment concludes, which would result in revocation of the benefit.
- A declaration of awareness of the consequences under criminal law for the issue of false declarations, and of awareness of the fact that the local healthcare unit shall subsequently carry out controls of the truthfulness of the declaration presented.

1. The term "family unit" refers to the members of the family relevant for tax purposes (as opposed to mere registration in municipal records), meaning the interested party, the spouse, when not legally separated, and any other dependent family members.

2. The overall income of a family unit is equal to the sum total of the incomes of the individual members of the unit. The family unit consists of the interested party, the spouse, when not legally separated, and other family members who represent dependents for tax purposes. The fact that any or all of the family members cohabitates has absolutely no relevance whatsoever. **The overall pre-tax income for the previous year must be considered**, meaning all the components of the taxable income declared on the tax return (for example: income from capital, real estate, business activities, freelance employment, salaried employment and other sources of income, as entered on the CUD Return, part B, point 1; the 730 Return, part 3, line 11; the Consolidated Return, line RN1).

Income and the ISEE, or "Indicator of the Equivalent Economic Situation", are not the same thing. The ISEE is an indicator that takes into account the income, wealth (both movable assets and real estate) and characteristics of a family unit (in terms of the number and type of its components). In the Abruzzo Region, this indicator does not count towards recognition of the right to exemption.

3. The term "unemployed" refers solely to citizens who have ceased an activity of salaried employment for any reason whatsoever (layoff, resignation, end of set-term employment) and who have registered with the Employment Office until such time as they are once again employed.

4. "Dependent family members" means family members who are not independent for tax purposes, or those for whom the interested party takes tax deductions (in that they possess incomes of less than 2,840.51 euros).

ASL 1 • AVEZZANO SULMONA L'AQUILA

| Base | Address | Telephone |
|----------|-------------------|--------------|
| L'Aquila | Via Capo Croce, 1 | 0862 368 937 |

ASL 2 • LANCIANO VASTO CHIETI

| Base | Structure | Address | Telephone | Fax |
|---------------------------|---------------------------------|---------------------------|---|--------------|
| Atessa | San Camillo de Lellis Hospital | Via Gramsci | 0872 864 200 | 0872 864 200 |
| Bucchianico | | Piazza Roma | 0871 381 056 | 0871 382 860 |
| Casalbordino | | Via Portanuova, 6 | 0873 900 598 / 700 | |
| Casoli | Territorial Assistance Hospital | Via Aventino | 0872 989 260 0872 989 302 / 303 | |
| Castiglione Messer Marino | | Via de Gasperi, 1 | 0873 978 440 | |
| Chieti Centro | ex SS. Annunziata Hospital | Via Tiro a Segno | 0871 358 743 / 718 0871 358 790 / 784 | |
| Chieti Scalo | | Via De Litorio, 24 | 0871 358 461 | |
| FrancaVilla al Mare | | Contrada Alento | 085 9174 226 / 211 | 085 4911 372 |
| Gissi | Territorial Assistance Hospital | Via Italia | 0873 947 411 / 311 | |
| Guardiagrele | SS. Immacolata Hospital | Via Anello, 15 | 0871 899 214 | 0871 899 314 |
| Lama dei Peligni | | Via Calata Frentana, 1 | 0872 91 438 / 420 / 397 0872 91 587 / 0872 916 148 | |
| Lanciano | | Via Don Minzoni | 0872 706 906 0872 700 451 | 0872 706 951 |
| Miglianico | | Via Costa della Forma, 22 | 0871 958 040 | 0871 958 014 |
| Ortona | | Piazza San Francesco, 4 | 085 9173 307 / 305 | 085 9173 301 |
| San Salvo | | Via Alcide De Gasperi | 0873 544 91 | 0873 343 633 |
| Torricella Peligna | | Via Brigata Maiella | 0872 969 459 | |
| Vasto | | Via Michetti, 86 | 0873 308 782 / 729 | |
| Villa Santa Maria | | Via Roma, 37 | 0872 944 308 / 460 | 0872 706 365 |

ASL 3 • PESCARA

| Competence area | Address | Telephone | Fax |
|---|---|--------------|--------------------|
| Area Pescara District | | | |
| Pescara Nord | Via Nazionale Adriatica Nord, 140 - Pescara | 085 4253 457 | 085 4253 453 / 422 |
| Pescara Sud | Via Rieti, 47 - Pescara | 085 4254 041 | 085 4254 047 |
| Area Metropolitana District | | | |
| Cappelle sul Tavo - Cepagatti | SS 602 - Cepagatti | 085 974 535 | 085 9769 001 |
| Città Sant'Angelo - Moscufo - Nocciano - | Largo Baiocchi - Città Sant'Angelo | 085 4253 330 | 085 4253 300 |
| Pianella | Via Santa Lucia, 13 - Pianella | 085 971 376 | |
| Spoltore | Via del Convento - Spoltore | 085 4253 601 | 085 4253 600 |
| Area Montesilvano District | | | |
| Montesilvano | Corso Umberto, 447 - Montesilvano | 085 4253 371 | 085 4253 370 |
| Area Maiella Morrone District | | | |
| Abbateggio - Alanno - Bolognana - Bussi sul Tirino - Caramanico - Castiglione a Casauria - Corvara - Cugnoli - Lettomanoppello - Manoppello - Pescosansonesco - Pietranico - Popoli - Roccamorice - Salle | Via Aldo Moro, snc - Popoli | 085 9898 389 | 085 9898 238 |
| San Valentino in Abruzzo Citeriore - Tocco da Casauria | Via XX Settembre, 144 - Tocco da Casauria | 085 9898 746 | 085 9898 710 |
| Sant'Eufemia a Maiella - Scafa - Serramonacesca | Via della Stazione - Scafa | 085 9898 815 | 085 9898 800 |
| Area Vestina District | | | |
| Brittoli - Carpineto della Nora - Catignano - Civitaquana - Penne - Picciano - Vicoli - Villa Celiara | Via del Carmine, 107 - Penne | 085 971 376 | 085 8276 500 |

ASL 4 • TERAMO

| Health District | Involved Municipalities |
|--------------------|--|
| Teramo | Basciano, Campli, Canzano, Castellalto, Cortino, Rocca Santa Maria, Teramo, Torricella Sicura, Valle Castellana, Penna Sant'Andrea |
| Atri | Arsita, Atri, Bisenti, Castiglione Messer Marino, Castilenti, Cellino Attanasio, Cermignano, Montefino, Pineto, Silvi |
| Montorio al Vomano | Castel Castagna, Castelli, Colledara, Crognaleto, Fano Adriano, Isola del Gran Sasso, Montorio al Vomano, Pietracamela, Tossicia |
| Val Vibrata | Alba Adriatica, Ancarano, Civitella del Tronto, Colonnella, Controguerra, Corropoli, Martinsicuro, Nereto, Sant'Egidio alla Vibrata, Sant'Omero, Torano Nuovo, Tortoreto |
| Roseto | Bellante, Giulianova, Morro d'Oro, Mosciano, Notaresco, Roseto |

For the addresses see Health Districts offices on page 41

Exemptions for disability

The categories of disabled individuals entitled to this benefit are stipulated under a Ministerial Decree issued on 1 February 1991. Their condition and level of disability must be confirmed by the Medical Commission of their local ASLs.

List of the categories of disability:

- Individuals disabled in war or during military service (Categories I to IV) and (VI/VIII).

- Individuals disabled during civilian activities and work (working capacity reduced by more than 2/3).
- Individuals with civilian disabilities and support for accompaniment.
- Deaf and dumb individuals.
- Former deportees to Nazi death camps.
- Victims of acts of terrorism or organised crime.
- Individuals who suffer on-the-job accidents or work-related illnesses.

Exemptions for early diagnosis of tumours

In addition to the diagnostic services offered by the ASLs during their screening campaigns, the Healthcare Service provides free controls for the early diagnosis of certain types of tumours:

- mammography examinations every two years for women ages 45 to 69;
- cytological cervical-vaginal examinations (Pap test) every three years for women ages 25 to 65);

- a colonoscopy examination every five years for anyone older than 45.

The examinations are prescribed on the forms of the National Healthcare Service, on which the pertinent exemption code must be indicated. The interval of time indicated must be respected, even if the first examination was carried out at a private facility (also see the entry *Screening* on page 83).

Exemptions involving pregnancy

Couples seeking to have children and women who are pregnant are entitled to receive certain specialised and diagnostic services useful to safeguarding their health and that of the unborn child free of charge, without having to pay the minimum fee. These services are listed in a Ministerial Decree issued on 10 September 1998. The Decree stipulates that the following be provided free of charge:

- periodic examinations by an obstetrician-gynaecologist;
- the analyses listed in Annex A to the Decree and carried out prior to conception, in order to exclude the presence of factors that can have a negative effect on the pregnancy. If the clinical and family history of the couple points to possible conditions of risk for the foetus, then all services that prove necessary or appro-

priate for determining genetic defects, and that are prescribed by the attending specialist, can be provided under an exemption from the minimum fee;

- the diagnostic analyses for controlling each phase of a normal pregnancy, as listed in Annex B to the Decree. Should there be a risk of abortion, then the exemption also covers all the specialised services needed to monitor the ongoing development of the pregnancy;
- all services that prove necessary or suitable for the prenatal diagnosis, while the pregnancy is underway, of specific conditions that pose a risk to the foetus, as indicated in Annex C to the Decree, when these services are prescribed by a specialist;
- all services that prove necessary or suitable for the treatment of illnesses (both pre-existing conditions and those that arise during the pregnancy) which constitute a risk for the woman or the foetus, meaning services normally prescribed by a specialist.

Free HIV testing

At public healthcare facilities, the anti-HIV test for identifying the presence of the specific antibodies produced by the organism when it comes into contact with the virus is provided both anonymously (as called for under Law 135 of 1990) and free of charge (as specified under a Ministerial Decree issued on 1 February 1991 and reiterated under art. 2 of an agreement reached by the State, regional and autonomous provincial governments on 27 July 2011). The test is not obligatory, but if there has been conduct placing the individual at risk,

then it would be best to take one. At most healthcare facilities, a doctor's prescription is not needed to carry out the test.

Foreigners are entitled to take the test under the same conditions as Italian citizens, even if they do not have a residence permit.

Under a Ministerial Decree of 31 March 2008, the Ministry of Health, acting in concert with the regional and autonomous provincial governments, has established a national system for the surveillance of diagnoses of new HIV infections (also see *Aids - HIV Test* on pages 81-82).

Emergency

Emergency medical service (118)

For the mobile accident unit service you can dial the national number 118, without dialing code, from every public, private or mobile phone. The call is free, you don't need money nor telephone cards. The service is active 24/7 and it is coordinated by an intensivist doctor.

First aid/OBI

You can go to the Emergency Room for urgent-critical health requests which cannot be handled by MMG/PLS or by your continuity of care doctor (emergency medical service).

At the Emergency Room you will be received by a nurse who will give you a colour code based on the different priorities of access. The color codes *Triage* are the following:

- **red code**, given to serious cases, in life-threatening situations, with immediate access;
- **yellow code**, given to patients who may have their vital functions altered, with priority access depending on other emergencies;
- **green code**, given to patients who don't need an immediate service, their access comes after red and yellow codes and they have to pay a prescription charge;
- **white code**, given to patients who don't need urgent care and can be handled by MMG/PLS. Their access comes after the

other codes and they have to pay a prescription charge.

The OBI, or Brief Intensive Observation unit, is a structure established as part of emergency medical services, in order to meet the needs of patients who require constant monitoring to evaluate the ongoing development of their clinical outlook and to complete the necessary findings. A further objective of the OBI is to reduce the number of mistaken assignments to other hospital wards and to avoid hasty releases from the emergency room, so as to ensure greater patient safety and proper execution of confirmed and regularised diagnostic-therapeutic protocols.

Continuity of Care (CA/emergency medical service)

You can make use of this service if you need outpatient or in-home assistance at night and during or before a holiday, when your doctor/pediatrician doesn't visit.

The consulting time is:

- Saturdays at 10.00 a.m. until Mondays at 8.00 a.m.;
- from 10.00 a.m. on a pre-festive day until 8.00 a.m. on the day after a holiday;
- from 8.00 p.m. until 8.00 a.m. every weekday.

For those who live in Abruzzo the service is free, while for those who don't the cost for each service is € 25 for an in-home visit and € 15 for an outpatient visit.

Continuity of care locations (CA/emergency medical service) - Unique phone number 0862 348 5790

| Competence Area | Address | Telephone |
|---|---|-------------------------------|
| Area L'Aquila | | |
| Barisciano | Via Provinciale - Barisciano | 0862 89348 |
| L'Aquila | Via Capo Croce, 1 - L'Aquila | 0862 366 025 340 48 75 195 |
| Monteareale | | |
| Navelli | Via della Molinella - Frazione Piedicolle - Monteareale | 0862 902 362 |
| Pizzoli | Town Hall - Via dei Pereti, 1 - Navelli | 0862 959 285 |
| Rocca di Mezzo | Colle Musino - Frazione Marruci - Pizzoli | 0862 72725 |
| San Demetrio | Strada Provinciale per L'Aquila - Rocca di Mezzo | 0862 917 142 |
| Tornimparte | Health District - Via 24 Maggio - San Demetrio | 0862 810 141 |
| | Frazione Pie la Villa - Tornimparte | 0862 72725 |
| Area Marsica | | |
| Aielli - Celano - Cerchio - Ovindoli | Health District - Via della Sanità - Celano | 0863 711 976 |
| Avezzano | Health District - Via Monte Velino 18 - Avezzano | 0863 499 800 |
| Balsorano - San Vincenzo Valle Roveto | Via Nazionale, 51 - Balsorano | 0863 95525 |
| Canistro - Capistrello - Castellafiume - Civita d'Antino - Civitella Roveto - Morino | Health District - Piazza della Stazione - Civitella Roveto | 0863 979 050 |
| Cappadocia - Magliano - Massa d'Albe - Tagliacozzo - Sante Marie - Scurcola | Health District - Via Variante - Tagliacozzo | 0863 699 231 0863 699 278 |
| Carsoli - Oricola - Pereto - Rocca di Botte | Health District - Via Mazzini - Carsoli | 0863 909 072 |
| Collelongo - Luco dei Marsi - Trasacco - Villavallelonga | Health District - Via Cifilánico - Trasacco | 0863 931 082 |
| Collarmele - Ortona dei Marsi - Pescina - Bisegna - Gioia dei Marsi - Lecce - Ortucchio - San Benedetto dei Marsi | Health District - Via S. Rinaldi - Pescina | 0863 889 233 |
| Area Peligna | | |
| Anversa degli Abruzzi - Bugnare - Cocullo - Scanno - Villalago | Via Tanturri - Scanno | 0864 47290 |
| Campo di Giove - Cansano | Piazza Regina Margherita - Campo di Giove | 0864 40309 |
| Castel di Ieri - Castelvecchio Subequo - Gagliano Aterno - Goriano Sicolí - Molina Aterno - Secinaro | Via Roma - Castelvecchio Subequo | 0864 79393 |
| Corfinio - Pratola Peligna - Prezza - Raiano - Roccasale - Vittorito | Via Valle Madonna, 15 - Pratola Peligna | 0864 274 010 |
| Introdacqua - Pacentro - Pettorano sul Gizio - Rocca Pia - Sulmona | Hospital - Viale Mazzini - Sulmona | 0864 499 1 / 499 262 |
| Area Sangrigna | | |
| Alfedena - Ateleta - Castel di Sangro - Scontrone | Hospital - Castel di Sangro | 086 8991 |
| Barrea - Civitella Alfedena - Opi - Pescasseroli - Villetta Barrea | Health Structure - Via Valle Rovereto - Pescasseroli | 0863 910 675 |
| Pescocostanzo - Rivisondoli - Roccaraso | Health Structure - Piazzale delle Corriere - Pescocostanzo | 0864 64008 |

Continuity of care locations (CA/emergency medical service) - Unique phone number 0871 327 620

| Base | Address | Telephone |
|---------------------------|---|-----------------------------|
| Atessa | Hospital - Via Ianico, 1 - Atessa | 0872 865 971 |
| Carunchio | Via Roma - Carunchio | 0873 953 243 |
| Casalbordino | Via Portanuova, 8 - Casalbordino | 0873 902 285 |
| Casoli | Via Aventino - Casoli | 0872 9891 - 0872 982 457 |
| Castiglione Messer Marino | Via Alcide De Gasperi, 1 - Castiglione Messer Marino | 0873 978 440 |
| Celenza sul Trigno | Via Rinascita, 8 - Celenza sul Trigno | 0873 958 295 |
| Chieti | Old Hospital Via Padre Alessandro Valignani - Chieti | 0871 358 817 / 816 |
| Cupello | Piazza Benicarlò - Cupello | 0873 317 904 |
| Fossacesia | Via Polidori - Fossacesia | 0872 607 708 |
| Francavilla al Mare | Health District Contrada Alento - Francavilla al Mare | 085 817 183 |
| Gissi | Via Italia, 97 - Gissi | 0873 947 312 - 0873 93297 |
| Guardiagrele | Hospital - Via Anello, 10 - Guardiagrele | 0871 899 251 |
| Lama dei Peligni | Via Calata Frentana, 1 - Lama dei Peligni | 0872 91587 |
| Lanciano | Via Don Minzoni - Lanciano | 0872 724 389 |
| Miglianico | Via Costa della Forma, 22 - Miglianico | 0871 951 933 |
| Orsogna | Via G. Magno - Orsogna | 0871 86129 |
| Ortona | Hospital - Contrada Santa Liberata - Ortona | 085 917 2282 / 2275 |
| Palena | Via Circonvallazione Frentana - Palena | 0872 918 369 |
| Palmoli | Via Papa Giovanni XXIII, 2 - Palmoli | 0873 955 385 |
| Pizzoferrato | Via Roma - Pizzoferrato | 0872 946 131 |
| Quadri | Via Marconi, 8 - Quadri | 0872 945 422 |
| San Salvo | Via San Giuseppe, 40 - San Salvo | 0873 547 703 |
| San Vito Chietino | Via Raffaello Sanzio - San Vito Chietino | 0872 61452 |
| Scerni | Via IV Novembre, 20 - Scerni | 0873 919 285 |
| Tollo | Via Principessa di Piemonte - Tollo | 0871 961 647 |
| Torricella Peligna | Via Brigata Maiella, 38 - Torricella Peligna | 0872 969 459 |
| Vasto | Via Marco Polo, 51 - Vasto | 0873 368 831 - 0873 308 283 |
| Villa Santa Maria | Via Roma, 32 - Villa Santa Maria | 0872 944 308 |

Continuity of care locations (CA/emergency medical service) - Unique phone number 085 4289 790

| Competence Area | Structure | Address | Telephone |
|--|-----------------------|--|----------------------|
| Bussi sul Tirino (Popoli - Tocco da Casauria) | | Via Caduti del Lavoro, 45 - (zona Peep) - Bussi | 085 980 308 |
| Caramanico Terme (Sant'Eufemia - Salle) | Nursing Home Olivieri | Corso Umberto I - Caramanico | 085 929 0135 |
| Catignano (Brittoli - Civitaquana - Vicoli (except Frazioni De Contra and Le Pietre) | | Piazza San Francesco, 6 - Catignano | 085 841 615 |
| Cepagatti (Nocciano - Rosicano) | | Via Unesco, 2 - Cepagatti | 085 425 3650 |
| Città Sant'Angelo (Elice) | ex Hospital | Largo Baiocchi, 2 - Città Sant'Angelo | 085 425 3304 |
| Civitella Casanova (Carpineto - Vicoli for Frazioni De Contra and Le Pietre - Villa Celiera) | Health District | Via Fratelli Granchelli, 8 - Civitella Casanova | 085 845 268 |
| Loreto Aprutino (Collecervino) | | Via Donato Chiarelli, 2 - Loreto Aprutino | 085 827 6702 |
| Manoppello (Lettomanoppello - Serramonacesca) | | Corso Santarelli, 70 - Manoppello | 085 859 700 |
| Montesilvano (Collecervino - for Frazioni of Congiunti and Santa Lucia) | | Via Inghilterra, 20 - Montesilvano | 085 425 3357 |
| Penne (Farindola - Montebello di Bertona - Picciano) | Uccp | Via Caselli, 54 - Penne | 085 827 6633 |
| Pescara | Old Hospital | Via R. Paolini, 47 - Pescara | 085 425 3191 / 28868 |
| Pianella (Moscufo) | Middle schools | Via Santa Lucia, 60 - Pianella | 085 971 376 |
| San Valentino (Abbateggio - Roccamorice - Strada per Caramanico) | Rehabilitation Centre | Via San Rocco, 125 - San Valentino | 085 989 8935 |
| Scafa (Alanno - Cugnoli - Turrialignani) | Uccp | Via Castellani, 23 - Scafa | 085 989 0877 |
| Spoltore (Cappelle sul Tavo) | | Via del Convento, 12 - Spoltore | 085 425 3610 |
| Torre de' Passeri (Bolognano - Castiglione a Casauria - Family Planning Clinic Corvara - Pescosansonesco - Pietranico) | | Corso Garibaldi, 20 - Torre de' Passeri | 085 888 5318 |

At Pescara District Area, erogative offices Pescara Nord (Via Nazionale Adriatica Nord, 140) and Pescara Sud (Via Rieti, 47), Saturdays, except if holiday, from 8.30 to 13.30 there is a general practitioner that guarantees the continuity of primary care

Continuity of care locations (CA/emergency medical service) - Unique phone number 0861 440 620

| Competence Area | Structure | Address | Telephone |
|---|---------------------------|--|--------------|
| Area Teramo | | | |
| Campli | | Viale della Misericordia - Campli | 0861 440 620 |
| Canzano - Castellalto | Town Hall | Piazza Indipendenza - Castellalto | 0861 440 620 |
| Castel Castagna - Castelli - Colledara | | Piane Mavone - Colledara | 0861 440 620 |
| Cortino - Rocca Santa Maria - Torricella Sicura | Town Hall | Piazza M. Capuani - Torricella Sicura | 0861 440 620 |
| Crognaleto - Fano Adriano - Pietracamela | Town Hall | Corso V. Emanuele - Fano Adriano | 0861 440 620 |
| Isola del Gran Sasso | Consulting Room | Contrada Santone Isola del Gran Sasso | 0861 440 620 |
| Montorio al Vomano - Tossicia | Health District | Contrada Piane - Montorio al Vomano | 0861 440 620 |
| Teramo | Civil hospital | Piazza Italia - Teramo | 0861 440 620 |
| Valle Castellana | Town Hall | Via Provinciale, 1 - Valle Castellana | 0861 440 620 |
| Area Sant'Omero | | | |
| Alba Adriatica - Tortoreto | Health District | Via Isonzo - Tortoreto | 0861 440 620 |
| Ancarano - Civitella del Tronto - Sant'Egidio alla Vibrata | | Via Murri - Sant'Egidio alla Vibrata | 0861 440 620 |
| Colonnella - Controguerra - Martinsicuro | Health District | Via Amendola - Villarosa di Martinsicuro | 0861 440 620 |
| Corropoli - Nereto - Sant'Omero - Torano Nuovo | | Via M. Iachini, 33 - Nereto | 0861 440 620 |
| Area Giulianova | | | |
| Bellante - Mosciano Sant'Angelo | ex Family Planning Clinic | Via Terracina - Mosciano Sant'Angelo | 0861 440 620 |
| Cellino Attanasio - Notaresco | ex Family Planning Clinic | Via Colleventano - Notaresco | 0861 440 620 |
| Giulianova | Hospital | Via Gramsci - Giulianova | 0861 440 620 |
| Morro d'Oro - Roseto degli Abruzzi | | Via Nazionale, 514 - Roseto degli Abruzzi | 0861 440 620 |
| Area Atri | | | |
| Atri - Castilenti - Frazione Villa Bozza | Health District | Via Finocchi, 2 - Atri | 0861 440 620 |
| Basciano - Cermignano - Penna Sant'Andrea | ex Family Planning Clinic | Via Nazionale - Cermignano | 0861 440 620 |
| Bisenti - Castiglione Messer Raimondo - Arsitia - Montefino | ex Family Planning Clinic | Via Roma - Bisenti | 0861 440 620 |
| Pineto - Silvi | | SS Adriatica Sud, 1 - Silvi | 0861 440 620 |

Occasional medical visits

If you are occasionally out of your place of residence you can benefit from the assistance of a MMG/PLS through occasional paid medical visits.

You can find the list of doctors in the Health Districts.

Territory

The territorial health assistance is the first and most important contact of the citizen with the National Health Service (SSN). It represents the first element of a continuous and integrated process of health inter-

ventions oriented to the promotion and the safeguard of health realized through prevention, care and rehabilitation activities, fundamental in order to face the health problems of the whole community.

Healthcare District (Ds) / District Operational Unit (Nod)

The Ds/NOD provides primary and intermediary healthcare and socio-medical services directly in the areas where people live, ensuring that citizens' medical needs are met.

It carries out administrative activities (single booking centres, windows for selecting/changing family doctor, fee exemptions due to income, pathology, disability etc.), manages the basic medical care provided by general practitioners and freely selected paediatricians and, in some cases, houses the service of ongoing care (formerly the physician on-call); it handles treatment with prostheses and supplementary treatment (as in the case of dietetic prod-

ucts, materials for the treatment of diabetes etc.); it houses the UVM, or Unit of Multidimensional Evaluation, for admission to residential treatment (RSA and RA), as well as psychiatric rehabilitation, integrated home care (ADI), rehabilitation as provided for under art. 26 of Law 833/78 and hospice care.

The Ds/NOD contains a poly-specialised clinic, a home-care service and a nursing unit. It also works in collaboration with the Departments of Mental Health, of Maternal and Infant Care and of Addiction Treatment, assisting in the related sectors of prevention, diagnosis and rehabilitation, so as to facilitate hospital-territorial procedures.

Health Districts

| Competence Area | Address | Telephone |
|--|--|----------------------------------|
| Area L'Aquila | | |
| Barisciano | Via Dietro la Chiesa - Barisciano | 0862 89552 |
| L'Aquila | Via Capo Croce, 1 - L'Aquila | 0862 680 621 0862 368 939 |
| Monte reale | Via della Molinella - Frazione Piedicolle - Monte reale | 0862 901 022 |
| Rocca di Mezzo | Strada Provinciale per L'Aquila - Rocca di Mezzo | 0862 917 338 |
| San Demetrio | Health District Via 24 Maggio - San Demetrio | 0862 810 141 |
| Tornimparte | Frazione Rocca Santo Stefano - Tornimparte | 0862 729 138 |
| Area Marsica | | |
| Avezzano | Via Monte Velino, 18 - Avezzano | 0863 499 800 |
| Carsoli | Via Giuseppe Mazzini - Carsoli | 0863 909 072 fax 0863 992 097 |
| Celano | Via della Sanità - Celano | 0863 711 976 fax 0863 711 976 |
| Civitella Roveto | Piazza della Stazione - Civitella Roveto | 0863 979 050 fax 0863 979 860 |
| Pescina | Via Serafino Rinaldi - Pescina | 0863 899 233 fax 0863 899 285 |
| Tagliacozzo | Via Variante Tiburtina Valeria - Tagliacozzo | 0863 699 278 fax 0863 699 278 |
| Trasacco | Via Cifilanico - Trasacco | 0863 931 082 fax 0863 931 867 |
| Area Peligna | | |
| Anversa degli Abruzzi - Bugnare - Cocullo - Scanno - Villalago | Via Tanturri - Scanno | 0864 747 819 |
| Castelvecchio Subequo | Via Roma - Castelvecchio Subequo | 0864 790 722 |
| Corfinio - Pratola Peligna - Prezza - Raiano - Roccasale - Vittorito | Via Valle Madonna, 15 - Pratola Peligna | 0864 274 535 |
| Introdacqua - Pacentro - Pettorano sul Gizio - Rocca Pia - Sulmona | Hospital - Viale Mazzini - Sulmona | 0864 499 251 |
| Area Sangrina | | |
| Alfedena - Ateleta - Castel di Sangro - Scontrone | Via Porta Napoli - Castel di Sangro | 0864 899 306 |
| Barrea - Civitella Alfedena - Opi | Via Valle Rovereto - Pescasseroli | 0863 911 031 |
| Pescasseroli - Villetta Barrea | Piazzale delle Corriere - Pescocostanzo | 0864 640 008 |

Health Districts

| District Area | Structure | Address | Telephone |
|---------------------|-------------------------------|--|--|
| Alto Vastese | District department | PTA - Via Italia - Gissi | 0873 947 319 0873 975 055 |
| | District supplies department | Via Alcide De Gasperi, 1 - Castiglione Messer Marino | 0873 947 319 0873 975 055 |
| Chieti | District department | Via Tiro a Segno - Chieti | 0871 357 875 |
| | District supplies department | Via De Lizio, 24 - Chieti Scalo | 0871 358 450 |
| Guardiagrele | District department | Hospital - Via Anello, 10 - Guardiagrele | 0871 899 214 / 301 |
| | District supplies department | Via G. Magno - Orsogna | 0871 867 063 |
| Francavilla al Mare | District department | Contrada Alento - Francavilla al Mare | 085 9174 201 / 205 085 9174 227 085 491 7895 |
| | District supplies departments | Piazza Roma - Bucchianico | 0871 382 056 |
| | | Piazza San Franco (Padovano building) - Francavilla al Mare | 085 9174 300 |
| | | Via Costa della Forma, 22 - Miglianico | 0871 958 040 |
| | | Via Cavour - San Giovanni Teatino | 085 4461 324 085 4409 066 |
| Lanciano | District department | Via Don Minzoni - Lanciano | 0872 706 953 |
| | District supplies department | Via Polidori - Fossacesia | 0872 60610 0872 607 708 |
| Ortona | District department | Piazza San Francesco, 4 - Ortona | 085 9173 236 |
| | District supplies department | Via Principessa di Piemonte - Tollo | 0871 969 099 |
| Sangro - Aventino | District department | Via Roma, 32 - Villa Santa Maria | 0872 944 308 |
| | District supplies departments | Hospital - Via Ianico - Atessa | 0872 864 264 |
| | | PTA - Via Aventino - Casoli | 0872 989 302 / 303 |
| | | Via Brigata Maiella - Torricella Peligna | 0872 969 382 |
| | | Via Calata Frentana, 37 - Lama dei Peligni | 0872 916 148 |
| Vasto - Costa Sud | District department | Via Michetti, 86 - Vasto | 0873 308 730 |
| | District supplies departments | Via Alcide De Gasperi - San Salvo | 0873 544 91 |
| | | Via Portanuova, 6 - Casalbordino | 0873 900 598 |

Health Districts

| Competence Area | Address | Telephone | Fax |
|--|---|--------------|--------------------|
| Area Pescara District | | | |
| Pescara Nord | Via Nazionale Adriatica Nord, 140 - Pescara | 085 4253 457 | 085 4253 453 / 422 |
| Pescara Sud | Via Rieti, 47 - Pescara | 085 4254 041 | 085 4254 047 |
| | <i>Branch</i> Via Pesaro, 50 - Pescara | 085 4254 036 | 085 4254 050 |
| Area Metropolitana | | | |
| Cappelle sul Tavo - Cepagatti | SS 602 - Cepagatti | 085 974 535 | 085 9769 001 |
| Città Sant'Angelo - Moscufo - Nocciano - | Largo Baiocchi - Città Sant'Angelo | 085 4253 330 | 085 4253 300 |
| Pianella | Via Santa Lucia, 13 - Pianella | 085 971 376 | |
| Spoltore | Via del Convento - Spoltore | 085 4253 601 | 085 4253 600 |
| Area Montesilvano District | | | |
| Montesilvano | Corso Umberto, 447 - Montesilvano | 085 4253 371 | 085 4253 370 |
| Area Maiella Morrone District | | | |
| Abbatteggio - Alanno - Bolognano - Bussi sul Tirino - Caramanico - Castiglione a Casauria - Corvara - Cugnoli - Lettomanoppello - Manoppello - Pescosansonesco - Pietranico - Popoli - Roccamorice - Salle | Via Aldo Moro, snc - Popoli | 085 9898 389 | 085 9898 405 |
| San Valentino in Abruzzo Citeriore - Tocco da Casauria | Via Giovanni Falcone - San Valentino | 085 9898 915 | |
| Sant'Eufemia a Maiella - Scafa - Serramonacesca | Via della Stazione - Scafa | 085 9898 815 | 085 9898 800 |
| Torre de' Passeri - Turrialignani | Via Garibaldi, 20 - Torre de' Passeri | 085 888 5318 | 085 888 3020 |
| Area Vestina District | | | |
| Brittoli - Carpineto della Nora - Catignano - Civitaquana - Penne - Picciano - Vicoli - Villa Celiara | Via del Carmine, 107 - Penne | 085 971 376 | 085 8276 500 |
| Civitella Casanova - Collecervino - Elice - Farindola | Via F. Granchelli - Civitella Casanova | 085 845 268 | 085 845 268 |
| Loreto Aprutino - Montebello di Bertona | Via Chiarelli, 2 - Loreto Aprutino | 085 8276 711 | 085 8276 700 |

Health Districts

| Base | Address | Telephone |
|----------------------|--------------------------------------|--|
| Atri | Via Finocchi - Atri | Secretariat of the District 085 870 7813 Adi 085 870 7436 PUA 085 870 7730 |
| Montorio al Vomano | Contrada Piane - Montorio al Vomano | Secretariat of the District 0861 429 901 Adi 0861 429 912 PUA 0861 429 911 |
| Roseto degli Abruzzi | Via Adriatica - Roseto degli Abruzzi | Secretariat of the District 085 802 0869 Adi 085 802 0870 PUA 085 802 0866 |
| Teramo | Circonvallazione Ragusa, 1 - Teramo | Secretariat of the District 0861 420 300 Adi 0861 420 388 PUA 0861 420 489 |
| Val Vibrata | Via Lenin - Nereto | Secretariat of the District 0861 888 217 Adi 0861 888 233 PUA 0861 888 287 |

Territorial Assistance Hospital (PTA)

The Territorial Assistance Hospital represents a new additional ASL structure which aims to offer health services of diagnosis and care to the citizens. At the PTA you can find: specialist and rehabilitation outpatient services, a medical laboratory, first aid points with an ambulance station, a CUP counter. Thanks to the number of services offered, the PTA is the meeting point between dis-

trict and hospital assistance, becoming an important reference point for the citizens, since it covers a bigger territorial area compared to the Health District area. In order to access the services provided by the PTA you can apply at one of the CUP counters of your ASL with an appointment request letter of your MMG/PLS (see section CUP).

PTA - Territorial Assistance Hospital

| Base | Address | Telephone |
|-------------|--|--------------|
| L'Aquila | Via Cesare Pavese, 1 - Frazione San Gregorio | 0862 369 201 |
| Pescina | Via Serafino Rinaldi | 0863 8991 |
| Tagliacozzo | Via Variante Tiburtina Valeria | 0863 6991 |

ASL 2 • LANCIANO VASTO CHIETI

PTA - Territorial Assistance Hospital - Via Aventino, 25 - Casoli - Telephone 0872 9891

| Services | Telephone | Services | Telephone |
|--------------------------------------|--------------|-----------------------------|--------------|
| Dialysis Service | 0872 989 241 | Pharmacy | 0872 989 239 |
| First intervention | 0872 989 223 | Physical and Rehabilitation | |
| General Medicine Outpatients' Clinic | 0872 989 253 | Outpatients' Clinic | 0872 989 206 |
| Geriatric Outpatients' Clinic | 0872 989 297 | Radiology Service | 0872 989 235 |
| Medical laboratory | 0872 989 238 | | |

PTA - Territorial Assistance Hospital - Viale Italia, 81 - Gissi - Telephone 0873 9471

| Services | Telephone | Services | Telephone |
|--------------------------------------|--------------|------------------------------------|--------------|
| Cardiology Outpatients' Clinic | 0873 947 264 | Medical laboratory | 0873 947 219 |
| Diabetes Service | 0873 947 212 | Outpatients' Ophthalmologic Clinic | 0873 947 232 |
| Ecodoppler Outpatients' Clinic | | Pharmacy | 0873 947 286 |
| and Hypertension Holter ABPM | 0873 947 264 | Physical and Rehabilitation | |
| First intervention | 0873 947 244 | Outpatients' Clinic | 0873 947 297 |
| General Medicine Outpatients' Clinic | 0873 947 264 | Radiology Service | 0873 947 227 |
| Geriatric Outpatients' Clinic | 0873 947 262 | | |

Community Hospitals

The Community Hospital is a structure for the care of patients who do not require standard hospitalisation for acute cases, though, at the same time, their health problems cannot be resolved at

home. The procedures implemented are part of the integrated system of diversified local healthcare, and it is the UVM that makes decisions on admitting and releasing patients.

ASL 2 • LANCIANO VASTO CHIETI

| Base | Structure | Address | Telephone |
|--------|--------------------------|------------------|-----------|
| Casoli | Community Hospital - PTA | Via Aventino, 25 | 0872 9891 |

Hospice

In these Centres a multi-professional team, with active involvement and participation of the patient and of his/her family, defines an individual care plan, characterized by a great flexibility, respecting the pace of life, habits and desires of the patient and his/her carers.

Here people affected by neoplasia and chronic disabling diseases undergo pain management.

You can access this structure at the request of an hospital doctor or of your MMG, then an UVM will contemplate the possibility of hospitalization.

ASL 1 • AVEZZANO SULMONA L'AQUILA

| Base | Structure | Address | Telephone |
|----------|-------------------------|----------------------|---------------------|
| L'Aquila | Hospice Casa Margherita | Via Capo Croce, 1 | 0862 4096 201 / 214 |
| Pescina | Hospice - Hospital | Via Serafino Rinaldi | 0863 8991 |

ASL 2 • LANCIANO VASTO CHIETI

| Base | Structure | Address | Telephone | Fax |
|--------------------|----------------------------|-------------------|--------------|--------------|
| Lanciano | Hospice Alba Chiara | Via Belvedere, 65 | 0872 715 827 | 0872 728 809 |
| Torvecchia Teatina | Hospice Torvecchia Teatina | Via Castelferrato | 0871 357 019 | 0871 357 010 |

ASL 3 • PESCARA

| Base | Structure | Address | Telephone |
|---------|---------------------|------------------------|--------------|
| Pescara | Hospice Bouganville | Via Renato Paolini, 47 | 085 4252 463 |

ASL 4 • TERAMO

| Base | Structure | Address | Telephone |
|--------|-------------------------|----------|--------------|
| Teramo | Hospice - ex Sanatorium | Hospital | 0861 429 464 |

The Territorial Healthcare System

The organisational structure of territorial healthcare services providing primary care includes units based on single professions (general practitioners and paediatricians, who may also work as part of networks and groups), as well as multi-professional entities that supply healthcare services by coordinating and integrating the activities of physicians, nurses, technicians, clinical specialists etc. Specifically, there are territorial polyclin-

ic networks (NCP, UTAP, Case della Salute, or "Houses of Health", UCCP, PTA, Studi Aperti, or "Open Offices") that are equipped with basic instrumentation and open to the public 12 hours a day, being operated in coordination with hospital structures.

These various organisations are active on the district level, addressing the healthcare needs of the local territory (see the list of names and acronyms on page 144).

ASL 1 • AVEZZANO SULMONA L'AQUILA

| Base | Service | Structure | Address | Telephone |
|----------|-------------|---------------------------|-----------------------|--------------|
| L'Aquila | Open Office | Gruppo - PTA San Gregorio | Via Pavese | 0862 369 201 |
| | Open Office | Gruppo Collemaggio 1 | Via Avezzano | 0862 655 68 |
| | Open Office | Gruppo Medici Uniti | Via Alcide De Gasperi | 0862 265 26 |
| | Open Office | Gruppo Movimento Medicina | Via Aldo Moro | 0862 405 147 |
| | Open Office | Gruppo San Salvatore | Via SS 80 C.C. Agorà | 0862 351 001 |

ASL 3 • PESCARA

| Base | Structure | Address | Telephone |
|-------|-----------|--------------------|--------------|
| Penne | UCCP | Via Caselli | 085 8276 633 |
| Scafa | UCCP | Via Castellari, 23 | 085 9898 877 |

ASL 4 • TERAMO

| Base | Structure | Address | Telephone | Consulting hours |
|--------------------------|----------------|---------------------------|------------------------------|---|
| Montorio al Vomano | UCCP | Contrada Piane, 1 | 0861 4299 13 | Mondays to Fridays 8.00-20.00; on Saturdays 8.00-13.00 |
| Mosciano Sant'Angelo | Integrated NCP | Via Terracini | 085 8020 894 | Mondays to Fridays 8.00-20.00; on Saturdays 8.00-13.00 |
| Sant'Egidio alla Vibrata | UCCP | Via Murri | 0861 888 278 | Mondays to Fridays 8.00-20.00; on Saturdays 8.00-13.00 |
| Teramo | UCCP | Circonvallazione Ragusa,1 | 0861 420 417 | opening soon |
| Villa Rosa | UCCP | Via Amendola | 0861 888 910 0861 710 116 | Mondays to Fridays 8.00-20.00; on Saturdays 8.00-13.00 |

Primary care, registration at the National Health Service (SSN), European Card (TEAM) and the National Services Card (CNS)

You can register at the SSN going, in the reference District, at the Choice and Revocation Office where you can choose or change your general practitioner (MMG) and/or paediatrician (PLS).

In order to submit your registration you need your tax code, a self-certification of residence and a proof of identity.

With the registration at the SSN you will have the right to access the health primary assistance service which allows you to benefit from outpatient visits, prescription of medicines, specialist visits requests, several certificates.

To register a minor or a newborn see the section *Child or adolescent*; if you are a foreign citizen see the section *Foreigner or Italian abroad*. The doctors can choose to operate on their own or to join in Groups, Networks, or Associations, in order to guarantee a wider assistance usability for the citizens.

The **European Card of Disease Assistance (TEAM)** is released by the Financial Ministry and allows you to obtain health services in every UE country, in Norway, Iceland, Liechtenstein (SEE Countries) and in Switzerland, substituting the old paper module E111. The Card is sent to every citizen registered in the National Health Service at the last fiscal residence resulting at the tax record.

In case you don't receive it, or you lose or damage it, you can ask for a copy at the Internal Revenue Service or online at the website www.agenziaentrate.gov.it.

THE HEALTHCARE CARD / NATIONAL SERVICES CARD (CNS)

The Healthcare Card in the form of the National Services Card (TS-CNS) represents a further technological advance in the Healthcare Card (TS), seeing that, in addition to the healthcare services normally available with the Healthcare Card, it provides access to the on-line services supplied by the public administration.

What sets it apart from the normal Healthcare Card is a gold-coloured microchip that permits secure recognition, safeguarding the privacy of users of the card when they make on-line contact with the government bodies. The TS-CNS is provided free of charge, being sent to all citizens covered by the National Healthcare System to replace their current Healthcare Card when it expires. The new card is normally valid for six years.

The Healthcare Card/National Services Card is a personal document that is valid immediately – without the need to request any form of activation – as:

- the National Healthcare Card (TS);
- the European Healthcare Card (TEAM), replacing Form E-111 and guaranteeing healthcare assistance in the European Union, as well as in Norway, Iceland, Liechtenstein and Switzerland, based on the pertinent regulations and statutes of the individual countries;
- the Healthcare Registration Booklet;
- the Tax Code Card.

To use the card as the National Services Card and access on-line public services, on the other hand, it must be activated at the district office windows for selecting or changing family physicians.

Health Care for Italian citizens on temporary residence (domicile) for work-study-health

You can use this service if you are an Italian citizen and you temporarily live in a different municipality which is not your place of residence. You can choose a MMG/PLS at the ASL in which you live provided that you're

staying for more than 3 months and one year at the most, that your permit is renewable and duly documented exclusively for work-study-health reasons. You can refer to the Health District at the choice/revocation Office.

ASL 2 • LANCIANO VASTO CHIETI

| Base | Structure | Address | Telephone | Fax |
|---------------------------|---------------------------------|---------------------------|---|--------------|
| Atessa | San Camillo de Lellis Hospital | Via Gramsci | 0872 864 200 | 0872 864 200 |
| Bucchianico | | Piazza Roma | 0871 381 056 | 0871 382 860 |
| Casalbordino | | Via Portanuova, 6 | 0873 900 598 / 700 | |
| Casoli | Territorial Assistance Hospital | Via Aventino | 0872 989 260 0872 989 302 / 303 | |
| Castiglione Messer Marino | | Via de Gasperi, 1 | 0873 978 440 | |
| Chieti Centro | ex SS. Annunziata Hospital | Via Tiro a Segno | 0871 358 743 / 718 0871 358 790 / 784 | |
| Chieti Scalo | | Via De Litio, 24 | 0871 358 461 | |
| Francoforte al Mare | | Contrada Alento | 085 9174 226 / 211 | 085 4911 372 |
| Gissi | Territorial Assistance Hospital | Via Italia | 0873 947 411 / 311 | |
| Guardiagrele | SS. Immacolata Hospital | Via Anello, 15 | 0871 899 214 | 0871 899 314 |
| Lama dei Peligni | | Via Calata Frentana, 1 | 0872 91 438 / 420 / 397 0872 91 587 / 0872 916 148 | |
| Lanciano | | Via Don Minzoni | 0872 706 906 0872 700 451 | 0872 706 951 |
| Miglianico | | Via Costa della Forma, 22 | 0871 958 040 | 0871 958 014 |
| Ortona | | Piazza San Francesco, 4 | 085 9173 307 / 305 | 085 9173 301 |
| San Salvo | | Via Alcide De Gasperi | 0873 544 91 | 0873 343 633 |
| Torricella Peligna | | Via Brigata Maiella | 0872 969 459 | |
| Vasto | | Via Michetti, 86 | 0873 308 782 / 729 | |
| Villa Santa Maria | | Via Roma, 37 | 0872 944 308 / 460 | 0872 706 365 |

ASL 3 • PESCARA

| District Area | Supplies department | Address | Consulting hours |
|-----------------|---------------------|-----------------------------------|---|
| Pescara | Pescara Nord | Via Nazionale Adriatica Nord, 140 | Mondays to Fridays 8.15-12.15 on Tuesdays 15.00-17.00 |
| | Pescara Sud | Via Rieti, 47 | Mondays to Fridays 8.15-12.00 |
| Metropolitana | Cepagatti | SS 602 | on Mondays, Wednesdays and Thursdays 9.00-12.00 |
| | Città Sant'Angelo | Largo Baiocchi, 1 | on Tuesdays 15.00-17.00 |
| | Spoltore | Via del Convento | on Tuesdays and Wednesdays 8.45-12.00, on Thursdays 15.00-17.00 |
| Maiella Morrone | Popoli | Via Saffi, 116 | on Mondays, Wednesdays and Saturdays 8.30-13.00 |
| | Scafa | Via della Stazione | Mondays to Saturdays 8.30-12.30 |
| | Tocco da Casauria | Via XX Settembre, 144 | Mondays to Saturdays 11.00-12.00 |
| Vestina | Penne | Contrada Carmine, 107 | Mondays to Saturdays 8.30-12.00 |

Medicines

The ASL provides, at the request of a doctor, the distribution of the medicines listed in the National Pharmaceutical Handbook through the pharmacies of the territory. The hospital pharmacies distribute directly some categories of medicines, as: medi-

cines for the treatment of patients in discharge, medicines classified as H range (hospital use), medicines for therapeutic continuity, artificial feeding devices, medicines and equipment for patients under Integrated Home Assistance (ADI).

Home Care

If you are an oncology patient, if you are affected by vascular pathologies, if you have severe fractures etc., you can continuously access integrated medical, nursing, rehabilitative, and socio-assistential servic-

es, according to personalized intervention plans and care profiles alternative to hospitalization. In order to benefit from it refer to your MMG/PLS and/or to the Health District (see *Integrated Home Assistance - ADI*).

Integrated Home Care (ADI)

Home assistance refers to the sum total of all activities of assistance and medical care provided in support of an individual and his or her family, in the interests of supporting both patients and those who care for them, all so as to establish, through adequate support and assistance, conditions that allow the patient to continue living in his or her own environment, in this way avoiding any form of abandonment or relegation to the margins of society.

Home care is defined as a mode of medical and social care provided at the patient's domicile (meaning his or her habitual living environment, whether it be their home, a supervised community, a rest home) in a continuous, integrated manner, based on the nature and complexity of the needs of the individual being treated. The primary operators in the home care system are:

- district services;
- general practitioners and/or paediatricians;
- the organisations that manage social welfare services;
- the system of family and volunteer networks;
- other healthcare agency services in local areas and hospitals.

Home care services are obtained through the PUA, or unified access point, found in each District. The PUA is normally contacted by the general practitioner or by other healthcare structures (hospitals, RSA etc.). Once a request is received by a PUA then, depending on the type of care involved, a UVM, or Unit of Multidimensional Evaluation is brought into play. Consisting of specialists in a variety of fields, they evaluate the patient and draw up the PAI, or individual care plan.

| List of types of home care (Annex E to Regional Council Decree no. 224/2007) | | | | | |
|--|---|---|----------------------------|---|--|
| | Type of home care | Definition | Intensity (CIA = GEA/GDC)* | Professional figures called for, based on the PAI and the average time in minutes of home access | Operating time of service (between 8 am and 8 pm) |
| 1 | Service-based home care (Occasional or planned clinical care) | Response consisting of professionally qualified services meeting specific medical, nursing and/or rehabilitative needs that, even if they are repeated over time, do not require a multi-dimensional evaluation or the formulation of a multidisciplinary care plan | | Nurse (30') Physiotherapist (30') Physician (30') | 5 days a week 8 hours a day |
| 2A | First-level integrated home care (formerly ADI) | Type of care meant for patients who, though they do not present especially critical problems or complex symptoms, have need of continuous care and treatment distributed over a 5-day schedule | Up to 0.30 | Nurse (30') Physiotherapist (30') Physician (30') Socio-medical operator (60') | 5 days a week 8 hours a day |
| 2B | Second-level integrated home care (formerly ADI) | Type of care meant for patients who, though they do not present especially critical problems or complex symptoms, have need of continuous care and treatment distributed over a 6-day schedule | Up to 0.50 | Nurse (45') Physiotherapist (45') Dietician (30') Physician (45') Socio-medical operator (60'-90') | 6 days a week 10 hours a day, Monday through Friday 6 hours on Saturday |
| 3A | Third-level integrated home care (formerly OD) | Care consisting of professional treatment for patients who have needs with a high level of complexity in the presence of specific critical problems | Greater than 0.50 | Nurse (60') Physiotherapist (60') Dietician (60') Psychologist (60') Physician and/or specialised physician (60') Socio-medical operator (60'-90') | 7 days a week 10 hours a day, Monday through Friday 6 hours a day on weekends and holidays Continuous medical care guaranteed |
| 3B | Palliative care for the terminally ill (formerly OD CP) | Care consisting of professional treatment for patients who have needs with a high level of complexity in the presence of specific critical problems | Greater than 0,60 | Nurse (60') Physiotherapist (60') Dietician (60') Psychologist (60') Physician and/or specialised physician (60') Socio-medical operator (60'-90') | 7 days a week 10 hours a day, from Monday to Friday 6 hours a day on weekends and holidays Continuous medical care guaranteed 24 hours |

* CIA = Care Intensity Coefficient GEA = Day of Effective Assistance GDC = Days of Care (duration of PAI)

Family Planning Clinics

At the Family Planning Clinics you will find a social health service addressed to men, women, kids (see *Other rights of adolescents*), individuals or couples, that will help you preventing and solving personal and interpersonal problems of families or couples, helped by social workers, psychologists, obstetricians, gynecologists, paediatricians, nurses. The advisory service is free and you can access it without medical prescription. The access is available for Italian and foreign citizens and for temporary residents. Family Planning Clinics main activities are:

- psychological and social consultancy and support, health education and prevention of social distress addressed to individuals, couples or families;

- pre-conceptional, pregnancy and post-pregnancy social health assistance. Check-ups during pregnancy, childbirth preparation courses, obstetrical postpartum assistance (also at home);
- youth consultancy service, sexual education;
- contraceptive education, consultancy on sexually transmitted diseases, on voluntary interruption of pregnancy and emergency contraception;
- health care for women before and during menopause;
- prevention of cervical and breast cancer;
- family mediation for separated people.

ASL 1 • AVEZZANO SULMONA L'AQUILA

Family Planning Clinics

| Base | Address | Telephone | Consulting hours |
|----------------------|-------------------------|------------------------|--|
| Area L'Aquila | | | |
| L'Aquila | P.O. Collemaggio | 0862 368 844 / 950 | Mondays to Fridays 9.00-13.00 Mondays to Thursdays also 15.30-17.30 |
| Montereale | Via Molinella, 1 | 0862 901 022 | on Mondays, Tuesdays and Thursdays 9.00-13.00 |
| Paganica | Via Fioretta,35 | 0862 686 82 | Mondays to Fridays 9.00-13.00 on Tuesdays and Thursdays also 15.30-17.30 |
| Rocca di Mezzo | SS 5 bis | 0862 917 338 | on Wednesdays 9.00-13.00 |
| San Demetrio | Via XXIV Maggio | 0862 810 141 | on Mondays, Tuesdays, Thursdays and Fridays 9.00-13.00 on Mondays and Tuesdays also 15.00-17.00 |
| Area Marsica | | | |
| Avezzano | Via Monte Velino, 18 | 0863 4998 48 / 49 / 46 | on Mondays and Thursdays 8.00-19.00 on Tuesdays 8.00-17.00; on Wednesdays 8.00-18.00 on Fridays 8.00-14.00 |
| Carsoli | Via Mazzini, 1 | 0863 909 435 | on Mondays and Fridays 8.00-14.00 on Tuesdays 8.30-14.30 |
| Celano | Via della Sanità | 0863 711 173 | on Tuesdays 8.00-17.00; on Wednesdays and Thursdays 8.00-14.00 |
| Civitella Roveto | Piazzale della Stazione | 0863 979 051 | on Mondays, Wednesday, Thursdays and Saturdays 8.00-14.00 on Tuesdays 8.00-17.00; Thursdays also 15.00-18.00 |
| Luco dei Marsi | Via Mascagni | 0863 52436 | Mondays to Saturdays 8.00-14.00 on Tuesdays and Thursdays also 15.00-19.00 |

Family Planning Clinics

| Base | Address | Telephone | Consulting hours |
|-----------------------------|---|-------------------------|--|
| Area Marsica | | | |
| Pescina | Via Serafino Rinaldi | 0863 899 1 | Mondays to Saturdays 8.00-14.00 on Thursdays also 15.00-18.00 |
| Tagliacozzo | Via Tiburtina Variante | 0863 6992 60 / 64 / 61 | on Mondays and Thursdays 8.30-18.00 on Tuesdays 8.30-14.00 on Wednesdays and Fridays 8.30-14.30 |
| Area Pelino-Sangrino | | | |
| Castel di Sangro | Via De Pedra | 0864 899 287 | Mondays to Saturdays 8.30-14.00 on Tuesdays and Thursdays also 14.30-17.30 |
| Castelvecchio Subequo | Via Nazionale <i>Social welfare only</i> | 0864 90722 / 714 | on Mondays and Wednesdays 8.30-13.30 and 14.30-18.00 on Tuesdays, Thursdays, Fridays and Saturdays 8.30-14.00 |
| Pratola Peligna | Via Valle Madonna | 0864 272 910 | Mondays to Fridays 8.30-14.00 on Mondays and Thursdays also 15.00-18.00 |
| Sulmona | Via Gorizia, 4 | 0864 499 63 / 608 / 620 | Mondays to Fridays 8.30-14.00 on Mondays also 15.00-19.00; on Wednesdays also 16.00-19.00 on Thursdays also 15.00-18.00 |

ASL 2 • LANCIANO VASTO CHIETI

Family Planning Clinics Toll-free number 800 214 57 **active Mondays to Fridays 9.00-12.00,
on Tuesdays and Thursdays also 15.00-17.00**

| Base | Address | Telephone |
|---------------------------|--|--------------------------------|
| Atessa | Hospital - Via Ianico | 0872 864 309 - 0871 864 205 |
| Casalbordino | Via Porta Nuova, 8 | 0873 902 285 |
| Casoli | Via Aventino | 0872 989 256 |
| Castiglione Messer Marino | Health District - Via Alcide De Gasperi | 0873 978 440 - 0873 397 8235 |
| Chieti | Via Nicola Nicolini, 1 | 0871 358 213 / 860 / 844 |
| Chieti Scalo | Piazzale Marconi | 0871 565 102 |
| Fossacesia | Health District - Via Polidori | 0872 607 708 |
| Franca Villa al Mare | Health District - Via Valle Anzuca | 085 810 626 |
| Gissi | Health District - Via Italia | 0873 947 321 - 0873 947 311 |
| Guardiagrele | Hospital - Via Marruccina, 28 | 0871 899 233 |
| Lama dei Peligni | Health District - Via Calata Frentana, 1 | 0872 91397 |
| Lanciano | Via Don Minzoni, 28 | 0872 721 301 / 305 / 309 / 310 |
| Ortona | Piazza San Francesco | 085 9173 220 / 221 |
| San Giovanni Teatino | Via Cavour, 2/4 | 085 446 3505 |
| San Salvo | Via Pascoli | 0873 343 262 |
| San Vito Chietino | Via Raffaello Sanzio, 53 | 0872 61452 |
| Vasto | Health District - Via Michetti | 0873 308 762 / 753 / 760 / 764 |
| Villa Santa Maria | Health District - Via Roma, 2 | 0872 944 460 |

ASL 3 • PESCARA

Family Planning Clinics

consultori@ausl.pe.it

| Base | Address | Telephone | E-mail |
|---|-----------------------------------|--------------------------------|--|
| Catignano | Town Hall | 085 841 615 | |
| Città Sant'Angelo | Largo Baiocchi | 085 4253 305 / 322 | consultorio.csa@ausl.pe.it |
| Montesilvano | Corso Umberto, 447 | 085 4253 351 / 352 / 365 / 364 | consultorio.montesilvano@ausl.pe.it |
| Penne | Contrada Carmine, 107 | 085 8276 522 / 3 / 4 / 5 | consultorio.penne@ausl.pe.it |
| Pescara | Via Milli, 2 | 085 4254 980 | consultorio.viamilli@ausl.pe.it |
| Pescara Nord | Via Nazionale Adriatica Nord, 140 | 085 4253 470 / 1 / 2 | consultorio.penornd@ausl.pe.it |
| Pescara Sud | Via Pesaro, 50 | 085 4253 975 / 903 | consultorio.pescarasud@ausl.pe.it |
| Pescara - Non EU Outpatients' Clinic | | | |
| | Via Pesaro, 50 | 085 4253 960 | |
| Pianella | Via Santa Lucia | 085 971 376 | |
| Popoli | Via Aldo Moro, snc | 085 9898 392 / 394 / 406 | consultorio.popoli@ausl.pe.it |
| Scafa | Viale della Stazione | 085 9898 817 | consultorio.scafa@ausl.pe.it |
| Spoltore | Via del Convento | 085 4253 611 | consultorio.spoltore@ausl.pe.it |

ASL 4 • TERAMO

Family Planning Clinics

| Base | Address | Telephone |
|----------------------|--------------------|--------------------------------------|
| Atri | Via Finocchi | 085 8707 821 / 827 / 846 |
| Giulianova | Via Ospizio Marino | 085 8020 809 / 810 / 811 |
| Montorio al Vomano | Contrada Piane | 0861 429 904 / 905 / 910 |
| Nereto | Via Marco Iachini | 0861 888 241 / 246 / 247 / 279 |
| Roseto degli Abruzzi | Piazza Marco Polo | 085 8020 888 / 889 / 890 / 891 |
| Silvi | Via Taranto | 085 9352 796 |
| Teramo | Contrada Casalena | 0861 420 528 / 592 / 594 / 598 / 596 |
| Tortoreto | Via Isonzo | 0861 787 700 |

How to ask for prosthetic and rehabilitation devices

You can ask for prosthesis and aids (beds, wheelchairs, braces, walking frames, ocular prosthesis and hearing aids, medical corsets, etc.) for social and functional recovery

if you are affected by a physical and sensory discomfort. You have to apply at the Rehabilitation Service in your ASL, attaching the documentation of your specialist doctor.

ASL 1 • AVEZZANO SULMONA L'AQUILA

| Base | Address | Telephone |
|------------------|---------------------------------------|--------------------|
| Avezzano | ex Polio Centre - Via Don Minzoni, 82 | 0863 499 025 / 026 |
| Castel di Sangro | Via Vaccaio, 3 | 0864 843 255 |
| L'Aquila | Via Gaetano Bellisari - Collemaggio | 0862 368 844 / 950 |
| Sulmona | Via Gorizia, 4 | 0864 499 617 |

ASL 2 • LANCIANO VASTO CHIETI

| Base | Service | Structure | Address | Telephone |
|---------------------------|---------|------------------------------|-------------------------|------------------------------|
| Atessa | PUA | District supplies department | Via Ianico | 0872 864 264 |
| Casoli | PUA | District supplies department | | 0872 989 302 / 303 |
| Casalbordino | PUA | District supplies department | Via Porta Nuova, 6 | 0873 900 598 |
| Castiglione Messer Marino | PUA | District supplies department | Via Alcide De Gasperi | 0873 975 055 0873 947 319 |
| Chieti | PUA | | Via Tiro a Segno | 0871 357 875 |
| Francavilla al Mare | PUA | Health District | Contrada Alento | 085 9174 227 / 206 / 218 |
| Gissi | PUA | Health District | Via Italia | 0873 975 055 0873 947 319 |
| Guardiagrele | PUA | Health District | Via Anello, 10 | 0871 899 304 |
| Lama dei Peligni | PUA | District supplies department | | 0872 916 148 |
| Lanciano | PUA | Health District | Via Don Minzoni | 0872 706 953 |
| Ortona | PUA | Health District | Piazza San Francesco, 4 | 085 917 3305 / 3307 |
| San Salvo | PUA | District supplies department | Via Alcide De Gasperi | 0873 544 9239 |
| Torricella Peligna | PUA | District supplies department | | 0872 969 382 |
| Vasto | PUA | Health District | Via Michetti, 86 | 0873 308 738 |
| Villa Santa Maria | PUA | Health District | Via Roma, 37 | 0872 944 460 |

ASL 3 • PESCARA

| Base | Service | Structure | Address | Telephone / Fax |
|---------|------------------------|----------------------------|--|--|
| Penne | Rehabilitation Service | Health District | Contrada Carmine, 107 | 085 8276 529 / 530 |
| Pescara | Rehabilitation Service | Old Hospital ex Surgery | Via Renato Paolini, 45 ground floor | 085 4254 962 / 965 085 4254 968 / 969 fax 085 4254 961 |
| Popoli | Rehabilitation Service | Health District | Via Aldo Moro, 10 | 085 9898 372 |

ASL 4 • TERAMO

| Base | Address | Telephone |
|------------|------------------------|--------------------------|
| Atri | Via Finocchi | 085 870 7823 / 7829 |
| Giulianova | Hospital - Via Gramsci | 085 802 0933 |
| Nereto | Via Lenin | 0861 888 203 / 235 |
| Teramo | Via Cesare Battisti, 7 | 0861 429 980 / 981 / 982 |

How to obtain integrative assistance

This service provides disposable medical devices (incontinence pads, catheters, devices for ostomates), devices for diabetics, diet products if you are affected by

celiac diseases or metabolic congenital abnormalities, and diet aprotic products for nephropathic patients and oxygen therapy.

ASL 1 • AVEZZANO SULMONA L'AQUILA

| Base | Address | Telephone |
|------------------|---------------------------------------|--------------------|
| Avezzano | ex Polio Centre - Via Don Minzoni, 82 | 0863 499 025 / 026 |
| Castel di Sangro | Via Vaccaio, 3 | 0864 843 255 |
| L'Aquila | Via Gaetano Bellisari - Collemaggio | 0862 368 844 / 950 |
| Sulmona | Via Gorizia, 4 | 0864 499 617 |

ASL 2 • LANCIANO VASTO CHIETI

You can address the PUA in the Health Districts and in the Districts Supplies Departments

ASL 3 • PESCARA

Rehabilitation Service

| Base | Structure | Address | Telephone | Fax |
|---------|----------------------------|--|--------------------------|--------------|
| Penne | Health District | Contrada Carmine, 107 | 085 8276 529 / 530 | |
| Pescara | Old Hospital ex Surgery | Via Renato Paolini, 45 ground floor | 085 4254 964 / 965 / 963 | 085 4254 961 |
| Popoli | Health District | Via Aldo Moro, 10 | 085 9898 372 | |

ASL 4 • TERAMO

| | |
|--|--|
| Disposable medical devices | On specialist prescription, to hand over to the Rehabilitation Service (see addresses and telephone numbers at page 51), the devices are distributed through the Service itself and/or through Hospital Pharmacies |
| Home oxygen therapy | Can be obtained with a prescription from a respiratory specialist, who sends the request to the pharmaceutical service, which makes arrangements for the delivery |
| Diet products for celiac people | On certification of the Regional Reference Centre, to hand over to the authorized Health District, you can go to every pharmacy or store operating within the National Health Service |
| Diet products for nephropathic patients | On prescription of the hospital or university nephrologist, you can go directly to the Hospital Pharmacies |

How to obtain the direct distribution of medicines

You can collect your medicines directly at the Hospital Pharmacy if you are a discharged patient, if you use medicines classified as H range (Hospital), medicines for PTH (Hospital Therapeutic Handbook), apoteic products, artificial feeding and medicines for patients on ADI (Integrated Home Assistance).

ASL 1 • AVEZZANO SULMONA L'AQUILA

| Base | Structure | Address | Telephone |
|------------------|-----------|----------------------------------|--------------|
| Avezzano | Hospital | Via G. Di Vittorio | 0863 499 414 |
| Castel di Sangro | Hospital | Via della Croce | 0864 899 216 |
| L'Aquila | Hospital | Via L. Natali - Località Coppito | 0862 368 587 |
| Sulmona | Hospital | Viale G. Mazzini | 0864 499 269 |

ASL 2 • LANCIANO VASTO CHIETI

| Base | Structure | Address | Telephone |
|--------------|-----------|---------------------------|---------------------|
| Atessa | Hospital | Via Antonio Gramsci, 1 | 0872 864 415 |
| Chieti | Hospital | Via dei Vestini | 0871 358 206 |
| Guardiagrele | Hospital | Via Anello, 10 | 0871 899 271 |
| Lanciano | Hospital | Via per Fossacesia, 1 | 0872 706 495 |
| Ortona | Hospital | Contrada Santa Liberata | 085 917 2243 / 2202 |
| Vasto | Hospital | Via San Camillo de Lellis | 0873 308 338 |

ASL 3 • PESCARA

| Base | Structure | Address | Telephone | Consulting hours |
|---------|-------------------|---------------------------|----------------------------------|---|
| Penne | Hospital Pharmacy | Via Battaglione Alpini, 1 | 085 8276 260 / 329 | on Mondays, Wednesday and Fridays 11.00-13.30 on Tuesdays and Thursdays 9.30-13.30 |
| | Hospital | | 085 8276 389 fax 085 8276 390 | |
| Pescara | Hospital Pharmacy | Via Renato Paolini, 45 | 085 4252 383 | Mondays to Fridays 9.00-14.00; Saturdays and Eves of holidays 9.00-13.00 |
| | Hospital | | fax 085 4252 918 | |
| Popoli | Hospital Pharmacy | Via Saffi, 118 | 085 9898 203 | on Tuesdays and Thursdays 10.00-13.00 |
| | Hospital | | fax 085 9898 421 | |

ASL 4 • TERAMO

| Base | Structure | Address | Telephone |
|------------|-----------|---------------------|---|
| Atri | Hospital | Viale Risorgimento | 085 8707 508 |
| Giulianova | Hospital | Via Antonio Gramsci | 085 8020 410 / 277 |
| Sant'Omero | Hospital | Via alla Salara, 69 | 0861 888 320 |
| Teramo | Hospital | Piazza Italia | Medicines distribution 0861 429 715 Distribution of medical devices for diabetics and ostomates 0861 429 782 |

How to ask for transport for disabled people

You can ask for ambulance transport if you are not transportable with common means of transport because you're on a stretcher, to go to and from public or accredited health stations for hospitalization, therapeutic/diagnostic Day Hospital, outpatient rehabilitative treatments, radiotherapy or antitlastic treatments, specialist visits.

The certification of non transportability with common means of transport has to be written by the MMG/PLS and authorized by your Health District, by the de-

partment doctor and by the Health Director or by the doctor of the accredited structure and authorized by the territorial Health District. After that you can book the ambulance in the structures operating within your ASL.

TRANSPORT FOR PERSONS IN DIALYSIS

If you are a person in dialysis, your transport is directly managed by the dialysis department of the Hospital.

Forensic Medicine

This service provides administrative and certification activities through the application of medical knowledge on law.

Activities:

- A-B and superior driving licences grant and renewal;
- grant and renewal of boating licences;
- grant and renewal of gun licences;
- fiscal visits and medical-legal certifications;

- assessment of psychophysical fitness to work;
- visits for *cessione del quinto* (loan paid back through deduction of one fifth of the paycheck);
- suitability to conduct toxic gases and steam boilers;
- medical waivers for safety belts;
- visits for disabled parking permits.

ASL 1 • AVEZZANO SULMONA L'AQUILA

| Base | Address | Telephone |
|------------------|-------------------------------------|--------------|
| Avezzano | Via Monte Velino, 18 | 0863 499 827 |
| Castel di Sangro | Corso Vittorio Emanuele, 43 | 0864 899 276 |
| L'Aquila | Via Gaetano Bellisari - Collemaggio | 0862 368 928 |
| Sulmona | Via Gorizia, 4 | 0864 499 609 |

ASL 2 • LANCIANO VASTO CHIETI**Forensic Medicine 0871 358 749**

| Base | Address | Telephone |
|----------|----------------------------|--------------------------|
| Chieti | Via Martiri Lancianesi, 19 | 0871 358 744 |
| Lanciano | Via Silvio Spaventa, 37 | 0872 706 749 |
| Vasto | Via Michetti, 86 | 0873 308 771 / 792 / 793 |

ASL 3 • PESCARA**Licences Renewal Office**

| Base | Structure | Address | Telephone |
|-------------------|-----------------|-------------------------|--------------------|
| Cepagatti | Health District | Via Duca degli Abruzzi | 085 974 535 |
| Città Sant'Angelo | Health District | Largo Baiocchi, 2 | 085 4253 306 |
| Montesilvano | Health District | Corso Umberto, 447 | 085 4253 359 |
| Penne | Health District | Contrada Carmine | 085 8276 537 / 534 |
| Pescara Sud | Health District | Branch - Via Pesaro, 50 | 085 4254 058 |
| Popoli | Health District | Via Aldo Moro, 10 | 085 9898 804 |
| Scafa | Health District | Via della Stazione, 61 | 085 9898 812 |
| Spoltore | Health District | Via del Convento | 085 4253 601 / 607 |

ASL 4 • TERAMO**Forensic Medicine 0861 429 943 / 970**

| Base | Structure | Address | Telephone / Fax | Consulting hours |
|----------------------|---|------------------------|--|--|
| Atri | Health District | Via Finocchi, 1 | 085 8707 804 085 8707 806 085 8707 807 fax 085 8707 818 | on Mondays 8.30-12.00 on Tuesdays 10.00-12.30 on Wednesdays 10.00-12.30 and 15.00-17.00 on Thursdays 8.30-12.00 on Fridays 8.30-11.00 |
| Giulianova | | Via Ospizio Marino, 8 | 085 8020 807 / 812 | on Tuesdays and Thursdays 9.00-13.00 and also 15.30-18.00 |
| Montorio al Vomano | Health District | Contrada Piane | 0861 429 902 / 911 fax 0861 429 908 | Mondays to Fridays 8.30-13.00 |
| Nereto | Health District | Via Marco Iachini | 0861 888 215 fax 0861 888 219 | Mondays to Fridays 8.30-12.30 |
| Roseto degli Abruzzi | Health District | Via Adriatica | 085 8020 864 / 867 | on Mondays, Wednesdays and Fridays 9.00-13.00 |
| Teramo | Uoc Main Office Forensic Medicine and Social Safety | Via Cesare Battisti, 7 | 0861 429 943 / 944 | Mondays to Fridays 8.30-12.30 on Tuesdays and Thursdays also 15.30-17.00 |

How to ask for...**HANDICAP ASSESSMENT LAW 104/92 AND LAW 118/71**

You have to go to your MMG/PLS who will draft the certification online and send it to the INPS, then you will have to go to a Patronage, who will fill the form in and send

it to the INPS online. The INPS will then call you for a visit and after that will send the record to your address.

COMPENSATION FOR WHO SUFFERED DAMAGES LAW 210/92

You can ask for it if you have been damaged by complications set in because of mandatory vaccinations and blood or

blood products transfusions. The forensic medicine unit executes the preliminary phase of the practice.

ISSUE OF SPECIAL LICENCES

You have to ask for this licence if you are an handicapped person, or you suffer from organic diseases such as heart diseases, diabetes, epilepsy, etc. after a visit made

by the Local Medical Commission for Licences (CML). You have to apply at the CML at the Forensic Medicine Service, providing your health documentation.

ASL 1 • AVEZZANO SULMONA L'AQUILA

| Base | Structure | Address | Telephone |
|----------|-----------------|-------------------------------------|------------|
| L'Aquila | Health District | Via Gaetano Bellisari - Collemaggio | 0862 22209 |

ASL 2 • LANCIANO VASTO CHIETI

| Base | Structure | Address | Telephone |
|--------|-----------------------|----------------------------|--------------|
| Chieti | Provincial commission | Via Martiri Lancianesi, 19 | 0871 358 764 |

ASL 3 • PESCARA

| Base | Structure | Address | Telephone |
|-------------|-----------------|-----------------------|--------------|
| Pescara Sud | Health District | Via Pesaro, 50 branch | 085 4254 058 |

ASL 4 • TERAMO

| Base | Structure | Address | Telephone / Fax | Consulting hours |
|--------|-------------------|------------------------|--|------------------|
| Teramo | Forensic Medicine | Via Cesare Battisti, 7 | 0861 429 943 / 944 fax 0861 429 989 | 12.30-13.30 |

DISABLED PARKING PERMITS

You can ask for it if your ability to walk is markedly reduced. You have to apply at the Forensic Medicine Service providing the medical documentation which certifies your state of health. You will be given an appointment for a medical visit through which, if your reduced ability to walk will be certified,

you will be issued a certificate that you will have to show in your Municipality of residence.

The Municipality or the Police Headquarter will issue you a permit that will allow you to park in the reserved areas.

See addresses in *Forensic Medicine*.

Prison Medicine

Since 2008 the SSN, and consequently the regional Health Service, are providing health assistance to inmates.

DGR no. 544/2008 has defined the way to transfer the health competences to the regional ASL and the organizational model which has provided the institution of Oper-

ative Units of Prison Medicine with tasks of coordination and administration of the activities, in order to guarantee the essential levels of assistance in prison.

Every ASL guarantees prevention and primary and specialist assistance in every penitentiary of the territory.

ASL 1 • AVEZZANO SULMONA L'AQUILA

| Base | Address | Telephone | Fax |
|---------|---------------------|--------------|--------------|
| Sulmona | Via Porta Romana, 3 | 0864 499 512 | 0864 499 513 |

ASL 2 • LANCIANO VASTO CHIETI

| Base | Service | Address | Telephone |
|----------|-----------------------|------------------------|--------------------|
| Chieti | Prison Medical Clinic | Via Ettore Janni 30 | 0871 344 801 |
| Lanciano | Prison Medical Clinic | Villa Stanazzo, 212a | 0872 716 509 |
| Vasto | Prison Medicine | Via Marco Polo, 55a | 0873 308 607 / 618 |
| | Prison Medical Clinic | Via Torre Sinello, 23a | 0873 310 901 |

ASL 3 • PESCARA

| Base | Service | Structure | Telephone |
|---------|-----------------|-------------------|----------------------------------|
| Pescara | Prison Medicine | Health Department | 085 4253 591 fax 085 4253 590 |

The Office of Penitentiary Medicine of the Pescara ASL also provides psychological assistance to minors who enter the penitentiary system as wards of the Juvenile Court in its various forms

ASL 4 • TERAMO

| Base | Service | Structure | Address | Telephone |
|--------|---------------------------|-------------------|----------------------------|--------------|
| Teramo | Prison Medicine | General Direction | Circonvallazione Ragusa, 1 | 0861 420 215 |
| | Intramural Health Service | Prison | Contrada Castrognone | 0861 417 486 |

The Office of Penitentiary Medicine of Teramo also provides psychological assistance to minors who enter the penitentiary system as wards of the Juvenile Court in its various forms. For information: 0861 420 215

Hospitals

Hospitals (*Presidi Ospedalieri*, PO) contribute to promote, maintain and restore the health conditions of the population, ensuring specialist services for hospitalized, Day Hospital and Day Sur-

gery patients, and also outpatient treatments. They are organized in Departments, made up by Simple Operative Units (UOs), Complex (UOC) or Departmental (UOSD).

ASL 1 • AVEZZANO SULMONA L'AQUILA

Avezzano - SS. Filippo e Nicola Hospital - Via G. Di Vittorio - Telephone 0863 4991

| | | | | |
|---------------------------|-----------|--------------|-----|--------------|
| Health Department | telephone | 0863 499 386 | fax | 0863 499 388 |
| Administrative Department | telephone | 0863 499 706 | fax | 0863 499 281 |

| Service - Operative Unit | Telephone | Service - Operative Unit | Telephone |
|---|--------------|---------------------------------|--------------|
| Allergology | 0863 499 738 | Infectious Diseases | 0863 499 298 |
| Anaesthesia | 0863 499 377 | Intensive Care | 0863 499 356 |
| Angiology | 0863 499 323 | Medical Laboratory | 0863 499 742 |
| Blood Transfusion Centre | 0863 499 420 | Morbid Anatomy | 0863 499 472 |
| Brief Intensive Observation (Obi) | 0863 499 972 | Neurology | 0863 499 269 |
| Cardiology - UtiC | 0863 499 449 | Neurosurgery | 0863 499 322 |
| Clinical Pathology | 0863 499 742 | Oncology | 0863 499 249 |
| Diabetes | 0863 499 334 | Ophthalmology | 0863 499 242 |
| Dialysis | 0863 499 372 | Otolaryngology | 0863 499 225 |
| Digestive Endoscopy | 0863 499 312 | Paediatrics and Neonatology | 0863 499 217 |
| First Aid | 0863 499 329 | Pharmacy | 0863 499 414 |
| General Medicine | 0863 499 257 | Radiology and Interventional Rx | 0863 499 391 |
| General Surgery | 0863 499 232 | Respiratory Physiopathology | 0863 499 726 |
| Geriatrics and Geriatric Long-term Care | 0863 499 955 | Vascular Surgery | 0863 499 730 |
| Gynecology and Obstetrics | 0863 499 202 | Urology | 0863 499 225 |
| Haematology | 0863 499 498 | | |

ASL 1 • AVEZZANO SULMONA L'AQUILA

Castel di Sangro - San Francesco Caracciolo Hospital- Via della Croce - Telephone 0864 8991

| | | | | |
|---------------------------|-----------|--------------|-----|--------------|
| Health Department | telephone | 0864 899 203 | fax | 0864 899 296 |
| Administrative Department | telephone | 0864 899 206 | fax | 0864 899 332 |

| Service - Operative Unit | Telephone | Service - Operative Unit | Telephone |
|--------------------------|--------------------|------------------------------------|--------------|
| Blood Collection Centre | 0864 899 200 / 222 | Haemodialysis | 0864 899 232 |
| Cardiology | 0864 899 247 | Internal Pharmacy | 0864 899 216 |
| Diabetes | 0864 899 253 | Medical Laboratory | 0864 899 260 |
| First Aid | 0864 899 265 / 201 | Obstetrics Outpatients' Department | 0864 899 225 |
| General Medicine | 0864 899 298 | Orthopaedics and Traumatology | 0864 899 282 |
| General Surgery | 0864 899 282 | Radiology | 0864 899 256 |

L'Aquila - San Salvatore Hospital - Via Lorenzo Natali - Località Coppito

| Service - Operative Unit | Telephone | Service - Operative Unit | Telephone |
|---|------------------------------|--|------------------------------|
| Health Department | 0862 368 513 / 514 | Pneumology | 0862 368 629 |
| Administrative Department | 0862 368 504 | Sr | 0862 368 298 |
| Anaesthesia and Intensive Care and Post-intensive Therapy | 0862 368 646 | Surgical Senology - Outpatients' Clinic | 0862 368 730 |
| Breast Unit | 0862 368 730 | Surgical Senology - Department | 0862 368 536 |
| Cardiology | 0862 368 641 | Territorial Pharmaceuticals | 0862 368 277 |
| CRIT | 0862 368 568 | Territorial Rehabilitation | 0862 368 444 |
| Dentistry | 0862 368 521 | University Anaesthesia and Intensive Care 2 | 0862 368 646 |
| Dermatology | 0862 368 595 | University Gastroenterology | 0862 368 760 |
| Diabetes | 0862 368 675 | Hepatology and Nutrition | |
| Dialysis | 0862 368 745 | University General Surgery | 0862 368 307 |
| Endocrinology | 0862 368 678 | University Gynecology and Obstetrics | 0862 368 291 0862 368 779 |
| First Aid | 0862 368 393 / 395 | University Infantile Neuropsychiatry | 0862 368 510 |
| Geriatrics | 0862 368 580 | University Internal Medicine 1 | 0862 368 571 |
| Haematology | 0862 368 354 / 359 | University Internal Medicine 2 | 0862 368 585 |
| Haematology - Day Hospital | 0862 368 595 | University Maxillofacial Surgery | 0862 368 521 |
| Health Physics | 0862 368 305 | University Medical Andrology | 0862 368 338 |
| Helicopter | 0862 463 011 | University Medical Genetics | 0862 368 591 |
| Hospital General Surgery | 0862 368 312 | University Medical Oncology | 0862 368 750 |
| Hospital Gynecology and Obstetrics | 0862 368 665 | University Neurological Clinic | 0862 368 324 |
| Hospital Internal Medicine | 0862 368 315 | University Neurosurgery | 0862 368 213 |
| Hospital Pharmacy | 0862 368 587 | University Oncologic and Molecular Dermatology | 0862 368 518 |
| Hospital Radiology 1 | 0862 368 768 | University Ophthalmology Clinic | 0862 368 732 |
| Hospital Rehabilitation | 0862 368 705 | University Organ Transplants | 0862 368 256 |
| Infectious Diseases | 0862 368 274 | University Paediatric Clinic | 0862 368 607 |
| Internal Medicine and Néphrologie | 0862 368 315 | University Radiology 2 | 0862 368 774 |
| Long-term Care and Rehabilitation | 0862 368 577 | University Radiotherapy | 0862 368 795 |
| Medical laboratory (Laboratory Medicine) | 0862 368 689 0862 368 686 | University Surgery and Endoscopic Diagnostics | 0862 368 560 |
| Morbid Anatomy | 0862 368 767 | University Vascular and Endovascular Surgery | 0862 368 307 |
| Neonatology and Intensive Neonatal Therapy | 0862 368 780 | Urgency - Medical Emergency - 118 and Neonatal Transport | 0862 368 764 |
| Neuro-Physiopathology | 0862 368 777 | Urology | 0862 368 231 |
| Neurology | 0862 368 324 | Uric | 0862 368 598 |
| Nuclear Medicine | 0862 368 770 | | |
| Orthopaedics | 0862 368 269 | | |
| Otolaryngology | 0862 368 536 | | |

Sulmona - SS. Annunziata Hospital - Viale Giuseppe Mazzini - Telephone 0864 4991

| Service - Operative Unit | Telephone | Service - Operative Unit | Telephone |
|--------------------------------|---|---------------------------------|--------------|
| Health Department | telephone 0864 499 351 fax 0864 499 368 | Nuclear Medicine | 0864 499 267 |
| Administrative Department | telephone 0864 499 374 fax 0864 499 375 | Obstetrics and Gynaecology | 0864 499 263 |
| Allergy | 0864 499 253 | Ophthalmology | 0864 499 388 |
| Anaesthesia and Intensive Care | 0864 499 270 | Orthopaedics | 0864 499 287 |
| Blood Transfusion Centre | 0864 499 431 | Otolaryngology | 0864 499 452 |
| Cardiology - Uric | 0864 499 227 / 385 | Paediatrics and Neonatology | 0864 499 229 |
| Diabetes | 0864 499 308 | Pharmacy | 0864 499 269 |
| First Aid | 0864 499 232 | Physic Therapy | 0864 499 296 |
| General Surgery | 0864 499 410 | Radiology | 0864 499 283 |
| Haematology - Oncology | 0864 499 298 | Surgical Endoscopy | 0864 499 211 |
| Medical Laboratory | 0864 499 250 | Surgical Laparoscopy | 0864 499 202 |
| Medicine - Geriatrics | 0864 499 398 | Urology | 0864 499 234 |
| Morbid Anatomy | 0864 499 200 | Vascular Diagnostic - Angiology | 0864 499 399 |
| Nephrology and Dialysis | 0864 499 360 | | |
| Neurology | 0864 499 447 | | |

Atessa - San Camillo de Lellis Hospital - Via Antonio Gramsci, 1 - Switchboard 0872 8641

| Service - Operative Unit | Telephone | Service - Operative Unit | Telephone |
|---|--------------|------------------------------------|--------------|
| Blood Collection Centre | 0872 864 310 | Medicine and Long-term Care | 0872 864 320 |
| Clinical Pathology (Medical Laboratory) | 0872 864 294 | Pharmacy | 0872 864 236 |
| Diabetes Service | 0872 864 348 | Radiology | 0872 864 229 |
| Dialysis Service | 0872 864 417 | Rehabilitation | 0872 864 336 |
| Endoscopy Service | 0872 864 214 | Surgery Aro (Orthopaedics/Surgery) | 0872 864 225 |
| First Aid | 0872 864 250 | | |

ASL 2 • LANCIANO VASTO CHIETI
Chieti - SS. Annunziata Hospital - Via dei Vestini - Switchboard 0871 3571 / 3581

| Service - Operative Unit | Telephone | Service - Operative Unit | Telephone |
|---|---|--|------------------------------------|
| Allergology | 0871 358 578 | Internal Scan | 0871 358 576 |
| Anaesthesia and Intensive Heart Surgery Therapy (Tic) | 0871 358 638 | Medical Clinic | 0871 358 056 |
| Anaesthesia Institute | 0871 358 404 | Morbid Anatomy | 0871 358 210 |
| Arrhythmology | 0871 357 342 / 344 | Neonatology and Intensive Neonatal Therapy | 0871 358 221 / 339 |
| Artificial Feeding | 0871 358 447 | Nephrology Clinic and Dialysis | 0871 358 634 / 658 0871 357 383 |
| Cardiology (Service) | Secretariat 0871 358 622 Admission 0871 357 295 Head nurse 0871 357 486 | Neurological Clinic | 0871 358 525 |
| Cardiology UTIC | Secretariat 0871 358 240 UTIC 0871 358 270 | Nuclear Medicine | 0871 357 474 |
| Clinical Pathology (Medical Laboratory) | 0871 358 242 | Obstetric-gynaecologic Clinic | 0871 358 647 0871 357 337 |
| Clinical Pathology with Molecular Medicine and Predictive Diagnostics | 0871 358 430 / 437 | Oncologic Clinic | 0871 358 006 |
| Dentistry Clinic | 0871 358 280 / 418 | Ophthalmologic Clinic | 0871 358 322 / 410 |
| Dermatologic Clinic | 0871 358 032 | Orthopaedic and Traumatology Clinic | 0871 358 263 / 359 |
| Diagnostic and Interventional Hemodynamic | 0871 357 359 0871 358 978 | Ostomates Centre | 0871 357 601 |
| Diagnostic Radiology | 0871 358 237 / 287 | Paediatric Clinic | 0871 358 015 / 021 |
| Digestive Endoscopy | 0871 358 579 / 580 | Pain Therapy - Palliative Care | 0871 358 478 |
| Endocrinal Surgery | 0871 358 202 | Pneumology | 0871 358 640 / 641 |
| ENT Clinic | 0871 358 260 / 375 | Program of Medical Activities for Intensive Geriatric Care | 0871 358 094 / 096 |
| First Aid | 0871 358 208 / 224 | Radiotherapy | 0871 358 244 |
| Health Physics | 0871 358 311 / 400 | Short Observation and Urgency Medicine | 0871 358 254 / 406 |
| Heart Surgery Clinic | 0871 358 666 | Surgical Clinic - Thoracic Surgery | 0871 358 284 |
| Hemodepurative Therapy | 0871 357 383 | Surgical Pathology | 0871 358 062 / 326 |
| Hospital Pharmacy | 0871 358 206 0871 357 568 | Territorial Emergency | 118 |
| Immunohaematology and Transfusion Medicine Service (SIMIT) - Hematologic Day Hospital | 0871 358 249 | Urinary Stones Centre | 0871 358 699 / 342 0871 357 600 |
| Infectious Diseases Clinic | 0871 358 686 | Urology and Andrology Clinic | 0871 358 253 / 415 |
| | | Vascular Surgery | 0871 357 537 0871 358 209 |

ASL 2 • LANCIANO VASTO CHIETI
Guardiagrele - Maria SS. Immacolata Hospital - Via Anello, 16 - Switchboard 0871 8991

| Service - Operative Unit | Telephone | Service - Operative Unit | Telephone |
|--------------------------------------|--------------------|--------------------------|--------------------|
| Blood Transfusion Centre | 0871 899 215 / 231 | Medical Laboratory | 0871 899 206 / 226 |
| First Aid | 0871 899 200 | | 0871 899 280 |
| Geriatrics | 0871 899 228 / 234 | Pharmacy | 0871 899 244 |
| Internal Medicine and Long-term Care | 0871 899 230 / 289 | Radiology | 0871 899 212 / 235 |

ASL 2 • LANCIANO VASTO CHIETI
Lanciano - Floraspe Renzetti Hospital - Via per Fossacesia, 1 - Switchboard 0872 7061

| Service - Operative Unit | Telephone | Service - Operative Unit | Telephone |
|---|------------------------------------|-----------------------------------|--------------------|
| Anaesthesia | 0872 706 454 / 579 | Nephrology and Dialysis | 0872 706 203 / 214 |
| Cardiology - UTIC | 0872 706 225 / 354 0872 706 363 | Neurology | 0872 706 380 / 381 |
| Cytodiagnosis | 0872 706 308 | Neurotraumatology | 0872 706 343 / 344 |
| Clinical Pathology (Medical Laboratory) | 0872 706 373 / 456 | Nuclear Medicine | 0872 706 226 / 424 |
| Consulting Room | 0872 706 452 | Obstetrics and Gynaecology | 0872 706 312 / 313 |
| Dentistry | 0872 706 371 / 372 | Oncology | 0872 706 220 / 443 |
| Dermatology | 0872 706 263 | Ophthalmology | 0872 706 345 |
| Diabetes | 0872 706 411 / 620 | Orthopaedics and Traumatology | 0872 706 325 / 329 |
| First Aid | 0872 706 305 / 230 | Otolaryngology | 0872 706 403 / 572 |
| Gastroenterology | 0872 706 340 / 449 | Paediatrics - Hospital Nursery | 0872 706 317 / 471 |
| Geriatrics | 0872 706 386 / 388 | Psychiatry - Mental Health Centre | 0872 706 496 / 626 |
| Intensive Care | 0872 706 377 / 427 0872 706 532 | Radiology | 0872 706 246 / 320 |
| Internal Medicine | 0872 706 393 / 394 | Rehabilitation | 0872 706 441 / 497 |
| Internal/Territorial Pharmacy | 0872 706 243 / 281 | Surgery | 0872 706 311 / 335 |
| Morbid Anatomy | 0872 706 210 / 307 | Transfusion Medicine | 0872 706 259 |
| | | Urology | 0872 706 340 / 358 |

ASL 2 • LANCIANO VASTO CHIETI
Ortona - Gaetano Bernabeo Hospital - Contrada Santa Liberata - Switchboard 085 9171

| Service - Operative Unit | Telephone | Service - Operative Unit | Telephone |
|---|------------------------------------|---------------------------------------|------------------------------------|
| Anaesthesia and Intensive Care | 085 9172 267 / 368 | Ophthalmology | 085 9173 227 085 9172 264 |
| Breast Surgery | 085 9172 228 | Orthopaedics and Traumatology | 085 9172 234 / 298 |
| Cardiology | 085 9172 303 | Otolaryngology | 085 9172 345 |
| Clinical Pathology (Medical Laboratory) | 085 9172 211 / 218 | Paediatrics | 085 9172 299 / 322 |
| First Aid | 085 9172 238 / 317 085 9172 882 | Pharmacy | 085 9172 202 / 239 085 9172 243 |
| Internal Medicine and Long-term Care | 085 9172 272 / 287 | PMA (Medically Assisted Reproduction) | 085 9172 230 / 289 085 9172 401 |
| Nephrology and Dialysis | 085 9172 200 / 238 | Radiology | 085 9172 213 / 216 |
| Oncologic Day Hospital | 085 9173 230 / 303 | Surgery | 085 9172 226 / 241 |
| Oncologic Gynaecology | 085 9172 258 / 281 | | |

ASL 2 • LANCIANO VASTO CHIETI
Vasto - San Pio da Pietrelcina Hospital - Via San Camillo de Lellis - Switchboard 0873 3081

| Service - Operative Unit | Telephone | Service - Operative Unit | Telephone |
|---|--------------------|----------------------------------|--------------------|
| Anaesthesia and Intensive Care | 0873 308 453 | Neurology | 0873 308 323 |
| Blood Transfusion Centre | 0873 308 224 | Obstetrics and Gynaecology | 0873 308 260 / 262 |
| Cardiology - U11c | 0873 308 296 | Oncologic Day Hospital | 0873 308 533 |
| Clinical Pathology (Medical Laboratory) | 0873 308 206 / 402 | Oncology | 0873 308 562 |
| First Aid | 0873 308 285 / 435 | Orthopaedics and Traumatology | 0873 308 335 |
| Gastroenterology | 0873 308 281 | Otolaryngology | 0873 308 229 / 230 |
| General Medicine | 0873 308 342 | Paediatrics and Hospital Nursery | 0873 308 258 |
| Geriatric Day Hospital | 0873 308 511 | Pharmacy | 0873 308 338 |
| Geriatrics | 0873 308 571 | Psychiatry | 0873 308 422 |
| Infectious Diseases | 0873 308 238 | Radiology | 0873 308 308 |
| Morbid Anatomy | 0873 308 217 | Surgery | 0873 308 328 |
| Nephrology and Dialysis | 0873 308 221 | Urology | 0873 308 269 / 271 |

ASL 3 • PESCARA
Penne - San Massimo Hospital - Via Battaglione Alpini, 1 - Switchboard 085 82761

| Service - Operative Unit | Doctors Telephone Number | Nurse Coordinator Telephone Number |
|-------------------------------------|-------------------------------------|------------------------------------|
| Health Department | telephone 085 8276 242 | fax 085 8276 392 |
| 118 | 085 8276 364 | 085 8276 264 (drivers) |
| Anatomy and Pathological Histology | 085 8276 320 | 085 8276 321 |
| Cardiology | Outpatients' Clinic Day Hospital | 085 8276 215 085 8276 296 |
| Diabetes (Service) | 085 8276 345 | 085 8276 348 |
| Digestive Endoscopy (Service) | 085 8276 222 | |
| Endocrinology - Outpatients' Clinic | 085 8276 366 | |
| First Aid | 085 8276 282 | 085 8276 350 |
| Geriatrics | 085 8276 223 | 085 8276 223 |
| Gym - Physiokinesis Therapy | 085 8276 290 | |
| Intensive Care and Anaesthesia | 085 8276 401 | 085 8276 403 |
| Medical Laboratory | 085 8276 304 | 085 8276 263 |
| Medicine | 085 8276 226 | 085 8276 227 |
| Nephrology and Dialysis | 085 8276 241 | 085 8276 377 |
| Obstetrics and Gynaecology | 085 8276 258 | 085 8276 261 |
| Oncology | 085 8276 367 | 085 8276 367 |
| Ophthalmology | 085 8276 285 | 085 8276 286 |
| Orthopaedics | 085 8276 243 | 085 8276 266 |
| Otolaryngology | 085 8276 243 | 085 8276 311 |
| Paediatrics | 085 8276 232 | 085 8276 378 |
| Radiology | 085 8276 272 | 085 8276 272 |
| Surgery - Breast Surgery (Uosp) | 085 8276 243 | 085 8276 385 |
| Urology | 085 8276 234 | 085 8276 305 |

ASL 3 • PESCARA
Pescara - Santo Spirito Hospital - Via Fonte Romana, 8 - Switchboard 085 4251

| Service - Operative Unit | Doctors Telephone Number | Nurse Coordinator Telephone Number |
|---|--------------------------|------------------------------------|
| Health Department | telephone 085 4252 420 | fax 085 4252 637 |
| Pescara, Penne, Popoli Administrative Department | telephone 085 4252 634 | |
| Nursing service of Pescara, Penne, Popoli | telephone 085 4252 255 | |
| 118 | 085 4253 152 | 085 4253 155 |
| Allergology | 085 4252 852 | 085 4252 601 |
| Alzheimer's Disease Centre | 085 4252 928 | |
| Anatomy and Pathological Histology | 085 4252 419 | 085 4252 686 |
| Antiblastic Medicines Unit (UFA) | 085 4252 354 | 085 4252 354 |
| Audiology and Cochlear Implants (Regional Centre) | 085 4252 470 | 085 4252 439 |
| Autopsies - Post-mortem Diagnosis | 085 4252 712 | 085 4252 712 |
| Blood Transfusion Centre and Blood Laboratory | 085 4252 687 | 085 4252 587 |
| Bone Marrow Transplant Centre (see U11E) | 085 4252 689 | 085 4252 958 |
| Cardiology and U11c | 085 4252 602 | 085 4252 586 |
| Clinic Haematology | 085 4252 810 | 085 4252 417 |
| Clinical Neuro-Physiopathology (Service) | 085 4252 884 | 085 4252 883 |
| Consulting Room | 085 4252 432 | 085 4252 464 |
| Day Surgery | 085 4252 691 | 085 4252 691 |
| Dermatology (Service) | 085 4252 456 | 085 4252 650 |
| Diabetes | 085 4252 696 | 085 4252 696 |
| Dentistry | 085 4252 746 | 085 4252 746 |
| Endocrinology | 085 4252 516 | 085 4252 516 |
| First Aid | 085 4252 764 | 085 4252 283 |
| Gastroenterology and Digestive Endoscopy | 085 4252 622 | 085 4252 623 |
| Geriatrics | 085 4252 728 | 085 4252 833 |
| Gynaecology - Obstetrics - Delivery Room | 085 4252 547 | 085 4252 580 |
| Gynaecology - Obstetrics - Ivg - Pregnancy Interruption | 085 4252 555 | 085 4252 549 |
| Haematology Day Hospital | 085 4252 467 | 085 4252 853 |
| Health Physics | 085 4252 848 | 085 4252 847 |
| Hospital Nursery | 085 4252 557 | 085 4252 312 |
| Infantile Neuropsychiatry | 085 4252 844 | 085 4252 843 |
| Infectious and Tropical Diseases | 085 4252 795 | 085 4252 436 |
| Intensive Care and Anaesthesia | 085 4252 475 | 085 4252 737 |
| Internal Medicine Day Hospital | 085 4252 407 | 085 4252 407 |
| Internal Scan | 085 4252 514 | 085 4252 597 |
| Medical Genetics | 085 4252 640 | 085 4252 642 |
| Medical Laboratory and Microbiology | 085 4252 510 | 085 4252 510 |
| Medicine I Nord - Day Hospital | 085 4252 692 | 085 4252 591 |
| Medicine I Nord-Ovest - Hepatology - Pneumology | 085 4252 692 | 085 4252 717 |
| Medicine II Est | 085 4252 543 | 085 4252 715 |
| Metabolic Diseases Centre | 085 4252 362 | 085 4252 715 |
| Neonatology and Intensive Therapy | 085 4252 705 | 085 4252 705 |

Pescara - Santo Spirito Hospital - Via Fonte Romana, 8 - Switchboard 085 4251

| Service - Operative Unit | Doctors Telephone Number | Nurse Coordinator Telephone Number |
|--|--------------------------|------------------------------------|
| Nephrology | 085 4252 509 | 085 4252 669 |
| Neurosurgery | 085 4252 438 | 085 4252 535 |
| Nuclear Medicine | 085 4252 793 | 085 4252 620 |
| OBI | 085 4252 345 | 085 4252 258 |
| Oncologic Psychology | 085 4252 860 | |
| Oncology - Day Hospital | 085 4252 500 | 085 4252 861 |
| Ophthalmology | 085 4252 527 | 085 4252 529 |
| Ophthalmology - Outpatients' Clinic | 085 4252 527 | 085 4252 679 |
| Orthopaedics and Traumatology | 085 4252 565 | 085 4252 582 |
| Otolaryngology | 085 4252 433 | 085 4252 682 |
| Paediatric Gastroenterology | 085 4252 914 | 085 4252 914 |
| Paediatric Nephrology and Dialysis | 085 4252 521 | 085 4252 521 |
| Paediatric Respiratory Physiopathology | 085 4252 663 | 085 4252 773 |
| Paediatric Surgery | 085 4252 589 | 085 4252 700 |
| Paediatrics | 085 4252 498 | 085 4252 494 |
| Pain Therapy and Palliative Care | 085 4252 463 | 085 4252 463 |
| Plastic Surgery | 085 4252 538 | 085 4252 616 |
| Pneumology and Respiratory Physiopathology | 085 4252 717 | 085 4252 307 |
| Psychiatry - Day Hospital | 085 4252 823 | 085 4252 823 |
| Psychiatry - Diagnosis and Treatment | 085 4252 430 | 085 4252 710 |
| Radiology | 085 4252 708 | 085 4252 503 |
| Radiotherapy | 085 4252 879 | 085 4252 878 |
| Rheumatology | 085 4252 448 | 085 4252 718 |
| Stroke Unit | 085 4252 278 | 085 4252 277 |
| Surgery 1 | 085 4252 613 | 085 4252 612 |
| Surgery 2 | 085 4252 871 | 085 4252 868 |
| TAO Centre (Prevention and Care of Hemorrhagic and Thrombotic Syndromes) | 085 4252 489 | 085 4252 971 |
| Thoracic Surgery - Bronchoscopy | 085 4252 912 | 085 4252 366 |
| Urology | 085 4252 485 | 085 4252 402 |
| UTIE | 085 4252 689 | 085 4252 958 |
| Vascular Surgery | 085 4252 452 | 085 4252 974 |

Popoli - SS. Trinità Hospital - Via Saffi, 118 - Switchboard 085 98981

Health Department telephone 085 9898 211 fax 085 9898 238

| Service - Operative Unit | Doctors Telephone Number | Nurse Coordinator Telephone Number |
|--|--------------------------|------------------------------------|
| 118 | 085 9898 313 | 085 9898 313 |
| Blood Transfusion Centre and Haematology Outpatients' Clinic | 085 9898 308 | 085 9898 414 |
| Cardiology - Outpatients' Clinic | 085 9898 256 | 085 9898 265 |
| Diabetes | 085 9898 350 | |
| Digestive Endoscopy | 085 9898 311 | 085 9898 413 |
| First Aid | 085 9898 222 | 085 9898 432 |
| Gastroenterology | 085 9898 413 | 085 9898 413 |
| Haematology Day Hospital | 085 9898 349 | 085 9898 349 |
| Intensive Care | 085 9898 275 | 085 9898 323 |
| Medical Laboratory | 085 9898 239 | 085 9898 218 |
| Medicine | 085 9898 350 | 085 9898 350 |
| Medicine - Metabolic Diseases and Nutritional Rehabilitation | 085 9898 434 | 085 9898 348 |
| Medicine and Rehabilitation Physics | 085 9898 441 | 085 9898 442 |
| Menopause Centre | 085 9898 231 | 085 9898 319 |
| Morbid and Histological Anatomy | 085 9898 343 | 085 9898 343 |
| Nephrology and Dialysis | 085 9898 214 | 085 9898 225 |
| Neurology | 085 9898 409 | 085 9898 320 |
| Obstetrics and Gynaecology | 085 9898 231 | 085 9898 319 |
| Oncology - Day Hospital | 085 9898 376 | 085 9898 287 |
| Orthopaedics - Outpatients' Clinic | 085 9898 267 | 085 9898 368 |
| Paediatrics | 085 9898 288 | 085 9898 288 |
| Physiotherapy | 085 9898 293 | 085 9898 288 |
| Radiology | 085 9898 353 | 085 9898 252 |
| Surgery | 085 9898 368 | 085 9898 271 |
| TAO Centre | 085 9898 422 | 085 9898 422 |

Atri - San Liberatore Hospital - Via Finocchi - Telephone 085 8707 801

| Service - Operative Unit | Telephone |
|--|--------------------------|
| Anaesthesia and Intensive Care | 085 8707 225 / 276 |
| Auxology and Developmental Age Nutrition Regional Centre | 085 8707 360 |
| Clinical Cardiology | 085 8707 345 / 353 / 445 |
| Cystic Fibrosis Regional Centre | 085 8707 560 |
| Diabetes | 085 8707 422 / 477 |
| Endocrine Diseases and Diabetes Service | 085 8707 262 / 444 |
| First Aid | 085 8707 200 / 207 / 292 |
| First Level Paediatrics and Neonatology | 085 8707 316 |
| Gynaecology | 085 8707 237 / 456 |
| Hospital Pharmacy | 085 8707 228 / 369 |
| Laparoscopic Surgery | 085 8707 265 / 268 |
| Medical Laboratory | 085 8707 506 / 523 |
| Medicine | 085 8707 350 / 394 |
| Mental Health Centre | 085 8707 271 / 331 |
| Morbid Anatomy | 085 8707 310 |
| Nephrology and Dialysis | 085 8707 260 / 357 |
| Ophthalmology Day Surgery | 085 8707 269 |
| Orthopaedics | 085 8707 245 / 453 |
| Radiology | 085 8707 324 / 442 / 487 |
| Surgery | 085 8707 265 / 268 |
| Urology Day Surgery | 085 8707 257 / 259 / 556 |

Giulianova - Maria SS. dello Splendore Hospital - Via Gramsci - Telephone 085 80201

| Service - Operative Unit | Telephone |
|---|--------------------|
| Anaesthesia and Intensive Care | 085 8020 271 / 299 |
| Cardiology and Uric | 085 8020 348 / 488 |
| Diabetes | 085 8020 384 / 439 |
| First Aid | 085 8020 358 |
| Geriatrics | 085 8020 288 / 446 |
| Hospital Pharmacy | 085 8020 277 |
| Medical Laboratory | 085 8020 372 / 444 |
| Medicine | 085 8020 338 / 446 |
| Mental Health Centre | 085 8020 427 |
| Metabolic Diseases, Hepatology and Pathophysiology of Nutrition | 085 8020 399 |
| Nephrology and Dialysis | 085 8020 219 / 449 |
| Nuclear Magnetic Resonance | 085 8020 392 |
| Oncology | 085 8020 342 / 463 |
| Orthopaedics | 085 8020 235 / 258 |
| Otolaryngology Day Surgery | 085 8020 226 |
| Psychiatric Service of Diagnosis and Treatment | 085 8020 302 / 347 |
| Radiology | 085 8020 228 / 585 |
| Surgery | 085 8020 247 / 452 |

Sant'Omero - Val Vibrata Hospital - Contrada alla Salara - Telephone 0861 8881

| Service - Operative Unit | Telephone |
|---|--------------------------|
| Anaesthesia - Intensive Care | 0861 888 407 / 409 |
| Diabetes | 0861 888 348 / 398 |
| First Aid | 0861 888 333 / 334 |
| First Level Paediatrics and Neonatology | 0861 888 391 / 395 |
| Geriatrics | 0861 888 431 |
| Hospital Pharmacy | 0861 888 320 / 356 |
| Medical Laboratory | 0861 888 362 / 364 / 373 |
| Medicine | 0861 888 431 / 442 |
| Obstetrics and Gynaecology | 0861 888 380 / 381 / 497 |
| Oncology | 0861 888 413 / 414 / 416 |
| Orthopaedics | 0861 888 419 / 421 / 424 |
| Proctologic Surgery | 0861 888 401 |
| Radiology | 0861 888 342 / 343 / 346 |
| Surgery | 0861 888 401 / 403 |

Teramo - Giuseppe Mazzini Hospital - Piazza Italia - Telephone 0861 4291

| Service - Operative Unit | Telephone |
|--|--------------------------|
| 118 Service | 0861 429 279 |
| Airways Diseases | 0861 429 466 |
| Allergology and Immunology | 0861 429 550 / 727 / 862 |
| Anaesthesia and Intensive Care | 0861 429 320 |
| Anaesthesia and Postoperative T.I. Heart Surgery | 0861 429 656 / 657 |
| Bronchial Endoscopy and Endoscopic Airways Surgery | 0861 429 482 |
| Cardiology - Arrhythmology | 0861 429 670 |
| Cardiology - Division | 0861 429 676 |
| Cardiology - Hemodynamics | 0861 429 643 / 645 |
| Cardiology - Outpatients' Clinic | 0861 429 341 |
| Cardiology UTric | 0861 429 665 |
| Clinical Allergology and Laboratory Diagnostic | 0861 429 697 |
| Dentistry | 0861 429 725 / 731 |
| Dermatology | 0861 429 734 |
| Diabetes | 0861 429 410 |
| First Aid | 0861 429 287 / 292 |

Teramo - Giuseppe Mazzini Hospital - Piazza Italia - Telephone 0861 4291

| Service - Operative Unit | Telephone |
|--|--------------------------------|
| First and Second Level Paediatrics and Neonatology | 0861 429 382 / 383 |
| Glaucoma Treatment Centre | 0861 429 491 / 725 / 726 |
| Haematology | 0861 429 549 |
| Heart Surgery | 0861 429 686 / 687 |
| Hospital Pharmacy | 0861 429 717 / 718 |
| Immunohaematological and Transfusion Service | 0861 429 697 / 701 |
| Infectious Diseases | 0861 429 757 / 758 |
| Interventional and Diagnostic Gastroenterology Service | 0861 429 407 |
| Interventional and Vascular Radiology | 0861 429 929 |
| Maxillofacial Surgery | 0861 429 499 |
| Medicine | 0861 429 534 / 535 / 545 / 546 |
| Morbid Anatomy | 0861 429 411 |
| Nephrology and Dialysis | 0861 429 745 / 746 |
| Neurology | 0861 429 591 / 595 |
| Neurosurgery | 0861 429 606 / 610 |
| Nuclear Medicine Service | 0861 429 347 / 348 |
| Obstetrics and Gynaecology | 0861 429 363 / 371 / 372 |
| Oncologic Surgery | 0861 429 560 |
| Oncology | 0861 429 531 / 533 / 560 / 561 |
| Ophthalmology | 0861 429 725 / 726 / 491 |
| Orthopaedics | 0861 429 288 / 454 / 458 |
| Otolaryngology | 0861 429 499 / 738 |
| Pain Therapy | 0861 429 922 |
| Physical Medicine and Rehabilitation Service | 0861 429 257 |
| Physical Medicine Service | 0861 429 586 |
| Psychiatric Service of Diagnosis and Treatment | 0861 429 705 / 707 / 708 |
| Radiology | 0861 429 310 / 933 / 936 |
| Radiotherapy | 0861 429 635 / 636 |
| Rheumatology | 0861 429 534 / 535 / 545 / 546 |
| Scan Service | 0861 429 310 / 936 |
| Senology | 0861 429 570 |
| Surgery | 0861 429 433 |
| Thoracic Surgery | 0861 429 480 / 481 |
| Urology | 0861 429 506 / 509 / 510 |
| Vascular Surgery | 0861 429 444 / 445 |
| Vitreo-retinal Surgery | 0861 429 491 / 725 / 726 |

Hospital Assistance

The hospital network of Abruzzo is composed by the hospitals of each regional ASL and by the private structures which

provide hospital services on an accreditation scheme and with supply contracts with each ASL.

Hospitalization

Urgent hospitalizations are decided by the emergency medical service at the ER. Programmed hospitalizations can be proposed by the MMG/PLS or by a specialist belonging or not to the hospital staff. Day Hospital and Day Surgery are day-care hospitalizations for diagnostic, surgical, therapeutic and rehabilitative services.

At the moment of the admission you need the hospitalization request, the Health Card, an ID card, any clinical assessment or other health documentation and your toilette case. The person assisting the patient can eat at the hospital canteen, if there is one, asking the nurse coordinator of the department for authorization.

Home Hospitalization

It is an alternative to the hospitalization and it is activated by hospital specialists in relation to defined intervention programmes for some particular pathologies.

You can be followed at home by doctors and hospital nursing staff, integrated by the district health staff.

Discharge and request of case history

While in the hospital, you may request certification of the stay from the ward, including on-line certification for your employer. At the time of discharge, you will be given a letter that you should take to your personal physician, so that he or she can examine it, and that you should keep, in the event of future controls.

Once you have been discharged, you may request your clinical history from the office where the clinical charts are kept, taking with you an ID document or, if you are going for another individual who was hospitalized, a signed authorisation stating that you can represent them, plus a photocopy of an ID document of theirs.

ASL 1 • AVEZZANO SULMONA L'AQUILA

| Base | Structure | Address | Telephone | Consulting hours |
|------------------|-----------|-------------------------------------|--------------|---|
| Avezzano | | Via G. Di Vittorio | 0863 499 387 | 12.30-13.30 <i>book by phone</i> 8.30-12.30 <i>go in person</i> |
| Castel di Sangro | Hospital | Via della Croce | 0864 899 296 | on Mondays, Tuesdays, Thursdays and Fridays 8.30-13.30 e 15.00-18.00 |
| L'Aquila | Hospital | Via L. Natali - Località Coppito | 0862 368 711 | Mondays to Saturdays 11.00-13.00 on Tuesdays and Thursdays also 15.00-17.30 |
| Sulmona | Hospital | Via G. Mazzini | 0864 499 400 | |
| Tagliacozzo | Hospital | Via Variante Tiburtina Valeria | 0863 699 214 | 8.30-13.30 |

ASL 2 • LANCIANO VASTO CHIETI

| Base | Structure | Telephone | Consulting hours |
|--------------|---|-----------------------------|---|
| Atessa | Hospital - Health Department | 0872 864 220 | Mondays to Fridays 8.00-14.00 |
| Chieti | Hospital 7° floor Node E-F | 0871 358 385 after 12.00 | Mondays to Fridays 11.30-12.00 on Tuesdays and Thursdays also 15.00-17.00 |
| Guardiagrele | Hospital - Cash office ground floor | 0871 899 246 | Mondays to Saturdays 11.30-12.30 |
| Lanciano | Hospital - Health Department ground floor | 0872 706 555 | Mondays to Fridays 12.00-12.30 |
| Ortona | Hospital 1° floor | 085 917 2269 | Mondays to Saturdays 8.30-12.30, on Thursdays also 15.30-17.30 |
| Vasto | Hospital - Via Mameli, 2 (in front of the Hospital's entrance) | 0873 308 373 | Mondays to Saturdays 10.00-12.00 |

ASL 3 • PESCARA

| Base | Structure | Telephone / Fax | Consulting hours |
|--------------------|--|----------------------------------|-------------------------------------|
| Città Sant'Angelo* | RSA | 085 4253 321 | |
| Penne | Hospital - Via Battaglione degli Alpini ground floor | 085 8276 245 fax 085 8276 392 | Mondays to Fridays 8.00-14.00 |
| Pescara | Hospital - Via Fonte Romana, 8 ground floor | 085 4252 431 fax 085 4252 310 | Mondays to Saturdays 9.00-13.00 |
| Popoli | Hospital - Via Enrico Berlinguer ground floor new building in front of the parking | 085 9898 237 | Mondays to Saturdays 11.00-13.00 |
| Tocco da Casauria | RSA | 085 9898 709 | Mondays to Saturdays 8.30-12.30 |

* The case histories can be requested and collected from the Hospital of Pescara

ASL 4 • TERAMO

| Base | Structure | Telephone / Fax | Consulting hours |
|------------|-------------------------------|----------------------------------|--|
| Atri | Hospital Via Finocchi | 085 8707 305 | Mondays to Saturdays 9.00-13.00 on Tuesdays and Thursdays also 15.00-18.00 |
| Giulianova | Hospital Via Gramsci | 085 8020 256 | Mondays to Saturdays 9.00-13.00 on Tuesdays and Thursdays also 15.00-18.00 |
| Sant'Omero | Hospital Contrada alla Salara | 0861 888 511 | Mondays to Saturdays 9.00-13.00 on Tuesdays and Thursdays also 15.00-18.00 |
| Teramo | Hospital Piazza Italia | 0861 429 274 fax 0861 429 263 | Mondays to Saturdays 9.00-13.00 on Tuesdays and Thursdays also 15.00-18.00 |

Specialist visits and diagnostic exams

See *Reservations*.

Prevention

Prevention Department

Its mission is to guarantee the protection of the health of the community, pursuing objectives of promotion of the health, prevention of diseases and disabilities, improvement of the quality of life.

The Department is structured with the following Operative Units.

HEALTH OFFICE, EPIDEMIOLOGY AND PUBLIC HEALTH

Its task is to protect the health of the citizens and of the community in the different environments, fulfilling the following activities:

- issuing of authorizations for storage and use of toxic gases;
- issuing of authorizations for mortuary police activities;
- issuing of hygienic-sanitary approval on production, storage and trade of cosmetics, pesticides and health devices;
- issuing of approvals and hygienic-sanitary suitability certificates for the opening/following controls of the following activities: tourist accommodation struc-

tures, swimming pools and bathing facilities, public and private school structures, nurseries, baby parking, medical clinics, crafts, hairdressers/beauticians/solarium/tattoos/piercings etc.;

- issuing of hygienic-sanitary approvals on construction projects;
- mandatory and optional vaccinations;
- monitoring on health structures and medicines storage, health and social structures, places of public entertainment, Environmental Impact Assessment (VIA) – waste cycle and treatment plants management – air pollution and electromagnetic fields.

ASL 1 • AVEZZANO SULMONA L'AQUILA

| Base | Address | Telephone | Consulting hours |
|------------------|-----------------------------------|----------------------------------|--|
| Avezzano | Via Monte Velino, 18 | 0863 499 860 | Mondays to Fridays 8.00-14.00 e 15.00-17.00 on Saturdays 9.00-12.30 |
| Castel di Sangro | Via Porta Napoli, 50b | 0864 899 269 | Mondays to Saturdays 8.00-14.00 |
| L'Aquila | Via Gaetano Bellisari Collemaggio | 0862 368 831 fax 0862 405 330 | Mondays to Fridays 8.00-14.00 on Tuesdays and Wednesdays also 15.00-17.00 |
| Sulmona | Via Gorizia, 4 | 0864 499 622 | Mondays to Saturdays 8.00-14.00 |

ASL 2 • LANCIANO VASTO CHIETI

| Base | Structure | Address | Telephone | Fax |
|-----------|------------------------|-------------------------|--------------|--------------|
| Chieti | ex Paediatric Hospital | Via Nicola Nicolini | 0871 358 833 | 0871 357 483 |
| Lanciano | Hospital | Via del Mare, 1 | 0872 706 443 | 0872 706 250 |
| Ortona | Health District | Piazza San Francesco, 4 | 085 9173 226 | |
| San Salvo | | Via Pascoli, 9 | 0873 341 684 | 0873 341 366 |
| Vasto | | Via Marco Polo, 55a | 0873 308 668 | 0873 363 631 |

ASL 3 • PESCARA

| Base | Structure | Address | Telephone | Fax |
|---------|----------------------------------|--|--|--------------|
| Pescara | | Old Hospital - Via Renato Paolini, 45 | 085 4253 950 | 085 4253 951 |
| | Pneumotisiologia Territoriale | Old Hospital - Via Renato Paolini, 45 | 085 4254 511 / 512 085 4254 513 / 516 | 085 4254 515 |

ASL 4 • TERAMO

| Base | Address | Telephone |
|--------|-------------------|--------------------------------|
| Teramo | Contrada Casalena | 0861 420 569 / 576 / 580 / 588 |

FOOD AND NUTRITION HYGIENE SERVICE

It deals with the prevention of the food connected health risks. The activity develops in two directions: guaranteeing the food safety through approvals, inspections and samplings on activities of preparation, production and distribution of food and beverages.

It also promotes a correct diet through nutrition education and nutritional surveillance. The Service also deals with the release of nutritionist training certificates (upon completion of the course), diets, mycological inspections, consultancy and edibility examinations, certifications for selling.

ASL 1 • AVEZZANO SULMONA L'AQUILA

| Base | Address | Telephone |
|------------------|-------------------------------------|--------------------|
| Avezzano | Via Monte Velino, 18 | 0863 499 855 |
| Castel di Sangro | Via Porta Napoli, 50b | 0864 899 269 |
| L'Aquila | Via Gaetano Bellisari - Collemaggio | 0862 368 980 / 874 |
| Sulmona | Via Gorizia, 4 | 0864 499 606 |

ASL 2 • LANCIANO VASTO CHIETI

| Base | Address | Telephone | Fax |
|----------|--|--------------|--------------|
| Chieti | ex Paediatric Hospital - Via Nicola Nicolini | 0871 358 819 | 0871 358 363 |
| Lanciano | Viale Marconi, 8 | 0872 706 929 | 0872 706 929 |
| Vasto | Via Marco Polo, 55a | 0873 308 602 | 0873 363 631 |

ASL 3 • PESCARA

| Base | Structure | Telephone | Fax |
|---------|--|--------------|--------------|
| Pescara | ex Urology building - 1 st floor Old Hospital - Via Renato Paolini, 45 | 085 4253 966 | 085 4253 949 |
| | Mycological Centre Old Hospital - Via Renato Paolini, 45 | 085 4253 944 | 085 4253 949 |

You can also address the Health Districts

ASL 4 • TERAMO

| Base | Address | Telephone |
|--------|-------------------|--|
| Teramo | Contrada Casalena | 0861 420 591 / 567 / 581 - 335 64 69 812 |

VETERINARY SERVICE

It controls the whole food of animal origin production chain in order to protect men and animals.

Animal health – A Area

The Service is in charge of the prophylaxis of the diseases that animals can transmit to humans and deals with:

- management of State prophylaxis in farms, management of livestock registries and release of the authorizations;
- management of hygienic-sanitary accounts and constant monitoring;

- stray prevention, canine registry, numerical control of pets and of urban, free and exotic animals;
- prevention and control of the diseases transmittable to humans (zoonosis) and epidemiological monitoring of the urban fauna;
- release of passports to take animals abroad;
- release of authorizations and preventive approvals, at the request of local authorities and private corporations, to open veterinary clinics, pet shops, pet grooming salons, animal shelters, and events with animals.

The Abruzzo Region has established, as part of the Veterinary Service of Hygiene and Nutritional Safety of the Department of Health and Welfare, a Stray Pet Window for all those who have pets (meaning any animal that is kept by man, or that is meant to be kept, for companionship or reasons of affection, and not for purposes of production or as an eventual source of food, including animals that perform activities of use to man, such as seeing-eye dogs or animals that take part in pet therapy, in rehabilitation activities or advertisements – as per art. 1, paragraph 2, of the Prime Minister's Decree of 28 February 2003). The species of animals identified as pets are: dogs, cats, ferrets, invertebrates (not including bees and shellfish), decorative tropical fish, amphibians and reptiles, birds (excluding the species covered by Directives 90/539/Eec and 92/65/Eec), rodents and domestic rabbits.

Stray Pet Window telephone 085 4516 450 *open Mondays, Wednesdays and Fridays 8.00-14.00
Tuesdays and Thursdays also 14.30-17.30*

ASL 1 • AVEZZANO SULMONA L'AQUILA

| Base | Address | Telephone | Fax |
|------------------|-------------------------------------|--------------------|--------------|
| Avezzano | Via Monte Velino, 18 | 0863 499 839 / 840 | |
| Castel di Sangro | Corso Umberto I, 35 | 0864 899 602 | |
| L'Aquila | Via Gaetano Bellisari - Collemaggio | 0862 368 910 / 908 | 0862 368 905 |
| Sulmona | Via N. Rainaldi | 0864 356 7215 | |

ASL 2 • LANCIANO VASTO CHIETI

| Base | Address | Telephone | Fax |
|----------------|--|--------------|--------------|
| Castelfrentano | Via Giacomo Matteotti, 7 | 0872 56210 | 0872 56361 |
| Chieti | ex Paediatric Hospital - Via Nicola Nicolini, 11 | 0871 357 574 | 0871 357 459 |
| Vasto | Via Marco Polo, 55a | 0873 308 690 | 0873 308 627 |

ASL 3 • PESCARA

| Base | Address | Office | Telephone | Fax |
|---------|------------------------|-----------|------------------------------|--------------|
| Penne | Contrada Carmine | | 085 8276 540 | |
| Pescara | Via Renato Paolini, 45 | | 085 4253 552 | |
| Scafa | Via della Stazione | Direction | 085 9898 856 085 9898 859 | 085 9898 850 |

ASL 4 • TERAMO

| Base | Address | Telephone |
|--------|-------------------|--------------|
| Teramo | Contrada Casalena | 0861 429 959 |

Hygiene of food of animal origin –**B Area**

The Service controls the production, treatment, preservation, commercialization, transport, storage, distribution and administration of food of animal origin.

The controlled production chains are:

- poultry and rabbit meat, farmed and wild game;
- minced meat, meat preparation, meat products, products of animal origin;

- red meat (beef, horsemeat, pork, mutton, goat meat);
- aspics and technological additives of animal origin;
- milk and dairy products;
- fishery products and living clams;
- eggs and egg products, honey and hive products.

ASL 1 • AVEZZANO SULMONA L'AQUILA

| Base | Address | Telephone |
|------------------|-------------------------------------|--------------------|
| Avezzano | Via Monte Velino, 18 | 0863 499 838 |
| Castel di Sangro | Corso Umberto I, 35 | 0864 899 618 |
| L'Aquila | Via Gaetano Bellisari - Collemaggio | 0862 368 908 / 910 |
| Sulmona | Via Gorizia, 4 | 0864 499 627 |

ASL 2 • LANCIANO VASTO CHIETI

| Base | Address | Telephone | Fax |
|----------------|--|--------------------|--------------|
| Castelfrentano | Via Giacomo Matteotti, 7 | 0872 569 380 / 681 | 0872 56361 |
| Chieti | ex Paediatric Hospital - Via Nicola Nicolini, 11 | 0871 358 865 | 0871 357 513 |
| Ortona | Piazza San Francesco | 085 9069 260 | 085 9173 280 |
| Vasto | Via Marco Polo, 55a | 0873 308 692 / 642 | 0873 308 627 |

ASL 3 • PESCARA

| Base | Address | Office | Telephone | Fax |
|---------|------------------------|-----------|------------------------------|--------------|
| Penne | Contrada Carmine | | 085 8276 513 | |
| Pescara | Via Renato Paolini, 45 | | 085 4253 528 | |
| Scafa | Via della Stazione | Direction | 085 9898 856 085 4253 528 | 085 4253 545 |

ASL 4 • TERAMO

| Base | Address | Telephone |
|--------|-------------------|--------------------|
| Teramo | Contrada Casalena | 0861 429 961 / 966 |

Hygiene of farms and zootechnical productions**– C Area**

The Service controls and monitors: domestic animals farms, pets, animals for human consumption, wildlife parks, protected areas, natural reserves, pharmacosurveillance and pharmacovigilance, animal welfare, zootechnical hygiene, animal

feed, aquaculture, animal testing and animal biotechnologies, farm milk, animal reproduction, remains and scraps of animal origin, veterinary and para veterinary professions.

ASL 1 • AVEZZANO SULMONA L'AQUILA

| Base | Address | Telephone |
|------------------|-------------------------------------|---------------------------|
| Avezzano | Via Monte Velino, 18 | 0863 499 841 |
| Castel di Sangro | Corso Umberto I, 35 | 0864 899 609 |
| L'Aquila | Via Gaetano Bellisari - Collemaggio | 0862 368 909 / 953 |
| Sulmona | Via Gorizia, 4 | 0864 31030 - 0864 499 619 |

ASL 2 • LANCIANO VASTO CHIETI

| Base | Structure | Address | Telephone | Fax |
|---------------------------|-------------------------|--------------------------|-----------------------------|--------------|
| Castelfrentano | | Via Giacomo Matteotti, 7 | 0872 569 681 | 0872 569 671 |
| Castiglione Messer Marino | Health District | Via Alcide De Gasperi, 1 | 0873 978 440 | 0873 978 235 |
| Chieti | ex Paediatric Hospital* | Via Nicola Nicolini, 11 | 0871 357 512 - 0871 358 821 | 0871 357 513 |
| Guardiagrele | Hospital | Via Marruccina | 0871 899 390 | 0871 899 314 |
| Vasto | | Via Marco Polo, 55a | 0873 308 642 / 691 | 0873 308 627 |

* Consulting hours: Mondays to Fridays 8.30-11.00

ASL 3 • PESCARA

| Base | Address | Telephone |
|---------|------------------------|-----------------------------|
| Penne | Contrada Carmine | 085 8576 508 - 085 8573 549 |
| Pescara | Via Renato Paolini, 47 | 085 4253 554 / 549 |
| Scafa | Via della Stazione | 085 9898 852 |

ASL 4 • TERAMO

| Base | Address | Telephone |
|--------|-------------------|--------------|
| Teramo | Contrada Casalena | 0861 429 951 |

PREVENTION AND SAFETY OF WORK ENVIRONMENTS SERVICE (SPSAL)

The Service deals with the prevention of accidents at work and occupational diseases and with the improvement of working conditions in public and private jobs. Its activities are:

- analysis of documents evaluating the companies' risks;
- inspections and sanctions;
- authorization for removal and disposal of asbestos containing materials;
- accident enquiries and occupational diseases;
- information and assistance to companies and workers;

- approvals of new productions facilities, modifications, renovations, enlargements;
- issuing of certificates of fitness for work for apprentices;
- issuing of trainee record books for steam generators operators;
- fitness for work assessment when required by Law;
- periodic and preventive verification of the establishments;
- Accidents register authentication;
- monitoring and control on safety and ergonomic and hygienic characteristics of work environments, machineries, establishments, workstations.

ASL 1 • AVEZZANO SULMONA L'AQUILA

| Base | Address | Telephone |
|------------------|-------------------------------------|--------------------------|
| Avezzano | Via Monte Velino, 18 | 0863 499 814 / 825 |
| Castel di Sangro | Via Porta Napoli, 50b | 0864 899 627 |
| L'Aquila | Via Gaetano Bellisari - Collemaggio | 0862 368 974 / 973 / 977 |
| Sulmona | Via Gorizia, 4 | 0864 499 610 / 611 |

ASL 2 • LANCIANO VASTO CHIETI

| Base | Address | Telephone | Fax |
|-----------|--|--------------|--------------|
| Chieti | ex Paediatric Hospital - Via Nicola Nicolini | 0871 358 865 | 0871 358 845 |
| Lanciano | Hospital - Via del Mare, 1 | 0872 706 570 | 0872 706 571 |
| San Salvo | Via Pascoli, 9 | 0873 341 684 | 0873 341 366 |

ASL 3 • PESCARA

| Base | Address | Telephone |
|---------|------------------------|--------------------------|
| Pescara | Via Renato Paolini, 45 | 085 4253 405 / 406 / 407 |

ASL 4 • TERAMO

| Base | Address | Telephone |
|--------|-------------------|----------------------|
| Teramo | Contrada Casalena | 0861 420 542 / 3 / 5 |

SEXUALLY TRANSMITTED DISEASES (MST)

MSTs are infections you can contract through unprotected sex. Some MSTs can be transmitted to foetuses or newborns during pregnancy or through breast-feeding. Many MSTs can have serious consequences, such as infertility or tumours. If correctly treated and taken in time, MSTs are in most cases curable. To diagnose the presence of an infection you can go to your MMG/PLS, to a family planning clinic, to a specialist (gynaecologist, andrologist, dermatologist, infectious diseases specialist) **even if you are a minor without parental consent** (see *Other rights of adolescents, Family Planning Clinics, Hospitals*).

AIDS - HIV TEST

Aids means acquired immunodeficiency syndrome, the people affected by this disease have a very weakened immune system because of the HIV virus. The HIV virus does not manifest specifically, in order to find it you have to undergo the HIV test in order to search for anti-HIV antibodies.

The test consists in the collection of a blood sample.

The infected person is defined as HIV-positive. The virus can be transmitted:

- through infected blood;
- through unprotected sex with HIV infected people;
- from HIV infected mother to child during pregnancy, delivery, or breast-feeding.

It's important to know that from the moment the virus enters the body (contagion) until the appearance of anti-HIV antibodies there is a so-called *window period*. If the test is taken during this period you will get a negative result, therefore it is important to repeat the test after six months.

It is possible to take the test for free, through direct access and without a medical prescription, in the following structures, **even anonymously and even if you are a minor without parental consent** (see *Other rights of adolescents*).

You can find additional information on the dedicated site www.failtestanchetu.it, which includes a risk calculator that you can use to self-assess the extent of any risk you run of infection from HIV. Using the same site, you can make an appointment for the test directly, under your own name or a pseudonym, selecting the centre where you wish to take it, even if it is located in a town or city other than your own.

Those who undergo the HIV test free of charge are also analysed for the viruses of hepatitis B, hepatitis C and syphilis.

ASL 1 • AVEZZANO SULMONA L'AQUILA

In Family Planning Clinics and Operative Units of Infectious Diseases of the Hospitals

| Base | Service | Structure | Address | Telephone |
|----------|--------------------------------|---------------------------------------|--------------------|--------------|
| Avezzano | Infectious Diseases Department | Hospital DH - 1 st floor | Via G. di Vittorio | 0863 499 298 |
| L'Aquila | Infectious Diseases Department | Hospital Outpatients' Clinic/DH - L 4 | Via Vetoio | 0862 368 274 |

ASL 2 • LANCIANO VASTO CHIETI

| Base | Service | Structure | Address | Telephone |
|--------|--------------------------------|---|------------------------------|--------------|
| Chieti | Infectious Diseases Clinic | Hospital DH 5 th floor - body L | Via dei Vestini, 1 | 0871 358 683 |
| Vasto | Infectious Diseases Department | Hospital 3 rd pavilion 2 nd floor | Via San Camillo De Lellis, 1 | 0873 308 238 |

ASL 3 • PESCARA

At Family Planning Clinics (see Family Planning Clinics on page 51)

| Base | Service | Structure | Address | Telephone |
|---------|-------------------------------------|-----------|---------------------|--------------|
| Pescara | Medical Laboratory | Hospital | Via Fonte Romana, 8 | 085 4252 510 |
| | Uo Infectious and Tropical Diseases | Hospital | Via Fonte Romana, 8 | 392 9174 699 |

ASL 4 • TERAMO

| Base | Service | Structure | Address | Telephone |
|--------|--------------------------------|-----------|---------------|--------------------|
| Teramo | Infectious Diseases Department | Hospital | Piazza Italia | 0861 429 757 / 758 |
| | Blood Transfusion Centre | Hospital | Piazza Italia | 0861 429 697 / 700 |

ONCOLOGIC SCREENINGS

Oncologic screenings are health programmes which permit the early detection of tumours, offering higher possibilities of early care. They consist in a simple test or specific exam, which are taken for free.

The available screenings are the following:

- **breast**, offered to women aged between 50 and 69 years, every two years;

- **cervix**, performed by means of Pap tests given every three years to all women between the ages of 25 and 29 and HPV tests at five-year intervals for women between the ages of 30 and 64;

- **colon**, offered to men and women between the ages of 50 and 69, through the performance of an examination every two years to detect blood hidden in the faeces.

ASL 1 • AVEZZANO SULMONA L'AQUILA

| | |
|------------------------|-----------------------------------|
| Oncological screening | 0862 368 702 |
| Mammographic screening | San Salvatore Hospital - L'Aquila |
| Cervix screening | Via Capo Croce, 1 - L'Aquila |
| Colon screening | San Salvatore Hospital - L'Aquila |

ASL 2 • LANCIANO VASTO CHIETI

| | | |
|------------------------|--|---|
| Mammographic screening | 800 727 057 | |
| Cervix screening | 800 893 436 | <i>active Mondays to Fridays 11.30-13.30 on Tuesdays and Thursdays also 15.30-17.00</i> |
| Colon screening | 0871 358 430 | <i>10.00-13.00</i> |
| <i>Go to website</i> | www.asl2abruzzo.it – Screening section | |

ASL 3 • PESCARA

| | | |
|---|-------------------------------|---|
| <i>For information</i> | <i>telephone 085 4253 939</i> | <i>Mondays to Fridays 8.30-13.30 on Tuesdays and Thursdays also 15.00-17.00</i> |
| <i>screeningoncologici@ausl.pe.it</i> | | |

ASL 4 • TERAMO

| | | |
|------------------------|--|---|
| Oncological screening | 800 210 002 | <i>active Mondays to Saturdays 9.00-17.00</i> |
| Mammographic screening | screening.mammella@aslteramo.it | |
| Cervix screening | screening.uterio@aslteramo.it | |
| Colon screening | screening.colon@aslteramo.it | |

SPORTS MEDICINE

It directly makes all the clinical and instrumental exams provided by law inherent to the assessment of fitness to practice competitive sports, as well as all the additional ex-

ams provided by the protocols of national sports Federations, making use of the territorial specialist or hospital structures.

Also holds courses on the educational role of sports.

ASL 1 • AVEZZANO SULMONA L'AQUILA

| Base | Structure | Address | Telephone | Consulting hours |
|------------------|-----------------------------------|--------------------------------------|--------------|---|
| Avezzano | Health District | Via Monte Velino, 18 | 0863 499 813 | on Thursdays 11.00-14.00 on Fridays 8.00-11.00 |
| | Hospital | Via G. Di Vittorio | 0863 499 307 | on Mondays and Fridays 8.00-14.00 on Thursdays 14.00-17.00 |
| Castel di Sangro | Hospital Cardiology Department | Via della Croce | 0864 8991 | on Tuesdays and Thursdays 15.00-18.00 |
| Celano | Health District | Via della Sanità | 0863 711 173 | on Thursdays 15.00-18.00 on Fridays 11.00-14.00 |
| L'Aquila | Health District | Via Gaetano Bellisari Collemaggio | 0862 368 929 | on Tuesdays 9.00-11.00 Wednesdays and Fridays 16.30-18.00 |
| Pescina | Hospital | Via Serafino Rinaldi | 0863 8991 | on Tuesdays 15.00-18.00 on Saturdays 8.00-13.00 |
| Sulmona | ex Comboniani building | Via Gorizia, 4 | 0864 499 621 | on Mondays, Tuesdays on Wednesdays and Thursdays 8.30-12.30 |
| Tagliacozzo | Health District | Via Variante | 0863 6991 | on Wednesdays 8.00-14.00 |

ASL 2 • LANCIANO VASTO CHIETI

| Base | Structure | Address | Telephone | Fax |
|----------------|----------------------------|--------------------------|--------------------------|--------------|
| Castelfrentano | Consulting Room | Via Matteotti, 7 | 0872 569 671 | 0872 56361 |
| Chieti | ex SS. Annunziata Hospital | Via Tiro a Segno | 0871 358 545 / 547 / 600 | 0871 357 439 |
| San Salvo | Health District | Via Alcide De Gasperi, 1 | 0873 343 633 | 0873 343 633 |

ASL 3 • PESCARA

| Base | Structure | Address | Telephone |
|-------------------|-----------------|------------------------|--------------------------|
| Città Sant'Angelo | Health District | Largo Baiocchi, 2 | 085 4253 323 |
| Penne | Health District | Contrada Carmine, 107 | 085 8276 233 |
| Pescara | Old Hospital | Via Renato Paolini, 47 | 085 4253 941 / 961 / 962 |
| Scafa | Health District | Via de Contre | 085 9898 826 |
| Tocco da Casauria | Health District | Via XX Settembre, 144 | 085 9898 736 |

ASL 4 • TERAMO

| Base | Structure | Address | Telephone |
|----------------------|------------------------|-----------------------|--------------|
| Atri | Health District | Via Finocchi | 085 870 7476 |
| Nereto | Health District | Via Marco Iachini, 33 | 0861 888 230 |
| Roseto degli Abruzzi | Sports Medicine Centre | Via Adriatica, 23 | 085 802 0855 |
| Teramo | Outpatients' Clinic | Contrada Casalena | 0861 420 565 |

SAFE TRAVELLING

If you have to travel to endemic areas you can be exposed to infection risks. You can significantly reduce those risks inquiring about protection measures at the Office of Public Health.

On international prophylaxis you can ask the following offices in charge.

You can also visit the site of the Ministry of Health at the following link: www.salute.gov.it/portale/temi/p2_6.jsp?id=655&area=Maltie%20infettive&menu=viaggiatori.

ASL 1 • AVEZZANO SULMONA L'AQUILA

Department of Prevention

| Base | Address | Telephone | Fax |
|------------------|-------------------------------------|--------------|--------------|
| Avezzano | Via Monte Velino, 18 | 0863 499 860 | |
| Castel di Sangro | Via Porta Napoli, 50b | 0864 899 269 | |
| L'Aquila | Via Gaetano Bellisari - Collemaggio | 0862 368 831 | 0862 405 330 |
| Sulmona | Via Gorizia, 4 | 0864 499 622 | |

ASL 2 • LANCIANO VASTO CHIETI

| Base | Structure | Address | Telephone | Consulting hours |
|---------------------------|-----------------|-----------------------------|----------------------------------|--|
| Atessa | Health District | Piazza Garibaldi | 0872 864 295 | on Mondays, Tuesdays Wednesdays and Fridays 9.00-12.00 |
| Casoli | Health District | Via del Campo Sportivo | 0872 989 252 | on Wednesday, Thursdays, and Fridays 9.00-12.00 |
| Castiglione Messer Marino | Health District | Via Alcide De Gasperi, 1 | 0873 975 055 | on Tuesdays and Fridays 10.00-12.00 |
| Chieti | ex Hospital | Via Valignani | 0871 358 395 0871 358 431/391 | Mondays to Fridays 8.30-12.30 |
| Francavilla al Mare | | Via Pola, 15b | 085 4911 437 | on Tuesdays and Thursdays 8.30-13.00 |
| Guardiagrele | ex DSB | Via Anello, 15 | 0871.899308 | on Mondays, Tuesdays and Thursdays 8.30-10.30 |
| Lanciano | Health District | Via Don Minzoni | 0872.706966 | Mondays to Fridays 9.00-12.00 |
| Orsogna* | Health District | Via G. Magno | 0871 867 063 | on Mondays 9.30-11.30 |
| Ortona | Health District | Piazza San Francesco, 4 | 085 9173 226 | Mondays to Saturdays 8.30-12.30 |
| San Giovanni Teatino | Health District | Via Cavour, 4/2 | 085 4461 324 085 4463 505 | on Mondays and Thursdays 9.00-11.45 |
| San Salvo | Health District | Via Alcide De Gasperi | 0873 5449 215 | on Mondays, Tuesdays Thursdays, Fridays and Saturdays 9.00-12.00 |
| Tollo* | Health District | Via Principessa di Piemonte | 0871 969 099 | on Fridays 8.30-11.30 |
| Vasto | Health District | Via Michetti, 86 | 0873 908 740 | Mondays to Fridays 9.00-12.00 |

* Facilities soon scheduled to close

ASL 3 • PESCARA

Health Care Abroad

| Base | Structure | Address | Telephone | Fax |
|---------|--|------------------------|--------------|--------------|
| Pescara | Hospital - Health Office, Epidemiology and Public Health | Via Renato Paolini, 45 | 085 4253 982 | 085 4253 951 |

You can also address the Health Districts

ASL 4 • TERAMO

| Base | Service | Address | Telephone | Fax |
|--------|------------------------|-------------------|--------------|--------------|
| Teramo | Travel Medicine - SISP | Contrada Casalena | 0861 420 569 | 0861 420 586 |

VACCINATIONS

In Italy there are obligatory vaccinations and recommended vaccinations. The latter are based on age, on the presence of certain pathologies, on the types of activities engaged in or on the need to travel to countries at risk.

In the case of the adult population, some vaccinations are obligatory for certain categories of individuals and workers:

- the vaccination against tetanus is obligatory not only for athletes affiliated with the CONI, the Italian National Olympic Committee, but also for farmworkers, tool and dye operators, ecological operators, road workers, miners, operators of earthmovers etc. (Law no. 292 of 5 March 1963);
- vaccinations against meningitis, typhus, diphtheria-tetanus, measles-mumps-rubella are obligatory for all military recruits at the time of enrolment (Decree of 19 February 1997 of the Ministry of Defence);
- the vaccination against tuberculosis is obligatory only for healthcare personnel, medical students, nurses in training or

anyone who, for any reason, and even after testing negative for tuberculosis, operates in a medical environment at high risk for exposure to bacterial strains resistant to multiple pharmaceuticals, or that operates in high-risk environments and cannot undergo preventive therapy due to harmful clinical side-effects to the use of specific pharmaceuticals.

In the case of adults, there are also recommended vaccinations for certain professional categories or categories of individuals likely to face serious complications in the event of infection.

- Vaccination against viral hepatitis B is recommended, and provided free of charge, to healthcare operators and personnel involved in treatment in hospitals and private clinics, as well as to individuals who live together with chronic bearers of the hepatitis B virus, with law-enforcement personnel, with individuals who receive multiple transfusions or haemodialysis and with all the other categories indicated in the Ministerial Decree of 4 October 1991.

- The vaccination against the flu is recommended for all individuals beyond the age of 65, as well as for those who suffer from chronic and debilitating illnesses affecting the cardiovascular system, the lungs, kidneys etc., and for adults employed in activities of public service.
- The vaccination against pneumococcus infections is recommended for individuals beyond the age of 65, as well as for those who suffer from chronic and debilitating illnesses affecting the cardiovascular system, the lungs or kidneys, or spleen deficiency as a functional condition or the result of surgery.

- The vaccination against typhus, as well as those against viral hepatitis A or B, polio, tetanus, meningitis and rabies, plus the vaccination against yellow fever, can be advisable for travellers going abroad to zones that are endemic or otherwise considered to be at risk, following attentive evaluation of the type of trip and the destination involved.
- The vaccination against yellow fever is recommended for trips to certain parts of the world where it is endemic, and it is obligatory to obtain entry to certain countries. You will find the obligatory and recommended vaccinations for new-borns in the section *Children/Adolescents*.

ASL 1 • AVEZZANO SULMONA L'AQUILA

| Base | Address | Telephone | Fax |
|------------------|-------------------------------------|--------------------|--------------|
| Avezzano | Via Monte Velino, 18 | 0863 499 860 | |
| Castel di Sangro | Via Porta Napoli, 50b | 0864 899 269 | |
| L'Aquila | Via Gaetano Bellisari - Collemaggio | 0862 368 831 / 834 | 0862 405 330 |
| Sulmona | Via Gorizia, 4 | 0864 499 622 | |

ASL 2 • LANCIANO VASTO CHIETI

| Base | Address | Telephone |
|---------------------------|---------------------------|-----------------------------|
| Atessa | Via Ianico | 0872 864 295 |
| Casoli | Via Aventino | 0872 989 252 |
| Castiglione Messer Marino | Via Alcide De Gasperi, 1 | 0873 978 440 |
| Chieti | Via Valignani | 0871 358 395 / 391 |
| Francavilla al Mare | Via Pola, 15b | 085 4911 437 |
| Gissi | Via Italia | 0873 947 414 |
| Guardiagrele | Hospital - Via Anello | 0871 899 308 / 311 |
| Lanciano | Via Don Minzoni | 0872 706 966 |
| Miglianico | Via Costa della Forma, 22 | 0871 958 040 |
| Orsogna | Via G. Magno | 0871 867 063 |
| Ortona | Piazza San Francesco, 4 | 085 917 3226 |
| San Giovanni Teatino | Via Cavour, 4 | 085 4461 324 - 085 4463 505 |
| San Salvo | Via Alcide De Gasperi | 0873 5449 213 / 215 |
| Vasto | Via Michetti, 86 | 0873 308 732 |
| Villa Santa Maria | Via Roma, 32 | 0872 944 308 |

ASL 3 • PESCARA

| Base | Structure | Address | Telephone |
|------------------------------------|------------------------------|------------------------|--------------|
| Cepagatti | District supplies department | Via Unesco, 2 | 085 974 535 |
| Città Sant'Angelo | District supplies department | Largo Baiocchi, 2 | 085 4253 306 |
| Loreto Aprutino | District supplies department | Via Chiarelli, 2 | 085 8276 702 |
| Montesilvano | District Area | Corso Umberto, 447 | 085 4253 956 |
| Penne | District supplies department | Contrada Carmine, 107 | 085 8276 521 |
| Pescara | Vaccinations Office | Via Renato Paolini, 47 | 085 4253 959 |
| Pianella | District supplies department | Via Santa Lucia, 60 | 085 971 376 |
| Popoli | District supplies department | Via Aldo Moro, 10 | 085 9898 404 |
| San Valentino in Abruzzo Citeriore | District supplies department | Via Paolo Borsellino | 085 9898 915 |
| Scafa | District supplies department | Via della Stazione, 61 | 085 9898 803 |
| Spoltore | District supplies department | Via Renato Paolini, 47 | 085 4253 955 |
| Torre de' Passeri | District supplies department | Via Garibaldi, 24 | 085 8885 318 |

ASL 4 • TERAMO

| Base | Structure | Address | Telephone |
|--------|---------------------|-------------------|--------------|
| Teramo | Vaccinations Office | Contrada Casalena | 0861 420 569 |

You can also address the Health Districts (see on page 41)

Mental health

Department of Mental Health (Dsm)

The Department of Mental Health is an ASL operational structure for health services aimed at the prevention, diagnosis, care and rehabilitation in the psychiatric field, and in the organization of interventions about the protection of the citizens' mental health.

Mental Health Services include all the territorial, hospital and residential services dedicated to prevention, care and rehabilitation of psychological distress and mental disorders.

Within them operate psychiatrists, psychologists, social workers, nurses, educators. The Department includes:

- Mental Health Centres;
- Day Centres/Residential structures;
- Psychiatric Service of Diagnosis and Treatment;
- Day Hospital;
- Protected communities;
- Group homes;
- Geriatric Psychiatry;
- Infantile Neuropsychiatry;
- Psychiatric home care.

If you want to start a care pathway you have to ask your ASL Mental Health Centre, at the request of your MMG/PLS or by personal choice, going in person (without a medical prescription) or telephoning.

The Mental Health Centre offers:

- reception;
- psychiatric examinations;
- psychological interviews;
- development of treatment programs;
- drug therapies and psychotherapies;
- home visits, even in state of emergency;
- socializing activities.

For psychiatric emergencies you have to call 118, which will contact the Department.

MENTAL HEALTH CENTRE (CSM)

This centre, the initial point of contact for citizens with psychological problems, coordinates all activities of prevention, treatment and rehabilitation within a given territory. It is staffed by a multi-professional team that includes at least one psychiatrist, one psychologist, a social worker and a nurse; when necessary, it provides care in the home or in other residential venues. The centre is either contacted directly by the patient or it acts in response to a request from the general practitioner or psychiatrist.

DAY CENTRE (CD)

A semi-residential structure that has a therapeutic-rehabilitative function. It is staffed by a team of its own and equipped with adequately outfitted facilities. It carries out focussed projects of rehabilitation and therapy, with the goal of allowing patients to acquire, maintain and/or reinforce skills in interpersonal relations and caring for themselves, so that they can go on living in their normal environment (family, group, apartment etc.). Admission is granted in response to requests from the Department of Mental Health and the CM.

RESIDENTIAL STRUCTURES (SR)

These facilities take in patients with serious conditions requiring complex rehabilitation

treatment plans, as well as patients with sub-acute and chronic clinical pathologies. The projects are customised, and have the objective of achieving the highest level of patient autonomy. Admission is granted in response to requests from the DSM or CSM.

PSYCHIATRIC SERVICE OF DIAGNOSIS AND TREATMENT (SPDC)

This hospital service provides both voluntary and obligatory treatments for hospitalised patients, operating as an integral part of the DSM. The SPDC treats and cares for individuals with critically serious psychic disturbances. Admission is obtained following requests from the patients themselves, general practitioner, the on-call emergency medical service, psychiatrists or emergency rooms.

INFANTILE NEUROPSYCHIATRY SERVICE (NPI)

This service engages in the diagnosis, treatment and rehabilitation of minors from 0 to 18 years old with disturbances involving learning, language, intellect, neuro-motor skills and emotional-relational capacity in infancy and adolescence, as well as behaviour, autism and disturbances of growth and development in general. Admission is obtained by making direct contact with the structure or following a request from a paediatrician.

PSYCHO-GERIATRIC CLINICS/ALZHEIMER EVALUATION UNITS (UVA)

This is a service for patients with cognitive problems, and especially those affected by Alzheimer's dementia and related syndromes. The activities carried out include: geriatric examinations, diagnosis of illnesses and stages of conditions, evaluation of multiple conditions, psychiatric evaluation, establishment of pharmacological treatment, analysis of social needs and requirements for self-sufficiency.

PSYCHIATRIC HOME CARE

This assistance is meant for users who reside in their own homes, either alone or with their families, and it specifically entails psycho-social rehabilitation, monitoring of psychic health, measures of

hygienic-medical prevention and care for patients who have difficulty taking care of themselves, managing their own vital space or organising their day-to-day lives.

ASL 1 • AVEZZANO SULMONA L'AQUILA

| Base | Structure | Address | Telephone | Fax |
|------------------|---------------------------|--|--------------------|--------------|
| Avezzano | Mental Health Centre | Via E. Di Gianfilippo ex Via Salto, 42 | 0863 499 647 | |
| | Infantile Neuropsychiatry | Via Don Minzoni | 0863 499 025 | |
| Castel di Sangro | Mental Health Centre | Via Porta Napoli, 46 | 0864 899 270 | |
| | Infantile Neuropsychiatry | Via Gorizia, 3 | 0864 499 626 / 637 | |
| L'Aquila | | Via Capo Croce, 1 | 0862 368 810 | 0862 368 814 |
| Sulmona | Mental Health Centre | Viale Mazzini, 34 | 0864 31097 | 0864 52677 |

ASL 2 • LANCIANO VASTO CHIETI

| Base | Structure | Address | Telephone | Fax |
|----------|----------------------|---------------------------|--------------------|--------------|
| Chieti | Day Centre | Viale Amendola, 47 | 0871 358 913 | 0871 358 913 |
| | Mental Health Centre | Viale Amendola, 47 | 0871 358 908 / 923 | |
| Lanciano | Day Centre | Via Milano, 54 | 0872 706 637 | |
| | Mental Health Centre | Via del Mare (Hospital) | 0872 706 416 | |
| Ortona | Day Centre | Piazza San Francesco, 4 | 085 9173 234 | |
| | Mental Health Centre | Piazza San Francesco, 4, | 085 9173 240 | |
| Vasto | Day Centre | Corso Plebiscito, 49 | 0873 308 398 | |
| | Mental Health Centre | Via San Camillo De Lellis | 0873 308 407 | |

ASL 3 • PESCARA

| Base | Structure | Address | Telephone | Fax |
|-------------------|--|-----------------------------------|--------------|--------------|
| Pescara Nord* | Mental Health Centre - Health District | Via Nazionale Adriatica Nord, 140 | 085 4253 446 | |
| Pescara Sud | Mental Health Centre | Via Largo Lama, 68 | 085 4253 582 | 085 4253 580 |
| Penne | Foster's Home | Contrada Carmine, 107 | 085 8276 554 | |
| | Day Centre | Contrada Carmine, 107 | 085 8276 554 | |
| | Mental Health Centre | Contrada Carmine, 107 | 085 8276 381 | |
| Tocco da Casauria | Mental Health Centre | Via XX Settembre, 144 | 085 9898 721 | 085 9898 710 |

* The services can also be scheduled through the Cup

ASL 4 • TERAMO

| Base | Structure | Address | Telephone | Fax |
|---|---|--|--------------------|--------------|
| Atri | Psychogeriatric Outpatients' Clinic - Hospital | Via Finocchi | 085 8707 271 | 085 8707 454 |
| | Mental Health Centre - Hospital | Via Finocchi | 085 8707 271 | 085 8707 454 |
| | Day Centre | Ricciconti building Via Risorgimento | 085 8780 052 | |
| Bellante | Residence Community (for men) | Contrada Molino San Nicola, 28 | 0861 610 068 | |
| Bisenti | Therapeutic Community Villa Turchi | Contrada Villa Turchi | 0861 995 260 | |
| Castellalto | Residence Community (for women and men) | Via T. Tasso, 39 - Castelnuovo Vomano | 0861 570 413 | |
| Giulianova | Psychogeriatric Outpatients' Clinic - Hospital | Via Gramsci | 085 8020 347 | 085 8020 471 |
| | Mental Health Centre - Hospital | Via Gramsci | 085 8020 347 | 085 8020 471 |
| | Day Centre - Hospital | Via Gramsci | 085 8020 810 | |
| | Psychiatric Service of Diagnosis and Treatment - Hospital | Via Gramsci | 085 8020 347 | 085 8020 471 |
| | | | | |
| Sant'Egidio alla Vibrata | Mental Health Centre | V. A. Murri snc | 0861 888 214 | 0861 888 212 |
| | Day Centre | V. A. Murri snc | 0861 888 229 | 0861 888 229 |
| Sant'Omero | Psychogeriatric Outpatients' Clinic - Hospital | Contrada alla Salara | | |
| Teramo | Psychogeriatric Outpatients' Clinic - Hospital | Piazza Italia | 0861 429 707 | 0861 429 709 |
| | Psychogeriatric Outpatients' Clinic | Contrada Casalena | 0861 420 518 | 0861 420 515 |
| | Mental Health Centre | Contrada Casalena | 0861 420 503 | 0861 420 515 |
| | Day Centre | Via Nicola Palma, 24 | 0861 243 846 | |
| | Residence Community (for women) | Via Paolucci | 346 047 7291 | |
| | Residence Community (for women) | Via Papa Giovanni XXIII, 71 Colleatterrato Basso | 0861 210 948 | |
| | Residence Community (for men) | Via Papa Giovanni XXIII, 73 Colleatterrato Basso | 0861 587 304 | |
| | Residence Community (for men) | Vico del Nardo | 0861 243 829 | |
| | Therapeutic Community Fonte della Noce | Via Fonte della Noce | 0861 240 193 | |
| | Department of Mental Health | Via Nicola Palma, 24 | 0861 243 846 / 847 | |
| Infantile Neuropsychiatry Service | Contrada Casalena | 0861 420 518 | 0861 420 515 | |
| Psychiatric Service of Diagnosis and Treatment - Hospital | Piazza Italia | 0861 429 707 | 0861 429 709 | |

At the Mental Health Centres, you can also request psychiatric home care

Alzheimer Evaluation Centres/Units

This service is for people with suspected cognitive impairment and to the families of people affected by cognitive impairment.

ASL 2 • LANCIANO VASTO CHIETI

| Base | Service | Structure | Telephone |
|----------|---------------------|---|--------------|
| Chieti | Geriatric Clinic | Hospital | 0871 358 514 |
| | Neurological Clinic | Hospital | 0871 358 525 |
| Lanciano | Uo Neurology | Hospital | 0872 706 385 |
| Ortona | | Mental Health Centre - Piazza San Francesco | 085 9173 240 |
| Vasto | Uo Neurology | Hospital | 0873 308 313 |

ASL 3 • PESCARA

| Base | Structure | Address | Telephone |
|------------------------------------|--|---------------------------|--------------|
| Città Sant'Angelo | Alzheimer's Disease Centre | Largo Baiocchi, 1 | 085 4253 318 |
| Pescara | Alzheimer's Disease Centre - Old Hospital (ex Paediatrics) | Via Renato Paolini, 47 | 085 4252 928 |
| San Valentino in Abruzzo Citeriore | | Via Giovanni Falcone, 125 | 085 9898 916 |

ASL 4 • TERAMO

| Base | Structure | Address | Telephone |
|------------|-----------|----------------------|--------------------|
| Atri | Hospital | Via Finocchi | 085 8707 231 / 331 |
| Giulianova | Hospital | Via Gramsci | 085 8020 302 |
| Sant'Omero | Hospital | Contrada alla Salara | 0861 888 284 |
| Teramo | Hospital | Piazza Italia | 0861 429 704 /708 |

Pathological addictions

The Services for Pathological Addictions (SER.D) can be found at all the ASLs. The SER.D address problems tied to the use of substances (both legal and illegal) that lead to addiction, as well as problems relating to pathological addiction to gambling. A pathological addiction exists when a person cannot do without a substance without

suffering negative consequences, which is why it proves impossible to stop using such substances, despite the physical and psychological damage, as well as the legal and family problems, that can result. Pathological addiction can also arise from certain forms of behaviour that become the central focus of the individual's life, repeating them-

selves in abnormal fashion, and without the individual being able to stop them from recurring: gambling, compulsive shopping, use of videogames, cell phones or the internet. The SER.D offer therapy and assistance for all these situations, in the form of pharmacological treatments supplemented with psychotherapy, psycho-social treatment and/or rehabilitation, as well as the possibility of stays at residential structures (thera-

peutic communities) and semi-residential facilities (day centres). The SER.D also provide assistance for the prevention of the infectious diseases tied to the use of drugs. Admission is free of charge and obtained directly, without the need for a request from the general practitioner. The initial contact can be made by telephone. Anonymity and the confidentiality of personal information are always guaranteed.

ASL 1 • AVEZZANO SULMONA L'AQUILA

| Base | Address | Telephone | Fax |
|----------|--------------------------------|--|--------------|
| Avezzano | Via Volturmo, 2a | 0863 499 868 / 861 / 862 / 863 / 864 / 865 / 870 | 0863 499 868 |
| L'Aquila | Via G. Bellisari - Collemaggio | 0862 368 873 | 0862 368 944 |
| Sulmona | Via N. Rainaldi, 2 | 0864 35671 - 0864 3567 200 / 207 / 203 | |

ASL 2 • LANCIANO VASTO CHIETI

| Base | Address | Telephone | Fax |
|----------|---------------------------|--------------|--------------|
| Chieti | Via Discesa delle Carceri | 0871 358 866 | 0871 358 843 |
| Lanciano | Via del Mare | 0872 706 216 | 0871 706 218 |
| Vasto | Corso Mazzini | 0873 308 307 | 0873 367 268 |

ASL 3 • PESCARA

| Base | Service / Structure | Address | Telephone | Fax |
|-------------------|----------------------------|---|--------------------|--------------|
| Pescara | Centre for Tobacco Control | Via Renato Paolini, 45 | 085 4253 534 | 085 4253 484 |
| | Pathological Gambling | Via Monte Faito | 085 4253 490 | 085 4253 491 |
| | Ser.D. | Via Monte Faito | 085 4253 488 | 085 4253 491 |
| | Alcoholology Service | Via Renato Paolini, 45 serviziodialcologia@gmail.com | 085 4253 495 | 085 4253 484 |
| Tocco da Casauria | Health District | Via XX Settembre, 140 | 085 9898 740 / 742 | 085 9898 741 |

ASL 4 • TERAMO

| Base | Address | Telephone |
|------------|-------------------------|--------------|
| Giulianova | Via Filippo Turati, 134 | 085 8020 830 |
| Nereto | Via Marco Iachini, 33 | 0861 888 291 |
| Teramo | Contrada Casalena | 0861 420 505 |

Donations and transplants

Donating organs, tissue or cells is an extremely generous gesture, an admirable decision that can be made either during life or after death.

Donations from cadavers

When all of a patient's cerebral activity ceases (brain death), even though everything possible has been done in the intensive-care unit to save that person's life, the circulation of the blood and respiration can be maintained artificially, so as to preserve the person's organs in a vital state for a limited period of time.

In such cases, the physician of the intensive-care unit that issues the clinical diagnosis of brain death contacts the medical administration of the hospital to organise a commission (a specialist in forensic medicine, a specialist in intensive care and a neurophysiopathologist). The three specialists carry out the clinical and instrumental examinations required under the law, for a period of at least 6 hours, in order to confirm the simultaneous absence of:

- spontaneous respiration;
- electrical activity in the brain;
- reflexes that originate directly from the brain;

From the moment of the declaration of death, in cases of potential donation, the physicians determine whether the deceased had the declaration on his or her person or had registered the intention to donate in the computerised archives; family members are questioned by the physicians as to the intentions expressed by the deceased, and they

are the ones who decide whether or not to oppose the removal of the organs.

Three different scenarios can then occur:

1. the citizen, while still living, expressed a **positive intention** to donate: the organs and tissues are removed;
2. the citizen, while still living, expressed a **negative intention** with regard to donation: the organs and tissues cannot be removed;
3. the citizen **did not express any intention**: the organs and tissues may be removed, as long as the family members do not object.

In the case of minors, the decision is always made by the parents.

When there is a positive intention to donate, as expressed by the deceased when still living or stated by family members, then all the procedures that can rapidly lead to identification of suitable recipients, as well as swift performance of the transplants, are initiated.

Organs can be removed for transplant (heart, liver, lungs, kidneys, pancreas, intestine), as can **tissues** (corneas, bone segments or muscle-skeletal segments, cardiovascular tissue, cutaneous tissue). A single donor, therefore, can help more than one patient. Tissue may be donated even by individuals who died of cardiac arrest, and corneas may be taken from the deceased at home, if preferred.

EXPRESSION OF WISHES WITH REGARD TO THE DONATION OF ORGANS AND TISSUE

It is possible, indeed it would be better, to reach a decision when living on the question of whether to donate organs and tissue following one's death, so as to make a fully aware decision and keep family members from being burdened, in such a tragic moment, with a very difficult, challenging decision in psychological terms. There are five ways to express an intention to donate organs and tissue. They are all fully valid and shall be respected in equal measure:

- filling out a donor card provided by the Ministry of Health and to be kept with one's personal documents; the card can be downloaded from the site: www.crtabruzzo molise.it;
- registering your intention at your ASL;
- registering the intent at the offices of records of the municipalities playing an active role in the project, at the time of the issue/renewal of the individual's municipal ID card;
- drawing up a simple written declaration to be kept with the individual's identifying documents;
- registering with an association active in the sector (such as AIDO) and carrying their card on one's person.

Once an individual's intention is registered at the ASL, the offices of

records or the AIDO, the information is entered in the national computerised archives. The declaration of intent may be modified at any point in time.

THE POSITIONS OF RELIGIONS ON THE QUESTION OF DONATION

None of the major religions voice outright opposition to the donation of organs. Indeed, in most cases, they support and encourage donation, both for its inherently ethic worth and because transplants promote life.

ANONYMITY OF DONATION

Donating is anonymous and free of charge. The family members of the donor are not able to know the identity of the recipient, whom is chosen from a waiting list of patients, based on considerations of urgency, as well as clinical and immunological compatibility. The same holds for the recipients.

AGE LIMITS

There are no age limits: the liver, for example, can be taken even from donors of more than 80 years of age.

DICHIARAZIONE DI VOLONTA' SULLA DONAZIONE DI ORGANI E TESSUTI

IO SOTTOSCRITTO/A _____

NATO/A IL _____ A _____

CODICE FISCALE _____

DOCUMENTO _____ N. _____

DICHIARO DI VOLER DONARE I MIEI ORGANI E TESSUTI DOPO LA MORTE A SCOPO DI TRAPIANTO

SI NO

Firma _____ Firma _____

DATA _____

Donations while still living

The donation of organs and tissue while still living represents a valid additional opportunity, and not a mutually exclusive alternative, to donation after death. In fact, in the case of the donation of blood-generating stem cells, it constitutes the sole option.

The donation of organs (kidneys and parts of the liver, lungs, pancreas and intestine) is governed by specific measures and addressed by numerous guidelines and ethical tenets. The procedures determining feasibility are very rigid, contemplating a series of tests, both clinical and motivational. The donor undergoes clinical analyses to exclude the presence of specific factors of risk having to do with prior pathologies, as well as immunological tests to determine the level of donor-recipient compatibility.

Transplants in Abruzzo

In Abruzzo, there is a kidney transplant centre in the city of L'Aquila (**San Salvatore Hospital - Organ Transplant Centre**) and a heart transplant centre in Chieti (**Santa Annunziata Hospital - Cardiac Surgery Operating Unit**); liver transplants are carried out under an operating agreement with the A. Gemelli Polyclinic of Rome.

KIDNEYS

A candidate for a kidney transplant is a patient suffering from chronic renal insufficiency and requiring dialysis; when a living donor related by blood or a family member is available, then the transplant may be performed even before the dialysis begins (a pre-emptive transplant). To put a patient's name on the waiting list

Steps are also taken to establish the motives for the donation, the awareness of potential risk factors, the existence of ties of affection with the recipient and whether or not consent has been given in a truly informed and unforced manner.

For these very reasons, such activities are limited, in the majority of cases, to the family sphere of the patient who has need of the transplant, though, for obvious motives, this is not always possible.

Tissue (skin, amniotic membrane, blood tissue) and blood-generating stem cells (from the bone marrow, the blood and placenta blood), on the other hand, can be donated by whoever is willing to make this gesture of goodwill and altruism benefitting those in need.

for a kidney transplant, the dialysis centre contacts the CRT, or Regional Transplant Centre, in L'Aquila to make an appointment for placement on the list. On the scheduled day, an HLA typing is performed at the Regional Centre of Immunohaematology and Tissue Typing, along with a medical examination at the CRT for registration and a surgical examination at the Transplant Centre, to determine suitability. Patients undergoing dialysis may place their names on two waiting lists: one for their home region and one for another region of their choice.

When a donor body becomes available, the CRT coordinates all the operations to assess the suitability of the donor and, based on the blood group, the age and the HLA type, assigns the kidneys to the two most

Algorithm of assigning kidneys

| |
|---------------------------------------|
| ABO compatibility |
| Donor/recipient age ratio (+15 years) |
| HLA compatibility |
| Seniority dialysis Value of PRA |

compatible patients entered on the list. Additional points in the ranking are given for the length of time spent in dialysis and the value of the anti-HLA antibodies. The criteria are stated in the Services Charter of the CRT.

HEART

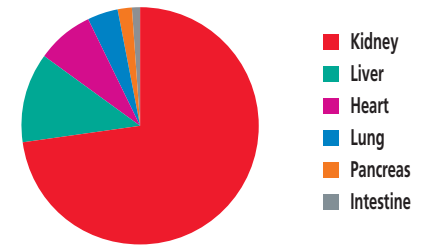
The cardiology structures of the Region in which the patient is being treated direct him or her, when a transplant is called for, to the centre in Chieti or to another transplant centre in Italy, eventually based on the patient's preference. When an organ becomes available, it shall be assigned to the patients on the waiting list on the basis of criteria that have been clearly stated and endorsed.

LIVER

As in the case of the heart, the structures of hepatology, infectious diseases, internal medicine etc. that are caring for the patient when a transplant becomes appropriate, and assuming that the patient intends to carry out the transplant at the Gemelli Polyclinic in Rome, direct the patient to the CRT, or Regional Transplant Centre, in L'Aquila for the appointment for placement on the waiting list. On the scheduled day, an HLA typing is performed at the Regional Centre of Immunohaematology and Tissue Typing, along with a medical examination at the CRT for registration. The physicians of the CRT shall contact the Gemelli Polyclinic to evaluate the case, and the patient shall be given an appointment for the surgical examination at the

Waiting lists

Patients = 8.758



Data SIT 31 December 2014

Transplant Centre of the Gemelli Polyclinic. When a donor liver becomes available from the hospitals of the region, it shall be assigned to the patients on the waiting list, based on criteria that are clearly stated and endorsed.

WAITING LISTS

There are more than 8,000 patients in Italy who need transplants, due to the large gap between the number of available recipients and the quantity of available organs. The primary obstacle to transplants is the opposition of family members to the removal of organs from the dead relative, almost always due to the fact that they are unaware of the intentions of the deceased. In our region, opposition is voiced regarding roughly 40% of potential donors, while the national average is approximately 30%. Transplant costs are covered in full by the National Healthcare Service. Thanks to the transplant, the patient is able to return to a normal, active life.

Following the operation, patients who undergo transplants are once again able to work, travel and play sports. Individuals in their fertile years can have children and young transplanted women can carry a pregnancy to term.

Donation of tissue and cells

CORNEAS

Any deceased subject between the ages of 4 and 80, and who did not suffer from pathologies that counsel against donation, can be a donor of corneas and/or ocular tissue, assuming that, while living, they expressed their consent to donation, or their families are not opposed. The corneas taken are sent to an eye bank that, following a complex evaluation, certifies that the level of quality is sufficient for transplant. The **Eye Bank of the Abruzzo Region** is located in L'Aquila (telephone 0862 368282) and receives corneas donated in all the hospitals of the Abruzzo and Molise regions. Cornea transplants are performed at the ophthalmology operating units of the Abruzzo Region on patients with disturbances serious enough that their quality of life improves following the transplant. Given that the cornea is the transparent tissue that makes up the front portion of the eye, when it is seriously damaged, due to illness or accident, it transmits light poorly, the images form in a very approximate manner, and the individual's sight is compromised. In such cases, the only solution is to replace the cornea by transplanting donated tissue. There is a waiting list for this type of transplant as well.

MUSCLE-SKELETAL TISSUE

Such tissue can also be donated by a living donor, including any patient that receives an artificial hip implant. The tissue is handled at a muscle skeletal tissue bank and certified as suitable for use in replacing bone substance lost during the insertion of prostheses, vertebral surgery etc. When there is the intention to make a donation, the consenting subject that has signed the pertinent form, after receiving adequate

information, fills out a questionnaire on his or her anamnesis, involving a series of queries on the patient's past health and certain living habits, in order to safeguard the wellbeing of the receiving patient, in addition to which the donor agrees to undergo laboratory tests to guarantee that he or she is not subject to any viral illnesses that can be transmitted through bone grafts. At the time of the operation, the bone segment, instead of simply being disposed of, shall be adequately packaged, labelled, frozen and shipped to the tissue bank for processing.

TRANSPLANT OF STEM CELLS

In Abruzzo, the **Unit of Intensive Therapy for Haematopoietic Transplants** (Bone Marrow Transplant Centre, telephone 085 4252944) operates as part of the Department of Haematology of the Civic Hospital of Pescara. All the different types of transplants involving blood-generating stem cells taken from the bone marrow, from peripheral blood and from the umbilical cord are carried out utilising family donors, whether related by blood or not, with either full or partial (haploidentical) compatibility. The recipient patients, quite often very small children, suffer from serious haematopoietic conditions for which there is no alternative treatment. Many hopes for survival, therefore, are tied to the existence of a large number of people willing to be donors of bone marrow, a gesture that entails only a minimum of personal sacrifice. The problem is that, while an individual related by blood to the patient (such as a brother) can usually be the donor, not all patients can find a family-member donor, and a donor has to be sought from among volunteers willing to have their HLA type placed in the Italian IBMDR database (the Italian Bone Marrow Donors Registry) and the world BMDW (Bone Marrow Donors World Wide). Anyone who wishes to

declare their willingness to become a donor can contact the transfusion centre of the nearest hospital, which shall indicate all the procedures to be followed. A blood sample must be taken from the donor for the HLA typing, which shall be entered in the regional register of donors. In Abruzzo, the register is kept in L'Aquila, at the **Regional Centre for Immunohaematology and Tissue Typing** (telephone 0862 368236). When compatibility with a patient is established, the donor is called and additional analyses, once again involving blood samples, are carried out to better determine compatibility, after which the procedure is initiated to confirm suitability. Once it has been completed, and assuming the donor conforms his or her willingness to donate, the stem cells are removed through aspiration from the iliac crest or by taking peripheral blood following therapy to mobilise the stem cells. It should be emphasised that, in most instances, the donor selected is the only one in the world compatible with that patient.

DONATION OF UMBILICAL CORD BLOOD

Abruzzo has a Regional Network of Centres

for the Collection of Umbilical Cord Blood operated at the regional "Birth Points", in accordance with the stipulated prerequisites of quality and security. All necessary information can be obtained from the transfusion centre of the donor's local hospital, where an interview shall be held in order to obtain the donor's informed consent. Umbilical cord blood collected at the time of birth shall be set to the **Umbilical Cord Blood Bank of the Abruzzo Region** (telephone 085 4252374), which is part of the Department of Transfusion Medicine of the Pescara Hospital, operated in close collaboration with the Regional Centre for Tissue Typing in L'Aquila. The tissue bank assess the suitability of the umbilical-cord blood collected, preserves it and distributes the units of umbilical-cord blood for transplants when compatibility with a recipient is determined.

For information

Regional Transplant Centre
Abruzzo Region - Molise Region
telephone 0862 368683 fax 0862 368318
CRT@asl1abruzzo.it
www.crtabruzzomolise.it

ASL 1 • AVEZZANO SULMONA L'AQUILA

| Base | Service | Structure | Telephone / Fax |
|--------------------------|--|-------------------------------|----------------------------------|
| L'Aquila | Centre for Immunohaematology and Tissue Typing | San Salvatore Hospital | 0862 368 236 |
| | | Regional Transplant Centre | 0862 368 683 fax 0862 368 318 |
| | Local Coordination for Transplant | San Salvatore Hospital | 0862 368 689 |
| | Kidney transplant | San Salvatore Hospital | 0862 368 254 / 255 |
| | | Uoc Organ Transplants | 0862 368 256 |
| Ocular tissue transplant | San Salvatore Hospital | 0862 368 732 | |
| Avezzano | Local Coordination for Transplant | Uo Ophthalmologic Clinic | 0862 368 555 / 556 |
| | | Uo Eye Bank - Corneal surgery | 0862 368 282 |
| | Ocular tissue transplant | SS. Filippo e Nicola Hospital | 0863 499 481 |
| Sulmona | Local Coordination for Transplant | SS. Filippo e Nicola Hospital | 0863 499 242 |
| | | Uo Ophthalmology | |
| Sulmona | Local Coordination for Transplant | SS. Annunziata Hospital | 0864 499 212 |
| | | Uo Ophthalmology | 0864 499 388 |

ASL 2 • LANCIANO VASTO CHIETI

| Base | Service | Structure | Telephone |
|----------|-----------------------------------|---|--------------------|
| Chieti | Local Coordination for Transplant | SS. Annunziata Hospital | 0871 358 320 |
| | Heart transplant | SS. Annunziata Hospital | 0871 358 666 |
| | Ocular tissue transplant | SS. Annunziata Hospital Uo Ophthalmologic Clinic | 0871 357 219 / 262 |
| Lanciano | Local Coordination for Transplant | Renzetti Hospital | 0872 706 427 |
| | Ocular tissue transplant | Renzetti Hospital Uo Ophthalmology | 0872 706345 |
| Vasto | Local Coordination for Transplant | Civil Hospital | 0873 308 450 / 580 |

ASL 3 • PESCARA

| Base | Service | Structure | Telephone / Fax |
|---------|-------------------------------------|---|------------------------------------|
| Pescara | Local Coordination for Transplant | Civil Hospital | 085 4252 732 / 520 085 4252 581 |
| | Hematopoietic stem cells transplant | Civil Hospital - Unit of Intensive Haematological Therapy | 085 4252 944 |
| | Ocular tissue transplant | Civil Hospital Uo Ophthalmology | 085 4252 527 / 529 |

ASL 4 • TERAMO

| Base | Service | Structure | Telephone |
|------------|-----------------------------------|---------------------------------------|----------------------------------|
| Teramo | Local Coordination for Transplant | Mazzini Hospital | 0861 429 320 / 317 |
| | Ocular tissue transplant | Mazzini Hospital Uo Ophthalmology | 0861 42 491 / 484 0861 42 725 |
| | Atri | San Liberatore Hospital | 085 8707 226 |
| Giulianova | Local Coordination for Transplant | Maria SS. dello Splendore Hospital | 085 8020 273 |

BLOOD DONATION

Blood can be donated, as long as the donor falls between the ages of 18 and 65, is in good physical condition and weighs at least 50 kilograms, at the nearest transfusion centre. The act shows a heightened sensitivity and sense of responsibility towards both others and oneself, seeing that donating blood can truly save a life, or even more than one. If no one were to do it, then many people suffering

from leukaemia would be unable to survive, and the same holds true for people in serious condition following accidents. Donated blood can also be needed by patients undergoing surgery (including transplants), as well during any operation in which the anaesthesiologists or surgeons may deem it necessary to give the patient transfusions of concentrated red blood cells or plasma or even platelets.

ASL 1 • AVEZZANO SULMONA L'AQUILA

| Base | Service | Structure | Address | Telephone |
|------------------|--------------------|--------------------|---|--------------|
| Avezzano | Transfusion Unit | Hospital | Località Tre Conche | 0863 499 420 |
| Castel di Sangro | Transfusion Centre | Hospital | Via Sangrina | 0862 368 402 |
| L'Aquila | Transfusion Centre | Croce Rossa office | Viale della Croce Rossa 14 | 0862 250 50 |
| | Transfusion Unit | Hospital | Piazzale Paride Stefanini Località Coppito | 0862 368 402 |
| Sulmona | Transfusion Unit | Hospital | Viale Mazzini, 100 | 0864 499 431 |

ASL 2 • LANCIANO VASTO CHIETI

| Base | Service | Structure | Address | Telephone |
|---------------------------|--------------------|-----------------|------------------------------|--------------------|
| Atessa | Transfusion Centre | Hospital | Via Antonio Gramsci | 0872 864 310 |
| Casoli | Transfusion Centre | Hospital | Via Aventino | 0872 989 222 |
| Castiglione Messer Marino | Transfusion Centre | Health District | Via Alcide De Gasperi | 0873 978 238 / 235 |
| Chieti | Transfusion Unit | Hospital | Via dei Vestini | 0871 357 592 |
| Guardiagrele | Transfusion Centre | Hospital | Via Aniello, 15 | 0871 899 237 |
| Lanciano | Transfusion Unit | Hospital | Via per Fossacesia, 1 | 0872 706 273 |
| Ortona | Transfusion Centre | Hospital | Contrada Santa Liberata | 085 917 2260 |
| Vasto | Transfusion Unit | Hospital | Via San Camillo De Lellis, 1 | 0873 308 415 |

ASL 3 • PESCARA

| Base | Service | Structure | Address | Telephone |
|---------|--------------------|---------------------|---------------------------|--------------------|
| Penne | Transfusion Unit | Hospital | Via Battaglione Alpini, 1 | 085 8276 293 |
| Pescara | Transfusion Centre | Avis Pescara office | Corso V. Emanuele II, 10 | 085 4221 129 |
| | Transfusion Unit | Hospital | Via Fonte Romana, 8 | 085 4252 497 / 515 |
| Popoli | Transfusion Unit | Hospital | Via Berlinguer | 085 9898 243 / 414 |

ASL 4 • TERAMO

| Base | Service | Structure | Address | Telephone |
|------------|--------------------|-----------|---------------------------------------|--------------------|
| Atri | Transfusion Unit | Hospital | Viale Risorgimento | 085 8707 302 / 320 |
| Giulianova | Transfusion Unit | Hospital | Via Gramsci | 085 8020 374 |
| Sant'Omero | Transfusion Centre | Hospital | Contrada alla Salara | 0861 888 337 |
| Teramo | Transfusion Unit | Hospital | Piazza Italia Frazione Villa Mosca | 0861 429 697 |



FOR WOMEN

Adoption and foster care

Contact your municipality of residence to receive all the information needed to start the procedures.

Anorexia, bulimia, obesity

If you are suffering from these types of disorders, you can receive care from structures specialised in such pathologies and offering treatment that includes:

- a medical examination with a nutritional assessment;
- an evaluation of eating habits and the overall attitude towards food;

- a psychological and psychodiagnostic evaluation;
- a psychiatric examination;
- nutritional rehabilitation;
- nutritional counselling;
- individual and family psychotherapy;
- psycho-educational encounters, on both the individual and group levels.

ASL 1 • AVEZZANO SULMONA L'AQUILA

| Base | Service | Structure | Telephone |
|----------|---|-----------------------------------|---|
| Avezzano | Auxology and Obesity of Developmental Age (0/18 years) Centre | Hospital - Paediatrics | Outpatients' Clinic 0863 499 720 |
| L'Aquila | Psychiatric Clinic- DH (only obesity and bulimia) | Hospital - building L4 Entrance C | Secretariat Outpatients' Clinic Hospitalization 0862 368 252 0862 368 645 0862 368 502 |

ASL 2 • LANCIANO VASTO CHIETI

| Base | Service | Structure | Telephone |
|--------|--|---------------------------|---|
| Chieti | Obesity Centre | Hospital - Medical Clinic | Outpatients' Clinic Department 0871 358 976 0871 358 976 0871 358 056 |
| | Auxology and Pediatric Endocrinology Service | Hospital - Paediatrics | Outpatients' Clinic Department 0871 358 827 0871 358 021 |

ASL 3 • PESCARA

| Base | Service | Structure | Telephone |
|--------|---|------------------------------|---|
| Popoli | Metabolic Diseases and Nutritional Rehabilitation Service | Hospital - Internal Medicine | Outpatients' Clinic Department 085 989 8350 085 989 8348 |

ASL 4 • TERAMO

| Base | Service | Structure | Telephone |
|------------|---|--|--|
| Atri | Auxology and Developmental Age Nutrition Centre | Hospital | 085 8707 360 |
| Giulianova | Pathophysiology of Nutrition Centre | Hospital - Via Gramsci Outpatients' Clinic - Via Ospizio Marino | 085 8020 399 / 482 085 8020 845 / 848 |

Contraception

In order to get all the information and obtain the right assistance you can ask your ASL's family planning clinic, your MMG/PLS or a private or public accredited structure gynaecologist by reservation and with an appointment request letter. Emergency contraception (meaning the *day-after pill and the 5th day-after pill*)

should **never** be considered anything but an occasional method of contraception. **It is not - and should not be used as - an habitual approach to contraception.**

In case of need you can freely go to your family planning clinic (without appointment request letter and for free), to the Continuity of care (emergency medical service), to your MMG/PLS, **even if you are a minor without parental consent.**

Pregnancy and childbirth preparation

Before starting a pregnancy you can go to a family planning clinic or to the specialist outpatients' clinics in your ASL for:

- information on pregnancy (how to be taken in, available services, maternity leaves, etc.);
- medical visits for a general health check before conception and for sterility and infertility problems;
- indications on clinical assessments for hereditary diseases;
- information on sexually transmitted diseases, on problems connected to drug addiction and on possible physiological paths.

During pregnancy you can go to a family planning clinic or to the specialist outpatients' clinics in your ASL for:

- visits and exams to assess your health conditions and to prevent genetic diseases (amniocentesis, scans);
- indications on correct lifestyles (nutrition, abstinence from smoking, etc.);
- childbirth classes;
- mandatory certifications;
- contacts with the hospital departments in which you will deliver.

Most of the exams recommended during pregnancy are prescription charges free, according to Ministerial Decree of 10.09.1998 (see *Exemptions*).

Childbirth preparation

You can attend childbirth classes in hospital at the departments of Obstetrics and Gynaecology, in Family Planning Clinics and Health Districts.

ASL 1 • AVEZZANO SULMONA L'AQUILA

| Base | Service | Structure | Address | Telephone |
|----------|-------------------------------|-----------|----------------------------------|--------------|
| Avezzano | Uo Obstetrics and Gynaecology | Hospital | Via G. Di Vittorio | 0863 499 202 |
| L'Aquila | Uo Obstetrics and Gynaecology | Hospital | Via L. Natali - Località Coppito | 0862 368 665 |
| Sulmona | Uo Obstetrics and Gynaecology | Hospital | Viale G. Mazzini | 0864 499 263 |

You can ask Family Planning Clinics for information

ASL 2 • LANCIANO VASTO CHIETI

| Base | Structure | Address | Telephone |
|------------------|--|------------------------|--|
| Atessa | Family Planning Clinic - Hospital | Via Gramsci | 0872 864 309 / 205 |
| Casoli | Family Planning Clinic | Via del Campo Sportivo | 0872 989 256 |
| Chieti | Family Planning Clinic | Via Nicola Nicolini, 1 | 0871 358 213 / 860 0871 358 844 / 509 |
| | Uo Obstetrics and Gynaecology - Hospital | Via dei Vestini | 0871 358 236 0871 357 337 |
| Chieti Scalo | Family Planning Clinic | Piazzale Marconi | 0871 565 102 / 108 |
| Gissi | Family Planning Clinic - PTA | Via Italia | 0873 947 321 / 311 |
| Lama dei Peligni | Family Planning Clinic | Via Calata Frentana, 1 | 0872 91397 |
| Lanciano | Family Planning Clinic | Via Don Minzoni, 28 | 0872 721 305 |
| Ortona | Family Planning Clinic | Piazza San Francesco | 085 9173 220 / 221 |
| San Salvo | Family Planning Clinic | Via Pascoli | 0873 343 262 |
| Vasto | Family Planning Clinic | Via Michetti, 86 | 0873 308 730 |

ASL 3 • PESCARA

Family Planning Clinics

consultori@ausl.pe.it

| Base | Address | Telephone | E-mail |
|-------------------|-----------------------------------|--------------------------------|--|
| Catignano | Town Hall | 085 841 615 | |
| Città Sant'Angelo | Largo Baiocchi | 085 4253 305 / 322 | consultorio.csa@ausl.pe.it |
| Montesilvano | Corso Umberto, 447 | 085 4253 351 / 352 / 365 / 364 | consultorio.montesilvano@ausl.pe.it |
| Penne | Contrada Carmine, 107 | 085 8276 523 / 4 / 5 | consultorio.penne@ausl.pe.it |
| Pescara | Via Milli, 2 | 085 4254 980 | consultorio.viamilli@ausl.pe.it |
| Pescara Nord | Via Nazionale Adriatica Nord, 140 | 085 4253 470 / 1 / 2 | consultorio.penornd@ausl.pe.it |
| Pescara Sud | Via Pesaro, 50 | 085 4253 975 / 903 | consultorio.pescarasud@ausl.pe.it |
| Pianella | Via Santa Lucia | 085 971 376 | |
| Popoli | Via Aldo Moro, snc | 085 9898 392 / 394 / 406 | consultorio.popoli@ausl.pe.it |
| Scafa | Viale della Stazione | 085 9898 817 | consultorio.scafa@ausl.pe.it |
| Spoltore | Via del Convento | 085 4253 611 | consultorio.spoltore@ausl.pe.it |

ASL 4 • TERAMO

| Base | Service | Structure | Address | Telephone |
|------------|----------------------------|-----------|----------------------|--------------------------|
| Atri | Gynaecology | Hospital | Via Finocchi | 085 870 7237 |
| Sant'Omero | Obstetrics and Gynaecology | Hospital | Contrada alla Salara | 0861 888 381 |
| Teramo | Obstetrics and Gynaecology | Hospital | Piazza Italia | 0861 429 363 / 371 / 372 |

Urinary incontinence

To diagnose and treat urinary incontinence you can go to the hospital departments of Urology and Obstetrics/Gynaecology (see *Hospitals*).

Infertility and assisted reproduction

To diagnose and treat infertility you can go to the hospital departments of Obstetrics/Gynaecology and to Assisted Reproduction Centres. See also *Hospitals*.

ASL 1 • AVEZZANO SULMONA L'AQUILA

| Base | Service | Structure | Address | Telephone |
|----------|-------------------------------|-----------|----------------------------------|-----------------------------|
| Avezzano | Uo Obstetrics and Gynaecology | Hospital | Via G. Di Vittorio | 0863 499 202 |
| L'Aquila | Centro Fivet | Hospital | Via L. Natali - Località Coppito | 0862 311 181 - 0862 368 264 |

ASL 2 • LANCIANO VASTO CHIETI

| Base | Structure | Address | Telephone |
|--------|---|---------------------------|--------------|
| Ortona | Medically Assisted Procreation Centre - Hospital | Contrada Santa Liberata | 085 9172 289 |
| Vasto | Perinatal Medicine Centre Uo Obstetrics and Gynaecology - Hospital | Via San Camillo de Lellis | 0873 308 568 |

ASL 3 • PESCARA

| Base | Service | Structure | Address | Telephone |
|---------|---|-----------|---------------------|--------------|
| Pescara | Infertility Clinic Uo Obstetrics and Gynaecology | Hospital | Via Fonte Romana, 8 | 085 4252 427 |

ASL 4 • TERAMO

| Base | Service | Structure | Address | Telephone |
|--------|-------------------------------|-----------|---------------|--------------------------|
| Teramo | Uo Obstetrics and Gynaecology | Hospital | Piazza Italia | 0861 429 363 / 371 / 372 |

Voluntary Termination of Pregnancy (Ivc)

It is possible to interrupt your pregnancy according to the current regulations in the hospital departments of Obstetrics/Gynaecology. For further information you can ask your MMG/PLS or a family planning clinic, **even if you are a minor without parental consent** (see *Other rights of adolescents*).

ASL 1 • AVEZZANO SULMONA L'AQUILA

| Base | Service | Structure | Address | Telephone |
|----------|-------------------------------|-----------|----------------------------------|--------------|
| Avezzano | Uo Obstetrics and Gynaecology | Hospital | Via G. Di Vittorio | 0863 499 202 |
| L'Aquila | Uo Obstetrics and Gynaecology | Hospital | Via L. Natali - Località Coppito | 0862 368 665 |
| Sulmona | Uo Obstetrics and Gynaecology | Hospital | Viale G. Mazzini | 0864 499 263 |

ASL 2 • LANCIANO VASTO CHIETI

| Base | Structure | Address | Telephone | |
|----------|-------------------------------|----------|---------------------------|--------------|
| Lanciano | Uo Obstetrics and Gynaecology | Hospital | Via del Mare | 0872 706 313 |
| Vasto | Uo Obstetrics and Gynaecology | Hospital | Via San Camillo de Lellis | 0873 308 260 |

ASL 3 • PESCARA

| Base | Service | Structure | Address | Telephone |
|---------|-------------------------------|-----------|---------------------|--------------------|
| Pescara | Uo Obstetrics and Gynaecology | Hospital | Via Fonte Romana, 8 | 085 4252 555 / 476 |

ASL 4 • TERAMO

| Base | Service | Structure | Address | Telephone |
|------------|----------------------------|-----------|----------------------|--------------------------|
| Atri | Gynaecology | Hospital | Via Finocchi | 085 870 7237 |
| Sant'Omero | Obstetrics and Gynaecology | Hospital | Contrada alla Salara | 0861 888 381 |
| Teramo | Obstetrics and Gynaecology | Hospital | Piazza Italia | 0861 429 363 / 371 / 372 |

You can ask every Family Planning Clinic in your Asl for information

Menopause Centres

You can access the Centres contacting them directly or making a reservation at the CUP with an appointment request letter for a gynaecologic visit. The activities of the Centre include: anamnestic interview, venipuncture

for laboratory examination, smear test, supra-pubic and transvaginal pelvic ultrasound, gynaecologic visit, bone density scan (MOC). During the visit the specialist will decide if you have to undergo further controls.

ASL 1 • AVEZZANO SULMONA L'AQUILA

You can address every Family Planning Clinic and every Operative Unit of Obstetrics and Gynaecology of the Hospitals in order to plan the path to follow

ASL 2 • LANCIANO VASTO CHIETI

| Base | Service | Structure | Telephone |
|----------|-------------------------------|---|--------------|
| Chieti | | Hospital - Outpatients' Clinic - 6 th floor room 630 | 0871 358 278 |
| Lanciano | Uo Obstetrics and Gynaecology | Hospital | 0872 706 254 |
| Vasto | Uo Obstetrics and Gynaecology | Hospital | 0873 308 325 |

ASL 3 • PESCARA

| Base | Service | Structure | Address | Telephone |
|---------|---|-----------|---------------------------|--------------------|
| Penne | Menopause Centre | Hospital | Via Battaglione Alpini, 1 | 085 8276 224 |
| Pescara | Menopause Centre Uo Obstetrics and Gynaecology | Hospital | Via Renato Paolini, 45 | 085 4252 425 / 528 |
| Popoli | Menopause Centre | Hospital | Via Enrico Berlinguer | 085 9898 318 / 319 |

ASL 4 • TERAMO

| Base | Structure | Address | Telephone |
|--------|-----------|---------------|--------------|
| Atri | Hospital | Via Finocchi | 085 870 7457 |
| Teramo | Hospital | Piazza Italia | 0861 429 372 |

Female cancers

Diagnosis and treatment of cervical and breast cancer can be made in every hospital, and there are also specific pathways (see also *Screening*).

ASL 1 • AVEZZANO SULMONA L'AQUILA

| Base | Service | Structure | Address | Telephone |
|----------|-------------------------------|-----------|-------------------------------------|--------------------|
| Avezzano | Uo Obstetrics and Gynaecology | Hospital | Via G. Di Vittorio | 0863 499 202 |
| L'Aquila | Uo Obstetrics and Gynaecology | Hospital | Via L. Natali - Località Coppito | 0862 368 779 / 665 |
| Sulmona | Uo Obstetrics and Gynaecology | Hospital | Viale G. Mazzini | 0864 499 263 |

You can also ask Family Planning Clinics

ASL 2 • LANCIANO VASTO CHIETI

Breast cancer integrated pathway Case Manager 366 62 06 289

ASL 3 • PESCARA

At Family Planning Clinics (see Family Planning Clinics)

ASL 4 • TERAMO

| Base | Service | Address / E-mail | Telephone |
|--------|----------------------------------|---|------------------------------|
| Teramo | Senology Path Senology Centre | Hospital - Piazza Italia percorsosenologico@asiteramo.it | 0861 429 570 0861 429 231 |

Gender violence

If you are a victim of sexual violence or any other kind of violence you can go to hospitals' ER and to Family Planning Clinics where you will receive an appropriate assistance and you will find technical-professional-relational answer on a health psycho-social level not only in the emergency phase, but also in the following period.

National toll-free numbers (free of charge):

- **Antiviolence** telephone 1522
www.antiviolenzadonna.it;
- **Antitrafficking** telephone 800 290 290;
- **Antidiscrimination**
telephone 800 901 010;
- **Genital mutilations**
telephone 800 300 558;
- **Childcare emergency**
telephone 114;
- **Telefono azzurro** (helpline) 196 96.
(See also *Abuse and maltreatment*).

Mobbing counter

Mobbing is a term used to indicate a situation of psychological pressure/terrorism in the workplace.

It results from continuous oppression and harassment exerted by the employer, by a superior, or by colleagues of the same level or subordinates, towards a certain

worker with the purpose of isolating, marginalizing and finally lead him/her to resignation or at least to give up his/her position.

Every worker can access the services offered by this counter.

ASL 1 • AVEZZANO SULMONA L'AQUILA

| Base | Structure | Address | Telephone |
|----------|-----------|----------------------------------|------------------------------|
| L'Aquila | Hospital | Via L. Natali - Località Coppito | 0862 368 667 0862 433 403 |

ASL 3 • PESCARA

| Base | Service | Structure | Address | Telephone / Fax |
|---------|-----------------|--------------|------------------------|-----------------|
| Pescara | Mobbing Counter | Old Hospital | Via Renato Paolini, 47 | 085 4253 990 |

ASL 4 • TERAMO

| Base | Service | Address | Telephone |
|--------|--------------------------|----------------------------|--------------|
| Teramo | CUG - Warranty Committee | Circonvallazione Ragusa, 1 | 0861 420 319 |



FOR CHILDREN AND ADOLESCENTS

How to register a newborn

According to the Italian Law you must register the birth of babies in order to give them identity and status.

You can register a baby at the register office within three days directly in the structure where the birth took place, or within ten days at the registry office of the Municipality where the birth took place or in the Municipality of residence of the parents.

To register your baby you need a **valid ID card** and the **certificate issued by the obstetrician or the doctor** who assisted the delivery. This document is indispensable whether the birth took place in a health facility or at home.

How to choose a paediatrician (PLs)

To choose a paediatrician for your child you have to go to the Choice and Revocation Office in your Health District with your Family Status Certificate, or a self-certification, in which are already registered the newborn and his/her tax code (you can ask for it at the nearest Agenzia delle Entrate (tax office) and you will be also given the European Health Card, which will be mailed at your address of residence).

You will have to choose the paediatrician from the list of those operating in your Health District. You can revoke your choice any time from 0 to 14 years and select another paediatrician.

For kids aged between 6 and 14 years parents can choose to register them with the MMG or the PLs.

How and when to vaccinate a child

Some vaccinations are obligatory, while others are recommended, depending on the age of the child and the presence of certain pathologies, or in the case of international travel to countries at risk.

The following **vaccinations are obligatory** for all new-borns:

- against diphtheria;
- against tetanus;
- against polio;
- against viral hepatitis B.

The **recommended vaccinations** for new-borns are:

- against measles;

- against mumps;
- against rubella;
- against invasive forms of Hib (Haemophilus Influenzae b);
- against pneumococcal infections;
- against infections from meningococcal C.

For little girls in their 12th year of age, vaccination against infection from certain strains of HPV (human papillomavirus) is recommended.

For more detailed information, contact your paediatrician or the public hygiene service where you must go to have the vaccinations performed.

ASL 1 • AVEZZANO SULMONA L'AQUILA

| Base | Address | Telephone | Fax |
|------------------|-------------------------------------|--------------------|--------------|
| Avezzano | Via Monte Velino, 18 | 0863 499 860 | |
| Castel di Sangro | Via Porta Napoli, 50b | 0864 899 269 | |
| L'Aquila | Via Gaetano Bellisari - Collemaggio | 0862 368 831 / 834 | 0862 368 831 |
| Sulmona | Via Gorizia, 4 | 0864 499 622 | |

ASL 2 • LANCIANO VASTO CHIETI

| Base | Structure | Address | Telephone | Consulting hours |
|---------------------------|-----------------|-----------------------------|----------------------------------|---|
| Atessa | Health District | Piazza Garibaldi | 0872 864 295 | on Mondays, Tuesdays Wednesdays and Fridays 9.00-12.00 |
| Casoli | Health District | Via del Campo Sportivo | 0872 989 252 | on Wednesdays, Thursdays and Fridays 9.00-12.00 |
| Castiglione Messer Marino | Health District | Via Alcide De Gasperi, 1 | 0873 975 055 | on Tuesdays and Fridays 10.00-12.00 |
| Chieti | ex Hospital | Via Valignani | 0871 358 395 0871 358 431/391 | Mondays to Fridays 8.30-12.30 |
| Francavilla al Mare | | Via Pola, 15b | 085 4911 437 | on Tuesdays and Thursdays 8.30-13.00 |
| Guardiagrele | ex DSB | Via Anello, 15 | 0871.899308 | on Mondays, Tuesdays and Thursdays 8.30-10.30 |
| Lanciano | Health District | Via Don Minzoni | 0872.706966 | Mondays to Fridays 9.00-12.00 |
| Orsogna* | Health District | Via G. Magno | 0871 867 063 | on Mondays 9.30-11.30 |
| Ortona | Health District | Piazza San Francesco, 4 | 085 9173 226 | Mondays to Saturdays 8.30-12.30 |
| San Giovanni Teatino | Health District | Via Cavour, 4/2 | 085 4461 324 085 4463 505 | on Mondays and Thursdays 9.00-11.45 |
| San Salvo | Health District | Via Alcide De Gasperi | 0873 5449 215 | on Mondays, Tuesdays, Thursdays, Fridays and Saturdays 9.00-12.00 |
| Tollo* | Health District | Via Principessa di Piemonte | 0871 969 099 | on Fridays 8.30-11.30 |
| Vasto | Health District | Via Michetti, 86 | 0873 908 740 | Mondays to Fridays 9.00-12.00 |

* Facilities soon scheduled to close

ASL 3 • PESCARA

| Base | Service | Structure | Address | Telephone |
|---------|---------------------|-----------|------------------------|--------------|
| Pescara | Vaccinations Office | Hospital | Via Renato Paolini, 45 | 085 4253 959 |

There are vaccination structures in Health Districts

ASL 4 • TERAMO

| Base | Service | Structure | Address | Telephone |
|--------|--------------------------------|---------------------|-------------------|--------------|
| Teramo | Epidemiology and Public Health | Vaccinations Centre | Contrada Casalena | 0861 420 569 |

Paediatric neuropsychiatry and developmental psychology

In every ASL you can make use of the services offered by this specialist branch which performs activities of prevention, diagnosis, care and rehabilitation for neurologic, psychiatric and psychological/relational disorders in children and adolescents aged between 0 and 18 years.

The professional competences of child psychiatrists, psychologists, speech therapists and physiotherapists are put at the service of these activities, in collaboration with PLS/MMG.

The intervention sectors are:

- **Neurology**, psychomotor retardations and adjustment disorders of the first year of life, epilepsies, cerebral palsies, muscular dystrophies, dystonia, cephalalgias, neurometabolic diseases, genetic syndromes, etc.;
- **Neuropsychology**, mental retardation, specific learning disorders (dyslexia, dysorthography, dyscalculia) language disorders (dysphasia, stutter, language delays, etc.);

- **Psychiatry and clinical psychology**, children and adolescents behavioural disorders, hyperactivity, attention problems, autism, psychosis, depression, anorexia, bulimia and other eating disorders, obsessive-compulsive disorders, sleep disorders, anxiety disorders, phobia, psychosomatic illnesses, relational disorders, personality disorders, enuresis, encopresis, maltreatment and violence on minors and their consequences;
- **Rehabilitation**, rehabilitation projects in movement, psychomotor, cognitive, neuropsychological and psychiatric disorders.

The service guarantees: outpatient performances, visits, individual and group medical interviews, assessments, individual and group activities of social support, consultancies and assessments at the request of court or other authorities, consultancies in schools (according to Law 104/92), home visits, visits to educational and rehabilitative structures.

To make a reservation call the numbers reported on the following pages.

ASL 1 • AVEZZANO SULMONA L'AQUILA

| Base | Service | Structure | Address | Telephone |
|----------|-----------------------------|------------------------|----------------------------------|--------------------|
| Avezzano | | ex Polio Centre | Via Don Minzoni | 0863 499 025 / 048 |
| L'Aquila | Mother and Child Department | Hospital | Via L. Natali - Località Coppito | 0862 368 510 |
| Sulmona | | ex Comboniani building | Via Gorizia, 4 | 0864 499 626 |

ASL 2 • LANCIANO VASTO CHIETI

| Base | Structure | Address | Telephone |
|---------------------|------------------------------|----------------------|--------------------|
| Chieti | Health District | Via Tiro a Segno | 0871 358 972 |
| Chieti Scalo | District supplies department | Via De Litorio, 24 | 848 000 952 |
| FrancaVilla al Mare | Health District | Contrada Alento | 085 9174 227 |
| Ortona | Health District | Piazza San Francesco | 085 9173 309 / 235 |

ASL 3 • PESCARA

| Base | Service | Structure | Address | Telephone |
|---------|---------------------------|--------------|------------------------|--------------------|
| Pescara | Infantile Neuropsychiatry | Old Hospital | Via Renato Paolini, 45 | 085 4252 842 / 843 |

ASL 4 • TERAMO

| Base | Service | Address | Telephone |
|--------|---------------------------|-------------------|--------------|
| Teramo | Infantile Neuropsychiatry | Contrada Casalena | 0861 420 518 |

For eating disorders in infancy and in childhood, see *Anorexia, Bulimia, Obesity* on page 102.

Abuse and maltreatment

At the child psychiatry service and at Family Planning Clinics you can receive institutional interventions against abuse and maltreatment of minors. They will perform a diagnostic evaluation, a therapeutic project and the foster care of the minor victim of abuse or maltreatment and his/her family.

National help numbers (free of charge):

- **Telefono azzurro** (helpline) 196 96 www.azzurro.it;
- **Health emergency** telephone 114;
- **Missing children** telephone 116 000;
- **Child pornography** telephone 196 196 www.hot114.it.

Family mediation

The child psychiatry service offers help to parents in high conflict separations. At the family planning clinic you will have for free at your disposal a family mediator. The service aims to help separating cou-

ples in reaching agreements having as their main goal a concrete emotional protection of the minor. You can refer to the following contacts for further information.

ASL 1 • AVEZZANO SULMONA L'AQUILA

| Base | Structure | Address | Telephone |
|----------|-----------------|-----------------|--------------|
| Avezzano | ex Polio Centre | Via Don Minzoni | 0863 499 025 |

ASL 2 • LANCIANO VASTO CHIETI

You can refer to social workers in every Family Planning Clinic

ASL 3 • PESCARA

In Family Planning Clinics (see offices)

ASL 4 • TERAMO

In Family Planning Clinics (see offices)

School in hospital

In the paediatric departments there is the school in hospital service, involving teachers from kindergartens and primary school. The activity aims to make the hos-

pitalization less traumatic for the little patients, guaranteeing their right to study, in order to contrast the school dropout deriving from the illness.

Other rights of adolescents

The health acts listed below can be requested **without parental or tutors' consent**. The doctor will have to carry them out:

- diagnostic (also laboratory) assessments and cares in case of **symptoms of sexually transmitted diseases** (Law 837/56 art. 4 and art. 9 and 14 of the Implementation regulation DPR 2056/62);
- medical services and distribution in health structures and Family Planning Clinics of necessary means to responsible parenthood/**contraception** (Law 194/78 art. 2) and of **gynaecological visits**;
- acts for **interruption of pregnancy** (Law 194/78 art. 12);

- diagnostic, therapeutic and rehabilitation assessments due to **drug use** (DPR 309/90 art. 120);
- health treatments in case of suspected **physical violence** or **sexual abuses**.

For every information also inherent other kind of problems you can always freely go to Family Planning Clinics and URP (see *Family Planning Clinic* and *URP*).

For further information consult the DGR 230/2009 *Approvazione linee di indirizzo per la gestione del consenso informato* (Approval of directives to the management of informed consent), BURA no. 34 of 15/07/2009.



FOR THE ELDERLY

Rehabilitation path

Rehabilitation health activities aim at the functional recovery of modifiable handicaps and disabilities, of various nature and severity, addressed to patients of every age who need appropriate and effective rehabilitation interventions. These activities guarantee hospitalization, outpatient and home functions.

The ASL can also make use of accredited private structures through the regional health system.

The rehabilitation activities require taking in charge of the patient through the predisposition of an individual rehabilitation project with interdisciplinary and interprofessional modalities.

Integrated Home Care (ADI)

See to pages 47 and 48.

Planned Home Care (ADP)

This kind of assistance guarantees a regular lift (weekly, fortnightly or monthly) to the MMG/PLS consulting rooms to people unable to move.

Non-ambulatory patients unable to reach the consulting room or people with serious difficulties in moving about (heart or respiratory failure, etc.) can ask for this service at the MMG/PLS and/or their Health District.

Nursing homes (Residenze Sanitarie Assistenziali - Rsa)

RSAs are outpatient territorial structures for non self sufficient patients older than 65 years, affected by chronic or post-acute disabling diseases susceptible of treatment.

The RSA guarantees: basic health care, re-

habilitation treatments, assistance in activities of daily living. The access to the RSA happens through the Geriatric Assessment Unit (UVG), requested by your MMG or, if the patient is hospitalized, by a member of the department.

ASL 1 • AVEZZANO SULMONA L'AQUILA

RSA (Residenze Sanitarie Assistenziali) - Accredited/Provisionally Accredited Private Nursing Homes

| Base | Structure | Address / E-mail | Telephone / Fax |
|------------------|------------------------------|--|----------------------------------|
| Avezzano | Don Orione | Via Corradini, 31 orioneav.amm@tiscali.it | 0863 415 348 fax 0863 33175 |
| Canistro | Ini | Via del Cotardo, 1 accettazione.canistro@gruppoi.it | 0863 97460 fax 0863 977 478 |
| Castel di Sangro | Pax Cristi | Via Sangro, 45 paxchristi@libero.it | 0864 845 224 fax 0864 845 224 |
| Celano | Opera Santa Maria della Pace | Via Collutri, 1 clinicacelano@alice.it | 0863 790 051 fax 0863 790 760 |
| Fontecchio | Opera Santa Maria della Pace | Contrada delle Grazie, 1 rsa.fontecchio@libero.it | 0862 85 119 / 139 / 398 |
| Montereale | RSA Public structure | SS Picente, 16 | 0862 90401 fax 0862 40211 |
| Scoppito | Villa Dorotea | Località Macere direzionesanitaria@villadorotea.it | 0862 71441 fax 0862 7144 272 |
| Trasacco | Nova Salus | Via Roma, 75 | 0863 93131 |
| Villalago | San Domenico | Via della Difesa, 1 sandomenicorsa@sangrogestionispa.it | 0864 740 611 fax 0864 740 679 |

ASL 2 • LANCIANO VASTO CHIETI

RSA (Residenze Sanitarie Assistenziali) - Accredited/Provisionally Accredited Private Nursing Homes

| Base | Structure | Address | Telephone |
|----------------------|--------------------------|------------------------|--------------|
| Casalbordino | Domus Pacis | Via Rossini, 6 | 0873 907 366 |
| Celenza sul Trigno | Samidad Il Chiostro | Piazza Cavour, 8 | 0873 958 709 |
| San Giovanni Teatino | Villa San Giovanni | Via Monte Bordone, 2 | 085 4469 045 |
| San Salvo | Edos Gestioni San Vitale | Contrada Stazione, 111 | 0873 514 418 |
| Santa Maria Imbaro | Edos Santa Rita | Via Gesi, 35 | 0872 578 412 |

ASL 3 • PESCARA

RSA (Residenze Sanitarie Assistenziali) - Accredited/Provisionally Accredited Private Nursing Homes

| Base | Structure | Address | Telephone | Fax |
|-------------------|--|--------------------------------------|------------------------------|--------------|
| Città Sant'Angelo | Villa Serena Public structure Psycho-geriatric Rsa "Azzurra" of Villa Serena | Largo Baiocchi Viale Petruzzi, 42 | 085 4253 319 085 9590 459 | 085 4253 300 |
| Montesilvano | Santa Maria Ausiliatrice | Via Marinelli, 104 | 085 75093 | |
| Spoltore | Medaglia d'Oro De Cesaris | Strada Bucciarelli, 13 | 085 413 353 | |
| Tocco da Casauria | RSA Public structure | Via XX Settembre | 085 880 287 | |

ASL 4 • TERAMO

RSA (Residenze Sanitarie Assistenziali) - Accredited/Provisionally Accredited Private Nursing Homes

| Base | Structure | Address | Telephone |
|------------|--|-------------------|------------------------------|
| Giulianova | Quadrifoglio s.c. onlus ex Residence Cristal Cris '89 | Via Bompadre, 36 | 085 8003 882 085 8025 147 |
| Teramo | RSA Public structure | Contrada Casalena | 0861 420 595 / 599 |

Assisted Residences (RA)

The RAs are structures of residential hospitality designed to receive self-sufficient elderly people no longer capable of living autonomously at home.

The service is addressed to elderly people older than 65 years.

Ask your doctor in order to activate it.

ASL 1 • AVEZZANO SULMONA L'AQUILA

RA - Private Provisionally Accredited Assisted Residences

| Base | Structure | Administration | Address | Telephone / Fax |
|----------|------------------------|--------------------------|-------------------|----------------------------------|
| L'Aquila | Senior Services Centre | Municipality of L'Aquila | Via Capo Croce, 1 | 0862 401 760 fax 0862 401 760 |

ASL 2 • LANCIANO VASTO CHIETI

RA - Private Provisionally Accredited Assisted Residences

| Base | Structure | Address | Telephone |
|-------------------|--|--------------------------|------------------------------|
| Bucchianico | Istituto Figlie di San Camillo | Via Piana, 17 | 0871 381 127 0871 382 293 |
| Castelfrentano | Coop. Soc. Fraternitas | Via Paludi, 4 | 0872 56805 |
| Chieti | Istituti Riuniti San Giovanni Battista | Piazza Garibaldi, 2 | 0871 345 252 |
| Crecchio | Soc. Lido srl Casa Albergo Il Castello | Via Piano Parcino, 20 | 0871 942 015 |
| Guardiagrele | Soc. Coop. Simeoni Sen. E. Borrelli | Via Colle Granaro | 0871 801 074 |
| Lanciano | Casa Religiosa Antoniano | Viale Sant'Antonio, 4 | 0872 715 389 |
| | Istituto Sacri Cuori Maria Assunta | Via Santo Spirito, 13 | 0872 40214 |
| Orsogna | Soc. Coop. Simeoni La Casa del Sole | Via Torre Pellegrina, 14 | 0871 86525 |
| Ortona | Soc. Lido Srl T. Berardi | Via della Libertà, 248 | 085 9069 213 |
| San Vito Chietino | Istituto Sacri Cuori "C. Ciampoli" | Viale C. Colombo, 34 | 0872 61084 |

ASL 3 • PESCARA

RA - Private Provisionally Accredited Assisted Residences

| Base | Structure | Address | Telephone |
|--------|-----------------------|----------------------|-----------|
| Popoli | Residenza Il Giardino | Via C. D'Ascanio, 10 | 085 98400 |

ASL 4 • TERAMO

RA - Private Provisionally Accredited Assisted Residences

| Base | Structure | Address | Telephone |
|----------------------|--|------------------------------|------------------------------|
| Civitella del Tronto | Opera Pia Filippo Alessandrini Nursing Home and Rsa | Via Ferdinando II di Borbone | 0861 91358 |
| Giulianova | Quadrifoglio s.c. onlus ex Residence Cristal Cris '89 | Via Bompadre, 36 | 085 8003 882 085 8025 147 |
| Teramo | Ipab Nursing Home G. De Benedictis | Viale Crispi, 245 | 0861 4281 |
| | Is.en.co. Srl City Residence | Via Vincenzo Irelli, 16/18 | 0861 252 398 0861 254 461 |

Centres for Alzheimer's and Parkinson's patients

These centres make assessment visits for the Alzheimer's disease and for movement disorders, and the following monitoring visits at the Neurology and Neuropsychopathology. Only for the first visit you have to make a reservation at the CUP with an appointment request letter.

For the detection of the Alzheimer's disease they make a clinical evaluation of the cognitive functions, through administration of psycho-

metric tests; an evaluation of tomography and RMN (Nuclear Magnetic Resonance) and an evaluation of the blood chemistry parameters for the differential diagnosis between primary and secondary dementia.

For the detection of the Parkinson's disease they make a clinical evaluation of the disease, an evaluation of the RMN, a genetic screening through the collection of a blood sample.

ASL 2 • LANCIANO VASTO CHIETI

| Base | Service | Structure | Address | Telephone |
|----------|--|----------------------|----------------------|--------------------|
| Chieti | Geriatric Clinic | Hospital | | 0871 358 514 |
| Lanciano | Cognitive Disorders and Dementia Centre | Health District | Via Don Minzoni, 1 | 0872 706 928 / 510 |
| | Uo Neurology Alzheimer's Disease Evaluation Unit | Hospital | | 0872 706 385 |
| Ortona | Psychogeriatric Outpatients' Clinic | Mental Health Centre | Piazza San Francesco | 085 9173 240 |
| Vasto | Uo Psychiatry | Hospital | | 0873 308 407 |

ASL 3 • PESCARA

| Base | Service | Structure | Address | Telephone |
|---------|----------------------------------|-------------------------------|------------------------|--------------------|
| Pescara | Alzheimer's Disease Centre | Old Hospital (ex Paediatrics) | Via Renato Paolini, 47 | 085 4252 928 |
| | Uo Clinical Neuropsychopathology | Old Hospital | Via Renato Paolini, 45 | 085 4252 883 / 884 |

ASL 4 • TERAMO

| Base | Service | Structure | Address | Telephone |
|------------|---|-----------|----------------------|--------------------------|
| Atri | Alzheimer's Disease Centre | Hospital | Via Finocchi | 085 8707 231 / 331 |
| Giulianova | Alzheimer's Disease Centre | Hospital | Via Gramsci | 085 802 0302 |
| Sant'Omero | Alzheimer's Disease Centre | Hospital | Contrada alla Salara | 0861 888 284 |
| Teramo | Neurology | Hospital | Piazza Italia | 0861 429 594 / 595 / 723 |
| | Psychiatry - Alzheimer's Disease Centre | Hospital | Piazza Italia | 0861 429 705 / 707 / 708 |

Osteoporosis

You can undergo ultrasound densitometry – morphometric visit – Bone Density

Scan (MOC) in the designated hospital departments.
You can book at the CUP.

ASL 2 • LANCIANO VASTO CHIETI

| Base | Service | Structure | Telephone |
|----------|-----------------------------------|---------------------|--------------|
| Chieti | Endocrinology Outpatients' Clinic | Hospital - 5° floor | 0871 358 587 |
| Lanciano | Uo Nuclear Medicine | Hospital | 0872 706 226 |

ASL 3 • PESCARA

At the Radiology Departments of Hospitals and Health Districts

ASL 4 • TERAMO

| Base | Service | Structure | Address | Telephone |
|--------|------------------------------|-----------|---------------|--------------------|
| Teramo | Regional Osteoporosis Centre | Hospital | Piazza Italia | 0861 429 547 / 453 |

Pain and palliative care

The structure for **pain therapy** is active in hospitals, meets the different needs of the treatment of severe and chronic pain for hospitalized and home assisted patients. It performs the following activities: outpatient

activity, Day Hospital/Day Surgery Activity, chronic benign pain treatment (acute and chronic low back pain, trigeminal neuralgia, cephalalgia, etc.), integrated home activity. You can contact the following numbers.

ASL 1 • AVEZZANO SULMONA L'AQUILA

| Base | Service | Structure | Address | Telephone / Fax |
|----------|-----------------------|-------------------------|----------------------------------|---------------------|
| Avezzano | Operative District | Hospital | Via G. Di Vittorio | 0863 499 346 |
| L'Aquila | Uo Anesthesiology | Hospital | Via L. Natali - Località Coppito | 0862 368 785 |
| | Pain Therapy and Care | Hospice Casa Margherita | Via Capo Croce,1 | 0862 4096 201 / 214 |
| Sulmona | Operative District | Hospital | Viale Mazzini, 100 | 0864 499 271 |

ASL 2 • LANCIANO VASTO CHIETI

| Base | Service | Structure | Telephone |
|----------|-----------------------------------|-----------|--------------------|
| Chieti | Uo Anaesthesia and Intensive Care | Hospital | 0871 358 404 |
| | Uo Pain and Palliative Care | Hospital | 0871 358 478 |
| Lanciano | Uo Anaesthesia and Intensive Care | Hospital | 0872 706 545 / 339 |
| Vasto | Uo Anaesthesia and Intensive Care | Hospital | 0873 308 458 |

ASL 3 • PESCARA

| Base | Service | Structure | Address | Telephone |
|---------|----------------------------------|--------------|------------------------|--------------|
| Pescara | Pain Therapy and Palliative Care | Old Hospital | Via Renato Paolini, 45 | 085 4252 463 |

ASL 4 • TERAMO

| Base | Service | Structure | Address | Telephone |
|------------|----------------------------------|-----------------|----------------------------|--------------------|
| Atri | Pain Therapy Outpatients' Clinic | Hospital | Via Finocchi | 085 8707 225 / 226 |
| Giulianova | Pain Therapy Outpatients' Clinic | Hospital | Via Gramsci | 085 8020 273 |
| Sant'Omero | Pain Therapy Outpatients' Clinic | Hospital | Contrada alla Salara | 0861 888 426 |
| Teramo | Pain Therapy Outpatients' Clinic | Hospital | Piazza Italia | 0861 429 922 |
| | Pain Therapy Coordination | Health District | Circonvallazione Ragusa, 1 | 0861 420 344 / 388 |

The aim of **palliative cares** is to cure, reducing as much as possible the disabling symptoms which can characterize the terminal phase of the diseases.

According to the needs of the patient, palliative cares can be administrated **at home, at the outpatients' clinics, at the hospital, at the hospice.**

The regional structures are the following.

ASL 2 • LANCIANO VASTO CHIETI

| Base | Service | Structure | Address | Telephone |
|----------------------|----------------------------------|------------------------------|-------------------|----------------------------------|
| Chieti | Uo Pain and Palliative Care | Hospital | | 0871 358 478 |
| Lanciano | Uo Palliative Care Hospice - NAD | Hospice Alba Chiara | Via Belvedere, 65 | 0872 715 827 |
| Torrevicchia Teatina | | Hospice Torrevicchia Teatina | Via Castelferrato | 0871 357 019 fax 0871 357 010 |

ASL 3 • PESCARA

| Base | Service | Structure | Address | Telephone |
|---------|----------------------------------|--------------|------------------------|--------------|
| Pescara | Pain Therapy and Palliative Care | Old Hospital | Via Renato Paolini, 45 | 085 4252 463 |

ASL 4 • TERAMO

| Base | Service | Structure | Address | Telephone |
|----------|-------------|-----------------|----------------------------|--------------|
| Atri | ADi Service | Health District | Via Finocchi | 085 870 7436 |
| Montorio | ADi Service | Health District | Contrada Plane | 0861 429 912 |
| Nereto | ADi Service | Health District | Via Lenin, 18 | 0861 888 233 |
| Roseto | ADi Service | Health District | Via Adriatica, 42 | 085 802 0870 |
| Teramo | ADi Service | Health District | Circonvallazione Ragusa, 1 | 0861 420 388 |

The ADi has the right to avail of the collaboration of the specialist on duty at the Analgesic Therapy Department and/or of specific professional figures

Prostate diseases

You can ask the departments of Urology of the hospitals for diagnosis and treatment of these pathologies.

ASL 2 • LANCIANO VASTO CHIETI

Integrated pathway for prostate cancer Case Manager 366 62 06 289



FOR FOREIGN RESIDENTS AND ITALIANS ABROAD

Italians abroad

If you travel for tourism, work or study to a state of the European Union, or to Iceland, Liechtenstein, Norway or Switzerland (states that belong to the EEA, or European Economic Area), remember to bring your TEAM – European Health Insurance Card – with you. This is the back portion of your national healthcare card (the one issued by the Revenues Agency to everyone registered with the National Healthcare System). When you present your TEAM to a doctor or hospital (public or subsidised) in states of the EU or the EFTA, you are entitled to receive the medical services you require, and not only emergency care, under the same conditions as the citizens of the country you are visiting.

As a rule, the services are provided free of charge, apart from the payment of any deductible fees or other minimum expense contributions. But it should be remembered that

healthcare systems in Europe vary from one country to another. Services that are supplied free of charge in Italy may not be in another European State. Or in certain countries (such as France) there may be a system of indirect assistance, under which the service must be paid for, but then you can request reimbursement from your ASL upon returning to Italy. Minimum deductible payments, on the other hand, are never reimbursed, no matter what country they were paid in. It should also be kept in mind that exemptions from minimum deductible payments provided in Italy for certain chronic illnesses may not be valid in other States of the UE or the EFTA.

What is more, although individuals with chronic conditions are entitled, when they present their TEAM cards, to “continuity of care”, meaning whatever treatment is necessary, based on their health, the Ministry

of Health still recommends that patients undergoing dialysis or chemotherapy, for example, make contact in advance with the foreign structure from which they shall request the service.

If, on the other hand, you travel to a country outside the European Union, and there are no bilateral agreements in force with that country regarding healthcare, then you may benefit from indirect assistance (meaning that you pay the expense and then present a request for reimbursement to the Italian diplomatic mission abroad within three months of the date of the last expense for each medical event), but **only if you are travelling for reasons of study or work.**

In such cases, the beneficiaries of the assistance must request from the ASL with which they are registered, doing so prior to their departure, the certification referred to under art. 15 of Presidential Decree no. 618 of 31 July '80, having first presented the following documentation:

- **for workers:** a note of transfer abroad, plus documentation demonstrating that they are still covered by the Italian pension and welfare system;

Travel abroad for highly specialized treatment

Medical care abroad, when authorised in advance, is permitted only on an exceptional basis and exclusively for highly specialised treatment that cannot be obtained in our country in timely fashion or in a manner adequate to the nature of the specific clinical case. To obtain authorisation, the interested party, or someone acting on their behalf, must present to the patient's local healthcare unit:

- the request;
- the proposal of a specialist, complete with adequate corroboration of the fact that it

- **for students:** documentation demonstrating that they have been granted a scholarship or that they are registered with a foreign university or foundation;

- the individual's national healthcare card. Remember that failure to notify the ASL with which you are registered voids your right to be reimbursed for medical expenses sustained abroad. Individuals who return to Italy on a sporadic basis are entitled to the services provided to all citizens, assuming they present documentation of their work activities abroad. In cases where the return to Italy is so brief that there is no time to be registered anew on the list of family doctors, the patient is entitled to treatment by a general practitioner or paediatrician under the system of occasional controls or the services of physicians on-call, with the expense to be paid by the patient, who may then request reimbursement. When the individual returns from abroad for good, he or she must register once again with the local ASL and select a family doctor. The new registration may be made on the lists of the same family doctor with whom the individual was registered prior to the suspension of participation in the system.

is impossible to obtain the services in Italy in timely fashion or in a form adequate to the specific clinical case. The specialist's proposal must also indicate the foreign structure selected for the service. It should be noted that **valid proposals may be presented by either public or private specialists;**

- any other documentation required under regional rules or measures.

The local healthcare unit, acting in accordance with the procedures established by the regional government, sends the request and the doc-

umentation to the **CRR**, or **Regional Reference Centre**, with jurisdiction over the local territory. The Reference Centre determines whether the prerequisites have been met (it is impossible to receive the necessary treatment in Italy in timely fashion or in a form adequate to the characteristics of the specific clinical case) and the foreign structure is appropriate. It then notifies the local healthcare unit of its opinion, together with the reasons for the same. The local healthcare unit, having received the opinion of the

Foreigners in Italy

CITIZENS OF THE EUROPEAN UNION

Citizens covered by the assistance of a state of the European Union or the European Economic Area (Iceland, Liechtenstein, Norway and Switzerland) may benefit from healthcare assistance in Italy if they:

- they have a TEAM, or European Health Insurance Card;
- they have certification of their right to receive assistance.

Either the TEAM or certification of the right to receive assistance allow them to benefit from care under the same conditions contemplated for the patients of the Italian National Healthcare Service, meaning directly (the patient does not have to pay the expense in advance, or the deductible cost). EU Directive no. 24, approved by the European Parliament and Council on 9 March 2011 and regarding the "application of the rights of patients to cross-border medical care", also stipulates that those covered by the healthcare systems of countries of European Union can benefit from care in Italy under the same conditions provided for by their healthcare systems, but in indirect form (patients initially pay the cost of the healthcare service provided, as authorised

Centre, decides whether or not to issue the authorisation, **notifying the interested party** and the Centre of its decision.

Attention: maintenance treatment and monitoring, even if it has to do with a prior authorisation, must still be authorised in advance, based on the opinion of the Regional Reference Centre, to which, each time the need arises, a new request for authorisation must be presented, in accordance with the same procedure indicated above.

in the eligible cases, and later request reimbursement from their national systems, which provide reimbursement based on their own fees, even if these are lower than the Country in which the care was received.

NON-EU CITIZENS

Foreign citizens present in Italy on a regular basis may utilise the structures of the SSN, or national healthcare service, under procedures that differ, depending on the motives for their presence.

Foreign citizens present on a temporary basis, for a period of no more than 90 days (as in the case of tourists), may benefit from emergency and elective healthcare service when they pay the related regional fees. Registration with the SSN is not called for, except in the case of students and au pair help.

Foreign citizens with proper residence permits may register with the SSN at the local healthcare unit of the Municipality where they are registered as residents or, if they have yet to establish official residence, at the effective domicile indicated on their residence permit. Registration with the SSN allows foreign citizens to select a family physician found on the ASL registers, resulting in the awarding of 4

credits valid under the agreement of integration. Healthcare assistance is extended to family members officially residing in Italy. Depending on the circumstances, registration may be obligatory or voluntary.

• **OBLIGATORY**

Non-EU foreign citizens are entitled to obligatory registration with the National Healthcare Service when they:

- are official residents of Italy and are currently engaged in salaried or freelance employment or entered on the lists of the unemployed awaiting placement;
- when they are official residents or have requested renewal of their residence permits for: salaried or freelance employment; family motives; political asylum; humanitarian asylum; requests for asylum; while awaiting adoption or the awarding of custody; to obtain citizenship;
- until such time as the initial issuing of a residence permit for salaried employment or family motives.

To benefit from the services provided by the SSN, foreign citizens must be registered with the system, and the Healthcare Card is the document that demonstrates registration. It is an individual document that provides access to care. Foreign citizens register with the SSN at the office for selecting and changing family doctors of the ASL in which they reside or where the habitual domicile indicated on their residence permit is located.

• **VOLUNTARY**

Foreigners who officially reside in Italy for more than three months, and who are not entitled to obligatory registration, are required to insure themselves against the risk of illness, injury or maternity by taking out a private insurance policy or through voluntary registration with the SSN. Those entitled to register with the SSN on a voluntary basis are:

- students and au pair workers, even for periods of less than three months;
- holders of elective residence permits who do not perform any working activity, as well as religious personnel, diplomatic and consular personnel and all other categories identified as not being included among those entitled to obligatory registration.

Foreign citizens who hold residence permits for medical treatment or tourism cannot be registered voluntarily with the SSN.

Parents older than sixty-five who have been reunited in Italy with a child since 5 November 2008 can no longer be registered with the SSN on an obligatory basis, even if they hold a residence permit for family motives.

In fact, Legislative Decree 160/2008 states that parents of more than sixty-five years of age must possess a healthcare policy of their own that is valid in Italy or they must register with the SSN on a voluntary basis, paying the cost contribution called for under the ministerial decree currently being drawn up.

As things currently stand, therefore, medical coverage can be obtained only with an individual healthcare policy valid throughout Italian territory. Voluntary registration with the SSN requires payment of an annual, lump-sum expense contribution that cannot be divided into instalments. In order to register, the contribution must be paid into a current account of the regional administration. The foreign citizen can request the account from the ASL where he or she intends to register. Voluntary registration entitles the foreign citizen to all the services provided by the SSN within Italian territory, on an equal footing with Italian citizens. An interactive guide on the internet site of the Ministry of Health can be used by all the individuals covered by the system, as well as by all healthcare operators, to obtain information on whether patients are entitled to medical

care during a trip or a period of residence in any country of the world. The guide specifically explains how to obtain care, whom to

contact and how to request reimbursements. The link is: www.salute.gov.it/portale/temi/p2_4.jsp?area=Assistenza%20sanitaria.

ASL 1 • AVEZZANO SULMONA L'AQUILA

| Base | Structure | Address | Telephone |
|----------|-----------------|-------------------------------------|--------------|
| Avezzano | Health District | Via Monte Velino, 18 | 0863 499 805 |
| L'Aquila | Health District | Via Gaetano Bellisari - Collemaggio | 0862 368 822 |

ASL 2 • LANCIANO VASTO CHIETI

| Base | Structure | Address | Telephone | Fax |
|-------------------|-----------------|----------------------|--------------------|--------------|
| Chieti | Health District | Via Tiro a Segno | 0871 358 717 | 0871 358 679 |
| Lanciano | Health District | Via Don Minzoni | 0872 706 952 / 955 | 0872 706 951 |
| Ortona | Health District | Piazza San Francesco | 085 917 3261 | 085 917 3251 |
| Vasto | Health District | Via Michetti, 86 | 0873 308 741 | 0873 308 784 |
| Villa Santa Maria | Health District | Via Roma, 32 | 0872 944 959 | 0872 940 975 |

ASL 3 • PESCARA

| Base | Service | Structure | Address | Telephone |
|---------|----------------------------|-----------------|------------------------|------------------------------|
| Pescara | Non EU Outpatients' Clinic | Health District | Via Pesaro, 50 branch | 085 4253 960 |
| | Health Assistance | Hospital | Via Renato Paolini, 45 | 085 4254 007 |
| | Abroad | Hospital | Via Fonte Romana, 8 | 085 4252 983 085 4254 048 |

ASL 4 • TERAMO

| Base | Service | Structure | Address | Telephone |
|--------|----------------|-----------------|----------------------------|--------------|
| Teramo | Foreign Office | Health District | Circonvallazione Ragusa, 1 | 0861 420 288 |

Cultural mediator

It is a professional figure which aims to ease the integration of foreign citizens in the social context of the new country. The cultural media-

tor has a deep knowledge of both cultures and mediates between the needs of immigrants and the solutions given by the public services.

ASL 3 • PESCARA

| Base | Service | Structure/Indirizzo | Telephone |
|---------|--|--|--------------------|
| Pescara | Community Medicine Non EU Outpatients' Clinic | Old Hospital Via Renato Paolini, 47 | 085 4253 960 / 962 |

ASL 4 • TERAMO

| Base | Service | Structure |
|--------|---|-----------------|
| Teramo | Linguistic and cultural mediation on call | All Asl offices |



FOR BUSINESSES

Health duties of factory farms, commercial enterprises, building firms, opinion issuing and health certificates

See *Prevention*.

OUR COMMITMENT TO QUALITY

Our pact with the citizens

The Regional Health Service is constantly aimed at the users' satisfaction; in order to achieve this goal there is a path shared with all the regional ASLs to create a quality Health System.

To guarantee the participation of the citizens to the regional health system have been activated with DGR no. 274/2011 the following organisms:

- **Mixed Advisory Committees**, corporate bodies aimed at encouraging the citizens' participation in the decision making process for the aspects related to the

improvement of the quality of services;

- **Mixed Conciliatory Commissions**, second level protection bodies, competent for the examination of observations, oppositions, denunciations and complaints against acts and behaviours which limit or prevent the usability of health services;
- the **Regulation of Public Protection**, which regulates the modality of presentation, acceptance and definition of the reports of acts or behaviours that according to the users have hindered or limited the usability of health services.



Verification of quality of services

We put particular effort not only in defining the users' expectations and in their perception of the service offered, but also in promoting and verifying research programs for the improvement of quality, considering the resources, the technological devices and the existing structures. The active services to improve the quality are the following:

- the **Institutional Accreditation Path of public and private structures**, a procedure through which the Region confers eligibility to deliver health services on behalf and charged to the SSN, after having verified the presence of all the requirements provided by the current regulations;
- the **Collection and analysis of reports**, which task is to note down satisfaction and/or

discontent towards the services offered by the ASL, through the analysis of the data coming from the surveys and registrations of the reports of the citizens in every regional ASL;

- the **Survey of perceived quality**, through questionnaires given to the users and the consequent improvement actions;
- **Civic Audit and Citizens Empowerment**, with the aim of guaranteeing the promotion and the protection of rights and the citizens' participation;
- **Formation**, as an essential instrument in the management of human resources, in order to manage the changes and guarantee a high quality service, based on the staff's competence and knowledge.

Clinical risk and risk management

With DGR no. 988/2010 has been created a Regional Observatory for the Management of Clinical Risk – safety of care – good welfare practices, designed for the implementation of useful lines of research for the development of a management of clinical risk regional system. It aims to improve the safety of patients and health workers,

through the constant improvement of quality, communication/information effectiveness, formation effectiveness, efficacy of monitoring and detection of errors (looking for their root cause) and preventive measures.

An Operational Unit is active in every ASL for the management of clinical risk and risk management.

ASL 1 • AVEZZANO SULMONA L'AQUILA

| Base | Address | Telephone |
|----------|-------------------------------------|--------------|
| Avezzano | Via XX Settembre, 21 | 0863 499 516 |
| L'Aquila | Via Gaetano Bellisari - Collemaggio | 0862 368 923 |

ASL 2 • LANCIANO VASTO CHIETI

| Base | Service | Structure | Address | Telephone |
|--------|---|-----------------------------------|-----------------|--------------|
| Chieti | Quality, Accreditation and Clinical Risk Unit | General Direction (SEBI building) | Via dei Vestini | 0871 357 748 |

ASL 3 • PESCARA

| Base | Service | Structure | Address | Telephone |
|---------|------------------------|--------------|------------------------|--------------|
| Pescara | Risk Management Office | Old Hospital | Via Renato Paolini, 47 | 085 4253 025 |

ASL 4 • TERAMO

| Base | Service | Address | Telephone |
|--------|----------------------|---------------------|--------------------|
| Teramo | Risk Management Unit | Via Cesare Battisti | 0861 429 940 / 986 |

New technologies

The ASL actions are aimed at the improvement of the technology and functionality of services, following the continuous evolution

of researches and innovations in the medical-scientific sector.

Quality standards of outpatient and hospitalization services

The quality factors of healthcare services are tied to levels of timeliness, accessibility, transparency and effectiveness. Timeliness regards:

- the **waiting time** before a doctor's examination or an instrumental analysis is performed, calculated from the time the appointment is made for the service and based on the extent to which the maximum waiting time established by the Region under Regional Decree no. 575/2011, as well as under subsequent Decree no. 60/2015 of the Healthcare Commissioner, is met, as illustrated further on by the table for the 43 services for which appointments can be made, in accordance with their priority ratings, which are indicated by the physician, who checks one of the four "priority categories" in the upper-right portion of the prescription form: **U** (Urgent),

B (Rapid), **D** (Deferred) and **P** (Planned), depending on the clinical importance and the diagnostic research that the physician indicates on the prescription. You shall be entitled to receive the service requested within the time periods stipulated under the priority categories, starting 24 hours after the date on which the appointment is made, and as soon as the ASL has confirmed that the service in question is appropriate. The waiting time is calculated from the moment in which you go to the window of the CUP, or single booking centre, to obtain the service, and not from the date on which the prescription is filled out. Should you fail to show up for the appointment, without having cancelled it in advance, then you shall be required to pay the cost contribution for the fee, as per art. 3, paragraph 15, of Legislative Decree 124/1998;

| Service | Maximum waiting times | Typology |
|-------------------|-----------------------|------------------------------|
| Diagnostic tests | 72 hours | (U) Urgent |
| | 10 days | (B) Short |
| | 60 days | (D) Deferrable/ex Programmed |
| | 80 days | (P) Programmed |
| Specialist visits | 72 hours | (U) Urgent |
| | 10 days | (B) Short |
| | 30 days | (D) Deferrable/ex Programmed |
| | 80 days | (P) Programmed |

Services

| Specialised examinations | Cardiological examination | Other specialised examinations | Audiometric examination |
|--------------------------|--|--------------------------------|------------------------------------|
| | Dermatological examination | | Colonoscopy |
| | Ear, nose and throat examination | | Dynamic electrocardiogram (Holter) |
| | Endocrinological examination | | Electrocardiogram |
| | Gastroenterological examination | | Electrocardiogram stress test |
| | Gynaecological examination | | Electromyography |
| | Neurological examination | | Flexible sigmoid endoscopy |
| | Oncological examination | | Ocular fundus examination |
| | Ophthalmological examination | | Oesophagogastroduodenoscopy |
| | Orthopaedic examination | | Spirometry |
| | Physiatric examination | | |
| | Pulmonary examination | | |
| | Urological examination | | |
| | Vascular surgery examination | | |
| Instrumental services | Mammography | | |
| | Colour Doppler echocardiography | | |
| | Colour Doppler ultrasound of the supra-aortic trunks | | |
| | Colour Doppler ultrasound of the peripheral vessels | | |
| | Abdominal ultrasound | | |
| | Ultrasound of the head and neck | | |
| | Breast ultrasound | | |
| | Obstetrical-gynaecological ultrasound | | |
| | MRI of the brain and the encephalic trunk | | |
| | MRI of the spinal column | | |
| | MRI of the skeletal muscles | | |
| | MRI of the pelvis, prostate and bladder | | |
| | Whole abdomen Ct scan, with or without contrast | | |
| | Lower abdomen Ct scan, with or without contrast | | |
| | Upper abdomen Ct scan, with or without contrast | | |
| | Ct scan of pelvis, with or without contrast | | |
| | Ct scan of head, with or without contrast | | |
| | Ct scan of the spine and the vertebral canal | | |
| | Ct scan of the thorax, with or without contrast | | |

- in **programmed times for the reservations of hospitalizations** according to priority classes:

- hospitalization within 30 days for clinical cases which could potentially rapidly worsen, to the point of becoming emergencies or severely prejudice the outcome;
- hospitalization within 60 days for clinical cases which present intense pain or severe dysfunctions or severe disability, but that do not tend to rapidly worsen, to the point of becoming emergencies, nor can severely prejudice the outcome because of the waiting time;

- hospitalization within 180 days for clinical cases which present minimal pain, dysfunction or disability, do not tend to rapidly worsen and nor can severely prejudice the outcome because of the waiting time;
- hospitalization without a defined maximum waiting time for clinical cases which do not present any pain, dysfunction or disability. These cases have nevertheless to be hospitalized within 12 months.

The aspects of accessibility, transparency and effectiveness are shown in the global activity listed below.

| Area | Indicator | Standard | Quality requirements |
|--------------------------|--|---|--|
| Information | Preventive information | 100% of calls | Presence of URP points |
| Reception | Level of satisfaction | Survey of the customer satisfaction | Courtesy/accuracy |
| Clinical risk management | Adoption of general guidelines | Survey and processing 100% of the reports | Risk analysis through evaluation of litigations |
| Hotel comfort | Cleanliness | At least once a day | Toilet privacy |
| | Choice of menu | 100% choice of menu | Provision of dishes |
| Privacy and consent | Request of informed consent at the time of hospitalization | 100% of cases | Application of the legislation on the protection of data |
| Humanization | Reception protocol from the health operators | Survey of the customer satisfaction | Doctor's willingness to talk with patients and familiars |
| Structure | Removal of architectural barriers and indication of paths | 100% of cases | Internal and externa appropriate signposting of paths to ease the access |
| Protection and attention | Regional procedure for the management of complains | 100% of cases | Respect of the deadlines set by the regional regulation |



YOUR RIGHTS AND DUTIES

Information

The citizens have the right to receive information of access and participation to the activities, the services and the opportunities offered by every ASL. They also have the right to access the records and documents of the Administration, according to the current regulations (Law 241/90 and s.m.i.) and to principles of subsidiarity, transparency and effectiveness. The corporate communication offices deal with every activity

inherent communication. The Press Offices deal with the information activities and with the relationship with the media. The Companies guarantee to the citizen the right to examine or have a copy of administrative acts, requesting them to the General Affairs offices of every ASL or through consultation of the mandatory register online. The addresses of the General Affairs offices are the following.

ASL 1 • AVEZZANO SULMONA L'AQUILA

| Base | Address | Telephone |
|----------|--------------------------------------|--------------|
| Avezzano | Via XX Settembre | 0863 499 527 |
| L'Aquila | Via Saragat - Località Campo di Pile | 0862 368 997 |

ASL 2 • LANCIANO VASTO CHIETI

| Base | Address | Telephone |
|----------|-------------------------------|--------------|
| Chieti | Via Martiri Lancianesi, 17/19 | 0871 358 701 |
| Lanciano | Via Silvio Spaventa, 37 | 0872 706 798 |
| Vasto | Via Marco Polo, 55a | 0873 308 648 |

ASL 3 • PESCARA

| Base | Service | Address | Telephone |
|---------|------------------------|------------------------|--------------|
| Pescara | General Affairs Office | Via Renato Paolini, 67 | 085 4253 011 |

ASL 4 • TERAMO

| Base | Service | Address | Telephone |
|--------|-----------------------------------|----------------------------|--------------------|
| Teramo | Istitutional Communication Office | Circonvallazione Ragusa, 1 | 0861 420 319 / 311 |
| | General Affairs Office | | 0861 420 210 / 211 |

Public Relations Office

This office performs functions of reception, counselling and protection of the citizens' rights. You can contact it in order to know the services and their access modalities, to be oriented and helped in the paths, to make complaints, reports or suggestions about the usability of the health services. The URP supports initiatives to improve the

system through surveys of perceived quality and the satisfaction of the user towards the services offered. It also collaborates with other institutions, with the Mixed Advisory Committees and the Conciliatory Commissions. The URPs are located in the Health Districts/NOD and in Hospitals.

ASL 1 • AVEZZANO SULMONA L'AQUILA

| Base | Structure | Address | Telephone |
|----------|-----------|----------------------------------|--------------|
| Avezzano | Hospital | Via G. Di Vittorio | 0863 499 943 |
| L'Aquila | Hospital | Via L. Natali - Località Coppito | 0862 368 685 |
| Sulmona | Hospital | Viale G. Mazzini | 0864 499 455 |

ASL 2 • LANCIANO VASTO CHIETI

Toll-free number 800 171 718

| Base | Structure | Address | Telephone |
|----------|-----------|---|--------------------|
| Chieti | Hospital | Via dei Vestini - Main entrance 7 th floor | 0871 358 539 / 945 |
| Lanciano | Hospital | Via per Fossacesia, 1 - Main entrance ground floor | 0872 706 590 |
| Ortona | Hospital | Contrada Santa Liberata - Entrance ground floor | 085 9172 292 |
| Vasto | Hospital | Via San Camillo de Lellis - Cup building ground floor | 0873 308 321 |

ASL 3 • PESCARA

| Base | Structure | Address | Telephone / Fax | E-mail |
|---------|------------------|------------------------|--|---------------------|
| Pescara | URP - ASL office | Via Renato Paolini, 47 | 085 4253 201 / 202 085 4253 203 / 204 / 205 fax 085 4253 200 | info.urp@ausl.pe.it |

ASL 4 • TERAMO

| Base | Address | Telephone |
|--------|----------------------------|--------------------------------------|
| Teramo | Circonvallazione Ragusa, 1 | 0861 420 311 / 316 / 319 / 350 / 401 |

Complaints, reports, praises and suggestions

The management of the complaints is guaranteed to the users according to the Regulation of Public Protection and DGR 274/2011 (see also URP). With praises we mean acknowledgements or appreciations, as ex-

pressions of satisfaction of the user towards the subject delivering a service, but also proposals and suggestions which can give us useful indications in order to offer a better service, closer to the needs of the user.

Regulation of public protection

PART I – SUBMISSION OF COMPLAINTS

Art. 1 – Holders of the right to protection

- The users, relatives or similar, the Voluntary Organisms and the Organisms for the protection of the citizens' rights accredited at the Regione Abruzzo and/or afferent to the ASLs can submit observations, objections and complaints, which detect situations of inefficiency and acts or behaviours which deny or limit the accessibility of health care benefits, complying with the current legislation on privacy, from the ASLs, from professionals affiliated with the ASLs or from accredited private structures connected with the ASL.
- In case the report is not presented by the interested person, the Public Relations Office (URP) can contextually acquire formal delegation of the interested person to the use of personal data.

Art. 2 – Modality

The users and other individuals listed in art. 1 exercise their right through:

- written communication delivered by hand, transmitted by post, fax or email (according to the Ministerial Directives 27.11.2003 and 18.12.2003) to the Company or directly to the URP, subscribed by the user;
- direct or telephone interview with the URP operators. In case the reports, expressed respecting the procedure or by email, contain significant elements of investigation and require an accurate verification of the facts, the URP operator can ask the citizen-user who submitted the report to subscribe and formalize it.

The submission of reports does not prevent nor block the citizen from taking jurisdictional and para-jurisdictional actions.

The URP can use anonymous complaints within its institutional task, in order to make adjustments and improvements.

Art. 3 – Times of submission

The reports have to be submitted, in the modalities listed above, within 30 days from the moment the user becomes aware of the act or behaviour detrimental to his/her rights.

The Company can evaluate also the reports submitted after 30 days but only if the facts are provable.

PART II – EXAMINATION PROCEDURE OF COMPLAINTS

Art. 4 – Preliminary Activities

The Public Relations Office receives the complaints and:

- communicates the beginning of the procedure within 10 days from the receipt of the complaint, according to the provisions of art. 7 of L.241/90;
- provides solutions to the users in case of complaints of predictable, univocal and precise definition; the URP consults in any case the offices, the UU.OO. or concerned Structures;
- arranges preliminary investigation, acquiring any relevant information; the individuals involved in the situation have to enable the URP to give at least an interlocutory reply to the person concerned, within 30 days from the receipt of the complaint. In any case the definitive answer has to be given to the user within 60 days.
- in cases of detection of facts which could originate criminal liabilities or responsibilities for issues related to clinical risk, gives notice of the fact and handles a copy of the related documentation to the U.O. Legal Affairs and/or U.O. Management of the Clinical Risk;
- transmits the practices of competence to the Conciliatory Commissions.

Art. 5 – Preliminary investigation

The Public Relations Office for the completion of the preliminary investigation:

- acquires all the necessary elements to the formation of judgement, including consultancy and provision of copies, without limits of confidentiality, of all the acts and documents related to the object of intervention;
- requires opinions from technicians to the experts of the Company;
- enters offices or departments in case assessments are necessary;
- for reports of evident complexity, not subject to an immediate definition, the URP sends the relative documentation, together with any other useful information, to the person in charge of the concerned U.O. and copy to the Director of the Department and/or the Director responsible of the Structure, in order that it provides to do the internal investigation, asking for accounts or opinions to the employees aware of the facts, and acquiring any element necessary to the definition of the report;
- the investigation within the jurisdiction of the person in charge of the concerned U.O., complete of an explanatory report and of the indication of the measures and times necessary for the elimination of the disservice, has to be transmitted to the URP within 15 days from the receipt of the request of activation of the preliminary investigation;

- f) the employees of the Company are required to provide the necessary collaboration to the URP for the fulfilments required, according to the provisions of these Regulations; the failure to attempt these requests is a violation of the official duties and, therefore, this lack of collaboration will be reported to the company organisms for the related decisions;
- g) once verified the competence, it transmits to the Legal Office of the AsL, that is to the other organisms, all the practices not competent to the URP, as for example claims for damages and claims management.

Art. 6 – Answer to the user

- a) The URP gives the user a written, at least interlocutory answer, as established by art. 4 paragraph a);
- b) it disposes a written answer to be transmitted to the citizen-user within 30 days from the receipt of the report, addressed to the concerned individual or to his/her delegates. The answer has to contain the possibility of appealing, within 30 days from the receipt, for a re-examination by the Conciliatory Commission which will be activated through the URP itself;
- c) the term of paragraph b) can be suspended only once for the following reasons:
- need of further assessments and close examination of the case;
 - motivated delays in the answers from individuals belonging or not to the Company but involved in the preliminary investigation.
- In this case the URP provides to inform the person directly involved motivating the delay. The definitive answer has to be transmitted to the citizen-user no later than 60 days after the dispatch of the interlocutory answer (Art. 2 Law 241/90 and s.m.i. with Law 69/2009 – terms not superior to 90 days within which the proceedings have to be concluded);
- in case the URP is not able to give any answer has to refer the matter, with an adequate reason, to the Conciliatory Commission, together with the reports for which the terms of response have passed.

PART III – CONCILIATORY COMMISSION AND REGIONAL CIVIC DEFENDER

Art. 7 – Conciliatory Commission (DPCM 19.5.1995) – Condition for activation

The Conciliatory Commission has the task of:

- re-examining the cases object of petition or report in case the user, singularly or through voluntary associations or associations of protection of citizens, declares

himself/herself not satisfied with the definition of the report and has formally communicated his/her motivated dissatisfaction to the CMC within 15 days from the communication of the answer following the procedure of first instance;

- examining the cases for which no answer was provided within the terms established in art. 6.

The Commission is composed of:

- the President, in the figure of the Regional Civic Defender;
- a representative of the Region;
- a representative of the voluntary associations;
- a representative of the involved Health Company.

Art. 8 – Regional Civic Defender

The user, once fulfilled the protection procedures provided by these Regulations, can still access the standards of protection provided in implementation of the Law 142 8.6.1990, institutive of the Regional Civic Defender, in order to re-examine the report.

PART IV – OTHER FULFILMENTS

Art. 9 – Accounts

The URP annually draws up a gathering of statistical data on its activity and an account on the problems found, to be transmitted to the Company Direction.

Art. 10 – Protection in the accredited private structures

The right to protection and the procedures for its completion are extended to the users of Health Structures and Accredited Social-Health Structures.

The ASIs, establishing contractual relationships with the accredited or temporarily accredited structures, will make sure that they guarantee the users the protection forms provided by these Regulations and that they will commit themselves to remove the inefficiencies reported.

Art. 11 – Services Conference

The Services Conference, chaired by the Directors General of the ASIs, is called once a year with the purpose of informing on the general trend of the Company's activities and particularly it will refer to the verification of the actuality of the general information and to the monitoring of the fulfilment of the commitments made and of the standards indicated in the Services Chart.

Art. 12 – Postponement

For what is not provided in these Regulations please refer to the regulations in force.

Consent and use of personal data

The consent to health services starts with the establishment of the doctor-patient relationship, through which the health worker gives the patient the information necessary to the acquisition of a complete knowledge of his/her health conditions, of the diagnostic and therapeutic procedures and of their possible alternatives and of the predictable outcomes of every choice, in order to be able to choose the most suitable option.

The ASL guarantees the privacy of the users, according to the contents of D.Lgs. 196/2003, through the adoption of internal regulations of privacy, of the institution of the privacy company representative and the system administrator. The reference offices are listed in the tables below.

ASL 1 • AVEZZANO SULMONA L'AQUILA

| Base | Address | Telephone |
|----------|--------------------------------------|--------------|
| L'Aquila | Via Saragat - Località Campo di Pile | 0862 368 997 |

ASL 2 • LANCIANO VASTO CHIETI

| Base | Structure | Address | Telephone |
|--------|--|-------------------------------|--------------|
| Chieti | General and Legal Affairs Operative Unit | Via Martiri Lancianesi, 17/19 | 0871 358 701 |

ASL 3 • PESCARA

At the Urps – Public Relations Office

ASL 4 • TERAMO

| Base | Structure | Address | Telephone |
|--------|---------------------------------|----------------------------|--------------|
| Teramo | Conciliation and Privacy Office | Circonvallazione Ragusa, 1 | 0861 420 210 |

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Index of acronyms

| | | | |
|---------------|--|--------------|--|
| ADI | Integrated Home Care | RA | Assisted Residences |
| ADP | Planned Home Care | RMN | Nuclear Magnetic Resonance |
| AIDS | Acquired Immunodeficiency Syndrome | RSA | Nursing homes (Residenze Sanitarie Assistenziali) |
| ASL | Local Regional Health Units | SEE | European Economic Area |
| ASR | The Regional Health Agency | SER.D | Service for Pathological Addictions |
| CA | Continuity of Care/ Emergency Medical Service | SIAN | Food Hygiene and Nutrition Service |
| CIM | Mental Health Centre | SIESP | Hygiene, Epidemiology and Public Health Service |
| CNS | National Services Card | SPDC | Psychiatric Service of Diagnosis and Treatment |
| CRR | Regional Reference Centre | SPSAL | Prevention and Safety of Work Environments Service |
| CSM | Mental Health Centre | SR | Residential Structures |
| CT | Computed Tomography | SSN | National Health Service |
| CUP | Single Booking Centre | STP | Temporarily Present Foreigner/ Code |
| D.Lgs. | Legislative Decree | TAO | Anticoagulant Therapy |
| DGR | Regional Council Resolution | TEAM | European Card |
| DM | Ministerial Decree | TU | Consolidation Act |
| Ds | Health District | UCCP | Complex Unit of Primary Care |
| DSM | Department of Mental Health | UE | European Union |
| HIV | Human Immunodeficiency Virus | Uo | Operative Unit |
| Ivg | Voluntary Termination of Pregnancy | Uoc | Complex Operative Unit |
| LR | Regional Law | Uos | Simple Operative Unit |
| MMG | General Practitioner | UOSD | Simple Departmental Operative Unit |
| Moc | Bone Density Scan | URP | Public Relation Office |
| MST | Sexually Transmitted Diseases | UTAP | Territorial Unit of Primary Care |
| NOD | District Operational Unit | UVA | Alzheimer Evaluation Unit |
| NPI | Infantile Neuropsychiatry | UVG | Geriatric Assessment Unit |
| Obi | Brief Intensive Observation | UVM | Multidimensional Assessment Unit |
| PLS | Paediatrician | | |
| PO | Hospital | | |
| PSA | Prostate Specific Antigen | | |
| PTA | Territorial Assistance Hospital | | |
| PTH | Hospital Therapeutic Handbook | | |
| PUA | Unified Access Point | | |

The Local Health Units of the Abruzzo Region



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